

New Exhibit At McIntyre Center Museum - Page 3 **Environment Topic For Council Candidates - Page 2** Quincy Masons Open House Saturday - Page 17



The Quincy

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 54 No. 4

Thursday, October 14, 2021

\$1.50

City Of Quincy Municipal Election Tuesday, Nov. 2

Profiles Of Candidates In Contested Races - Page 6



NOEL DIBONA Councillor At-Large



NINA LIANG Councillor At-Large



ANNE MAHONEY Councillor At-Large



Councillor At-Large



DOUG GUTRO School Committee



EMILY LEBO School Committee



COURTNEY PERDIOS School Committee



TINA CAHILL



LIBERTY SCHAAF **School Committee**



LIZ SPEAKMAN **School Committee**



DAVID McCARTHY Ward 1 Councillor



Ward 1 Councillor



ANTHONY ANDRONICO Ward 2 Councillor



STEVE PERDIOS Ward 2 Councillor



CHARLES PHELAN Ward 5 Councillor



STEPHEN CHRISTO Ward 5 Councillor

THE OUINCY SUN invited the 16 candidates who are in contested races in the Nov. 2 municipal election to submit profiles to share with Sun readers. The profiles contain biographical information and answers to two questions: "if elected, my top priorities will be . . ." and "Voters should elect me to the office I seek because. . ." All 16 candidates submitted profiles. There are four candidates seeking three councillor-at-large seats; six candidates seeking three school committee seats; and two candidates each for the Ward 1, Ward 2 and Ward 5 council seats. Candidate profiles begin on Page 6 in this week's edition of The Quincy Sun.

Hough's Neck WWII Memorial Rededicated

By TOM GORMAN

Thanks to a community effort, the Hough's Neck World War II Memorial has a new look.

Veterans, residents and local officials gathered Oct. 2 to rededicate the memo-



rial in front of the Atherton Hough School that pays tribute to those Hough's Neck residents that served in World War II. New shrubs, grass, and a walkway with

bricks inscribed with the names of Hough's Neck World War II veterans replaced landscaping around the granite monument that had been decaying for years.

QArts Gallery Opens Saturday - Page 15 Quincy Art Association Fall Classes - Page 25

Democrats Virtual Breakfast Oct. 24 - Page 26

of the Hough's Neck Garden Club that spearheaded the restoration effort, explained that her club began taking care of the site in 2015 when

Patti Williams, president Atherton Hough School teacher Nancy Brennan asked if flowers could be planted around the monument to spruce up the me-

nearly impossible," Williams told the gathering. "There was too much that needed to be done there.' Cont'd On Page 19

More Quincy news:

The Quincy Sun.com

Book Signing, Ribbon Cutting At Trailside Museum Saturday

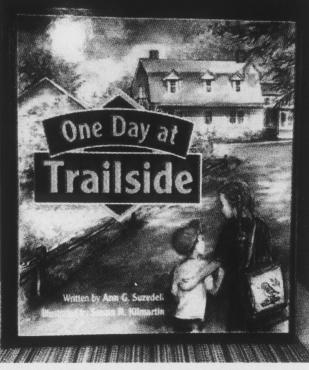
A ribbon-cutting ceremony for the new River Otter habitat will mark the reopening of Blue Hills Trailside Museum at 10:30 a.m. on Saturday, Oct. 16.

MA Dept. of Conservation and Recreation Commissioner Jim Montgomery as well as state and local officials have been invited to

At 10:45 a.m. author Ann Suzedell and illustrator Susan Kilmartin will be on hand to sign copies of their new children's book "One Day at Trailside." All proceeds from the book benefit Blue Hills Trailside Museum, The cost is \$20.

Rev. Suzedell began writing children's books for non-profits following her retirement after 15 years as pastor of the Quincy Point Congregational Church. In the book we meet a group of remarkable children who love nature. Through their experiences at Trailside,





REV. ANN SUZEDELL shares a moment with a fine feathered friend (young sreech owl) at the Blue Hills Trailside Museum. The museum will mark the opening of its new River Otter habitat Saturday, Oct. 16. Suzedell, a published author, and illustrator Susan Kilmartin will be present to sign copies of their new children's book "One Day at Trailside." The museum is located at 1904 Canton Ave., Milton. Courtesy Photos

to protecting wildlife and teaching others to respect their habitats. A number of

spired by young people at the Quincy Point Congregational Church.

meet Trailside Animal Ambassadors will be offered throughout the day.

Ave., Milton (next to the ski

The Trailside Museum vation is managed by MA bon.

they become committed book characters were in- ties and opportunities to is located at 1904 Canton Dept. of Conservation and Recreation; Trailside Nature Interpretive Center is oper-The Blue Hills Reser- ated thorugh Mass Audu-

Council Candidates Discuss Environment At Virtual Forum

By SCOTT JACKSON

The candidates running for City Council seats in next month's municipal election fielded questions about climate change and the environment at a recent forum.

The Quincy Climate Action Network held its forum the evening of Oct. 7 via Zoom. Members of QCAN and other organizations asked questions of the candidates during the forum; some but not all of the questions had been provided to candidates in advance. Candidates were given between 30 and 120 seconds to answer each question. There were no opening or closing statements.

All ten candidates running in contested coun-

cil races - at-large and in infrastructure Wards 1, 2 and 5 – attended the Oct. 7 event.

Four candidates are running for the three at-large seats on the council. They are incumbents Noel Di-Bona of Chickatabot Road, Nina Liang of Grand View Avenue and Anne Mahoney of Ferriter Street, as well as challenger William Burke of Rice Road.

The four candidates were asked if Quincy was prepared for climate change, both now and in the future.

Mahoney said Quincy needs to be more resilient, rather than reacting to individual storm events, and suggested the city could put a green infrastructure program in place.

"We can adopt a green

program, which is really determining where and how plants and trees in urban environments are being planted and keeping those trees and plants alive - not taking down viable trees," Mahoney said. "I want to see more of that happen here in Quincy so we can connect our ecosystems and improve the human health and lower the risk for environmental dis-

Liang said the city has made some progress, but "government moves very, very, very slowly." She said the city's zoning code should be rewritten so future developments better encourage alternative means of transportation.

"If we don't crack down and do an overall assessment of our very, very, very happen in such a way that's not amenable to something

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we want to see down the line, which is thinking of reliable transportation, alternative means of transportation, making sure... that there is ease of access to public transportation," Liang said.

DiBona said the city has required developers to install landscaping and keep space open on their properties. New parks have also been created in Quincy Center, he added.

"I think a lot of the development in the city, what we are trying to do is having... conditions and concessions that these developers put into the landscape treescapes and open green space besides their buildings that they are building," DiBona said. "In the downtown, we put in and initiated a lot of that. We are doing the inoutdated zoning code, this frastructure work with the building will continue to parks, like you see with the Generals Bridge right now."

> Burke questioned how the city could be prepared for climate change.

would be a catastrophe," Burke said. "I don't know what that would entail when and if that would happen, but how could we be ready for that? I just can't fathom it and I hope not to see it."

The candidates were also asked if the city communicates well with all residents about climate change and how it could improve that communication.

Burke said the city could do a better job of outreach on climate change.

"The city probably has communication people, the city has a Facebook page, and we could probably bring it out that way as well as groups like QCAN. They can publish information and spread the word around town. Somebody can just make the effort, make a decision, 'let's spread this around town more,' and it will happen, and I think that needs to come from the top," Burke said.

DiBona said the city

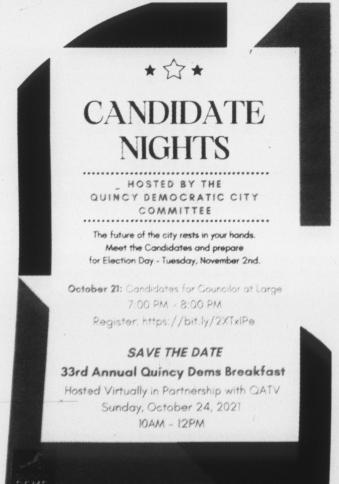
flooding half the town – that residents about the issue inperson.

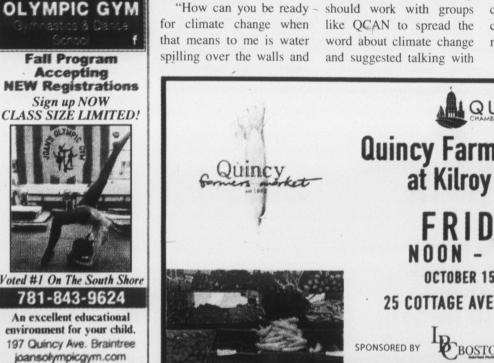
"It's free to do the internet and the Facebook and all those measures, but sometimes it is even better to go door-to-door," DiBona said. "You're going to need manpower and if we work together collaboratively as a city, as city councillors and organizations, we can get boots on the ground and help out on that aspect."

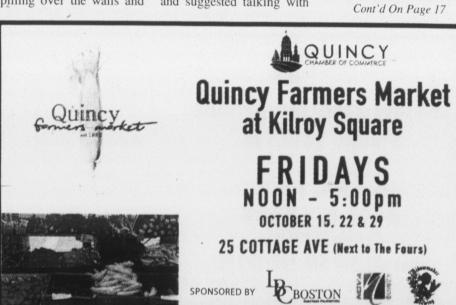
Liang said city has a number of resources available to residents, but "none of that is going to be communicated to residents if they can't speak or read English."

"One of the things I did this past year I am really proud of is actually implement and work with the mayor to fund a language access program that will essentially provide translation and interpretation services for departments across the city, especially for reasons like this," Liang said.

Mahoney said communicating about climate change can be difficult to do, so it needs to be done in the ap-







'Common Defense' **Exhibit Opens** At McIntyre **Center Museum**

Weekdays 8:30 A.M. - 4:30 P.M.

The Quincy Historical Society announces the opening of a special temporary exhibit in the James R. McIntyre Government Center (old city hall) entitled "the Common Defense."

Designed in conjunction with the dedication of the new Generals Bridge and Park downtown, the exhibit was curated by the Quincy Historical Society. It accompanies a display of portraits and an exploration of the careers of the seven generals honored as part of the new Generals Bridge and Park.

Quincy and "the Common Defense" reflects upon the history of military service in Quincy through letters, memorabilia, and the stories of men and women who served in eras from the Revolution to the Vietnam War. These include the stories of how the first Mayor of Ouincy became a key community recruiter for the Civil War, and how a welding inspector at the Fore River Shipyard named James Kilroy started a fad writing "Kilroy was here" - that spanned both hemispheres during World War

Also highlighted are

the wartime efforts made by men and women on the home front in Quincy, whether by working at the Fore River Shipyard or simply by saving up their kitchen grease. The artifacts on display come from the collections of Quincy Historical Society & Museum as well as the United States Naval Shipbuilding Museum on board the U.S.S.

A guest book is provided at the end of the exhibit with an invitation to share memories or reflections on service to one's country and community, and an opportunity to add any stories of local residents the Historical Society may be unaware of.

The James R. McIntyre Government Center (old city hall) was dedicated in honor of the late mayor and state senator in 1985. The government center is located at 1305 Hancock St. The museum inside the Mc-Intyre Center is open to the public weekdays from 8:30 a.m. to 4:30 p.m.

For more information about the Generals Bridge and Park, visit QuincyGenerals.com.



ARTIFACTS AND STORIES reflecting the history of Quincy's military service are featured in the museum of the James R. Mc-Intyre Government Center (old city hall). The museum is open weekdays from 8:30 a.m. to 4:30 p.m.

Photo Courtesy Lisa Aimola/City of Quincy

Ward 2 Candidates' Talk At FR Club House Oct. 23

The Ward 2 Civic Association will host a Ward 2 Candidates' Talk Saturday, Oct. 23 from 11 a.m. to 12:30 p.m. at the Fore River Club House

Hosted by Fiona Coughlan, the Ward 2 Civic Association will moderate a Q & A discussion in the "fireplace" room of the club house with the two candi-

dates for Ward 2 city councillor: Anthony Andronico and Steve Perdios.

Submit questions for the candidates via Facebook open to the public.

message or by email to: ward2civicassociation@ gmail.com.

The candidates' talk is

Homesteading Basics: Beekeeping Oct. 21

to join veteran beekeeper, Kenneth Warchol at The Thomas Crane Public Library on Thursday, Oct. 21, from 7 to - 8:30 p.m. for a presentation on honeybees that takes you right inside a

What challenges do the honeybees face? How can we help this insect that is so essential to our own survival? After this event you the role that it plays in our ecosystem.

Kenneth Warchol became involved with the Massachusetts Federation of of the program. Visit the Beekeepers in the 1970s. He Crane Library website for is a 6th generation caretaker more information.

The public is invited of bees; his family's practice originated in Poland in the 1840s. In 1999, Warchol was the chairperson of the 100th Anniversary Celebration of the Worcester County Bee Association, the oldest county beekeeping association in the country.

The program is sponsored by the Friends of the Thomas Crane Public Li-

This event will take place will better understand the in-person at the Thomas mysterious social insect and Crane Public Library. Capacity for this event will be limited and masks are recommended. Doors will open 15 minutes before the start

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Maybe you'd love to access the equity in your home but you're nervous about taking out an adjustable home equity line with the situation today. Or maybe you went with a shorter term and that monthly payment has become a burden. This is something that could work for you - refinance into a new 30-year mortgage. With 30-year rates still so low, lower than fixed-rate equity loans, it's definitely a home equity loan/line alternative. And also a way to free up cash monthly and make your life easier. Would a new 30-year loan be right for you? It's easy to find out. Apply online or call Angela Blanchard at 617-376-3500. Colonial Federal, a bank with ideas.





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The Quincy



(USPS 453-060) Published Weekly on Thursday by The Quincy Sun Publishing Co., Inc. 1372 Hancock St., Quincy, MA 02169

> Robert H. Bosworth Editor and Publisher

Henry W. Bosworth, Jr. Founder - 1968 Editor and Publisher Sept. 26, 1968 - Feb. 7, 2009

\$1.50 per copy newsstand • \$40 per year in Quincy \$42 per year by mail outside Quincy · \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.TheQuincySun.com email address: thequincysun@verizon.net Circulation Dept. email address: quincysunsubs@gmail.com

Periodicals postage paid at Boston, MA Postmaster Send address change to: The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

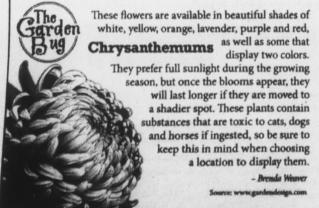
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THE HISTORY CHANNEL

- On Oct. 26, 1775, King George III speaks before both houses of the British Parliament to discuss growing concern about the rebellion in America. He urged Parliament to move quickly to end the revolt and bring order to the colonies.
- On Oct. 31, 1864, Congress quickly admits Nevada as the 36th state in the Union. President Lincoln's proposed 13th Amendment banning slavery was the decisive factor in easing Nevada's path to statehood.
- On Oct. 27, 1873, Joseph Glidden, an Illinois farmer, submits an application to the U.S. Patent Office for his new design for a fencing wire with sharp barbs on two strands. Barbed wire would forever change the face of the American West.
- On Oct. 25, 1929, during the Teapot Dome oil reserve scandal, Albert Fall, who served as secretary of the interior under President Warren Harding, is found guilty of bribery and conspiracy. He was the first former cabinet officer sentenced to prison as a result of misconduct in office.
- On Oct. 30, 1941, President Franklin Roosevelt, determined to keep the United States out of the war while helping those allies already mired in it, approves \$1 billion in Lend-Lease loans to the Soviet Union. The terms: no interest, and repayment would not start until five years after the war ended.
- On Oct. 28, 1962, Soviet Premier Nikita Khrushchev orders the withdrawal of missiles from Cuba, ending the Cuban Missile Crisis. In 1960, Khrushchev had launched plans to install ballistic missiles in Cuba that would put the eastern U.S. within range of nuclear attack.
- On Oct. 29, 1998, almost 40 years after he became the first American to orbit Earth, Sen. John Glenn Jr. is launched into space again as a payload specialist aboard the Space Shuttle Discovery. Glenn, 77, was the oldest human ever to travel in space.

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Senate OKs Voting Reform Bill

Include Same Day Voter Registration, Permament Mail-In Voting

The Massachusetts State Senate voted Oct. 6 to pass the Secretary of the Commonwealth would have the option to comprehensive voting reform bill known as the VOTES Act, which permanently codifies the popular mail-in and early voting options used in Massachusetts in 2020, while also enacting same-day voter registration and increasing ballot access for service members serving overseas.

State Sen. John Keenan co-sponsored amendment #35 filed by Sen.Rebecca Rausch (D-Needham) which would require the Secretary of State to initiate a public awareness campaign about the voting changes included in the bill. Sen. Keenan co-sponsored the amendment after it was redrafted to include language he sought requiring the awareness effort inform voters of the extended timeline often needed when calculating election results. Collection and tabulation of ballots cast by mail or drop box could mean a period of several days before final election results are confirmed.

"Expanding voting opportunities to our citizens has only strengthened the democratic process, but one of the consequences of having more votes means it just takes more time to count them. As we continue the transition to expanded access to voting, I think it is critically important that voters know that final results may not be available until a few days after an election," Sen. Keenan said.

The Rausch amendment co-sponsored by Sen. Keenan passed the Senate on a unanimous roll call vote and will also reassure voters that a change in the election process does not mean a change in election integrity.

"If we actively inform voters, then the time taken to process and tally votes will not be used by some to suggest something is amiss, but rather will be seen as a safeguard ensuring that all votes will be accurately counted," said Sen.

Responding to trends in voting and building off previous actions taken by the Legislature, the VOTES Act contains the following key provisions:

Same-Day Voter Registration

Individuals would be able to register to vote during early voting periods or on the day of a primary or election.

· Twenty other states and the District of Columbia already use same-day registration.

Early Voting In-Person

· The bill would require two weeks (including two weekends) of early voting in-person for biennial state elections and any municipal elections held on the same day.

· The bill would require one week (including one weekend) of early voting in-person for a presidential or state primary and any municipal elections held on the same day.

The bill would allow municipalities to opt-in to early voting in-person for any municipal election not held concurrently with another election.

Permanent No-Excuse Mail-In Voting

· The bill would require the Secretary of the Commonwealth to send out mail-in ballot applications to all registered voters on July 15 of every even-numbered year; the

include these applications as part of mailings already required to be sent by the Secretary.

· As in 2020, postage would be guaranteed for mail-in ballot applications and ballots.

· As in 2020, mail-in ballots would be accepted for a biennial state election if mailed on or by election day and received by 5 p.m. on the third day after the election.

Additional Flexibility for Local Officials

· The bill would give municipalities the option to set up secure drop boxes for mail-in ballots.

· The bill would allow election officials to pre-process mail-in and early voting ballots in advance of Election Day.

· The bill would give municipalities discretion as to the use of a check-out list at a polling location.

Accommodations For People with Disabilities

· The bill would allow a voter with disabilities to request accommodations from the Secretary of the Commonwealth to vote by mail for state elections.

· Accommodations would include: electronic and accessible instructions, ballot application, ballot, and a voter affidavit that can be submitted electronically.

Jail-Based Voting Reforms

· The bill would help ensure that individuals who are incarcerated who are currently eligible to vote are provided with voting information and materials to exercise their right to vote in every state primary and election.

· The bill would require correctional facilities to display and distribute information about voting rights and procedures, as prepared by the Secretary of the Commonwealth.

The bill would require facilities to assist incarcerated individuals who are currently eligible to vote in registering, applying for and returning mail ballots.

Through inclusion of an amendment, the bill would ensure that individuals who are incarcerated but ineligible to vote are properly notified of their right to vote upon release and given the opportunity to fill out a voter registration form

Joining the Electronic Registration **Information Center (ERIC)**

· The bill would require the Secretary of the Commonwealth to enter into an agreement with ERIC no later than July 1, 2022.

Thirty other states have already joined ERIC, which helps states keep more accurate voting rolls.

The Senate also unanimously approved an amendment to the VOTES Act targeting vote-by-mail ballot access by U.S. service members residing overseas and allowing for them to cast their vote electronically.

Last week's vote follows previous action by the Legislature to temporarily extend vote-by-mail and early voting options through Dec. 15, 2021.

The VOTES Act advanced to the Massachusetts House of Representatives for further consideration.

BBB Scam Alert: Watch Out For Blackmailers On Dating Sites

By BETTER BUSINESS BUREAU

Are you using a dating app? Think twice before sending revealing photos or videos. Some con artists are taking a sinister approach to romance scams by blackmailing their victims.

How the scam works

You meet someone you are interested in on a dating app. The person sends you explicit photos of themselves and asks you to reply with your own revealing pictures. The FTC reports that this particular scam is especially common on LGBTQ+ dating apps, such as Grindr and Feeld.

If you send the images or videos, the scammer then begins to blackmail you. Scammers use your phone number or social media profile to look up names of your friends, family members, and even your workmates or boss. Then, they threaten to send those pictures to your contacts.

According to one BBB Scam Tracker report, after a compromising video call, a woman began "blackmailing me, [threatening] to release the video footage on social media and send it to my friends and family. [Then] a guy took over blackmailing. They were demanding a sum of \$3000."

Scammers often ask for payment via gift card or wired funds - methods that can't be traced to them and make it impossible for you to recuperate your funds. If you cooperate, you'll lose your money, and there's no guarantee the scammers will delete the images and videos. In fact, scammers will likely continue contacting you, asking for more money periodically.

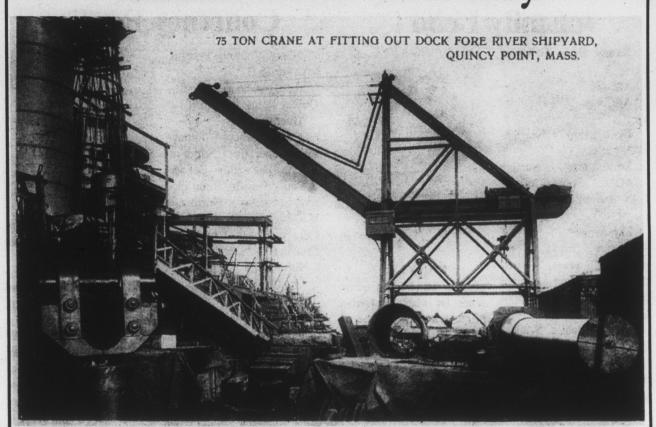
How to avoid dating app scams

- · Never share your personal information with someone you just met. Don't give your cell phone number, home address, email address, or even your social media profile to a stranger. Wait until you know and trust a person, preferably when you've already met them in person.
- Research your love interest. One telltale sign you're dealing with a scammer is a stolen profile picture. Do a reverse image search of the person's profile picture to make sure it isn't being used under a different name or on multiple profiles.
- · Think before you send photos or videos. Once you send a photo or video, you cannot get it back. Keep in mind that even video calls can be recorded, and use good judgement to protect your reputation.
- Don't pay money to scammers. Even if you pay them, you have no guarantee that scammers won't use the photos or videos anyway. Plus, your money could be funding criminal activity.

For More Information

Protect yourself by reading the BBB Tip: Romance Scams and visiting 10 steps to avoid scams. To learn more about the legitimacy of different dating apps, read the BBB Scam Alert on fake dating services.

If you've been the victim of an extortion scam, report it to the FTC at ReportFraud.ftc.gov. Submit a report to BBB org/ScamTracker as well to boost community awareness and help others protect themselves.



THIS IS A 1918 postcard showing the huge 75-ton crane on the fitting dock at the Fore River Shipyard. The crane was installed in 1901 to help build the cruiser Des Moines and the battleship Vermont, the first two large Navy vessels built at the yard. The crane dominated the skyline of Quincy Point for many years, but was nowhere near as large as the Goliath crane that was dismantled at

the old shipyard in 2008. It could lift up to 1,200 tons. The Goliath crane, at one point, was the second largest shipbuilding crane in the world. Constructed in 1975 for building LNG tankers, the crane is currently located at the Mangalia shipyard in Mangalia, Romania

From the Tom Galvin Postcard Collection

Merrymount Association Flea Market Saturday At Merrymount Beach

The annual Merrymount Association Flea Market at Merrymount Beach is scheduled for Saturday, Oct. 16 from 8 a.m. to 1 p.m.

Setup begins at 7 a.m.

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registration fee is \$35 for mountquincy.com/events. non-Association members and \$15 for Association members. You can register/pay online via PayPal at the Merrymount Association homepagewww.merry-

Vendors are to provide their own table(s) and chair(s) and are responsible for their own setup and removal of all items. Power will not be provided.

Space is limited so get your reservations made as soon as possible. Questions or to help with event, conmerrymountquincyyardsale@gmail.com

READERS FORUM

'Out Of Darkness' Is A Beautifully Written Piece Of Art

In response to Mr. Spring's letter in Quincy Sun Sept. 30, 2021 regarding objections to the book "Out of Darkness" for school children because it alludes to anal sex and also a response to his dismay that parents do not have enough say in what children learn.

In order to best comment about "Out of Darkness" by Ashley Hope Perez, I just borrowed a copy from the Thomas Crane Public Library. I read the entire novel. The novel tells of the story of a girl, Naomi, who was born in the USA to a woman originally from Mexico. Naomi's mother dies and she is raised by her white stepfather. Naomi has two half siblings who are "white." All four of them live together in East Texas. The story addresses racism, the power of gossip, fear, and also love. It is poignant, thought provoking, nonjudgmental (i.e. just describes happenings as they are/were), and educational. I will never understand the fascination with anal sex and why that is brought up so often in rebukes of

the letter writer is "cornhole" which is mentioned in only one sentence. "The Gang" of teenagers are discussing all of the ways that they would like to sexually assault the new student, a beautiful, "Mexican girl." I find it interesting that just the one word was what was so offensive to the letter writer. You were not bothered by the use of the "n" word nor the numerous other derogatory comments made about Mexicans and

Blacks (e.g. greasers, trash,

etc)? Descriptions of moles-

books. The word offending

tation did not offend?

The novel is not about "descriptions" that may sound harsh to our modern ear. Instead, it is a beautifully written piece of art that depicts a slice of life and what characters actually said and did. The author describes segregated schools, stores and even, segregated hope. Fear of what is new or unknown is eloquently pre-

I do understand concern as to what is age appropriate and emotionally appropriate for students. However, I leave that decision to the

experts, our educators. Trust our educators who do work tirelessly for children. It is not enough for our students to only learn reading, writing, and arithmetic. Children should learn world cultures, science, music, and art. Why not teach language immersion in elementary school when children's brains or still 'plastic'/ forming and easily learn languages? Children need to know true history and not a whitewashed version.

James P. Hahn Lincoln Avenue Quincy

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Quincy's Yesterdays 40 Years Ago

This Week 1981

City Plans Fines Hike On Illegal Parking

The cost of illegal parking may be going up.

Members of the Traffic Commission met with Mayor Arthur H. Tobin to discuss a draft plan that would divide the city into zones carrying fines of \$10, \$5 and \$3 for illegal parking.

The Red Zone (\$10) would be in the business areas and around the MBTA stations. The Yellow Zones (\$5) along the city's main arteries and the White Zone (\$3) in residential areas.

Tobin said it is hoped to have the draft plan ready as an ordinance for the Nov. 16 meeting of the City Council so the plan can be in effect by the Christmas season if the Council approves.

"We have to stop Quincy from becoming the dumping ground for MBTA parkers," said Police Chief Paul LaHive, a member of the commission.

ESTIMATED TAX BILLS IN MAIL

Estimated tax bills should be in the mail to Quincy property owners before the end of October.

Gov. Edward J. King last week singed legislation permitting 102 cities and towns that have not completed the revaluation process to send out estimated bills in their first mailings. Then, once the actual tax rate is established, the adjustments will be made during the second mailings in May.

Assessor Patricia Ceriani said the estimated bills that are sent out will be the same as those that were mailed out for the first half of fiscal 1981. The estimated bills, she said, will save the city considerable interest that would have to be paid on money borrowed to keep the city running.

OUINCYISMS

Ellen Cutler, 32 Puritan Dr., a sophomore at Tufts University, spent the summer months as an intern in the Washington, D.C. office of Congressman Brian Donnelly... Kelly's Pub and Grub, 27 Billings Rd., North Quincy, announced "A Senior Citizen Special: 20% Off All Our Menu Prices, 11 a.m. to 3 p.m., Monday through Friday"... George R. Riley was scheduled to be the guest speaker when McIntyre Mall is dedicated to the memory of the late Police Captain William **F. McIntyre**. The event is to take place Saturday, Oct. 25... The playground at Columbia Street, South Quincy, was dedicated in the name of Paul V. Grasso, a lifelong resident of South Quincy who was killed in action in Vietnam in 1968... The 50th anniversary reunion of the Quincy High School Class of 1931 was held at the Viking Club, Quincy Avenue, Braintree. Committee members included Steve Riley, Bernice Brown, Tauno Hautala, Laura Olsen, Robert Gentry, Valerie Durant, Charles Anderson and Ida Taylor... Don Gohl and Nils Lundin provided the musical entertainment for the Women's Union of the Memorial Congregational Church of North Quincy's Annual Guest Day... Jason Stone, commander of the Jewish War Veterans Post, was guest of honor at a Sunday breakfast at Beth Israel Ouincy Synagogue. Quincy Point. Stone was honored for his part in building the JWV Post... Beale Street Fish Market, 35 Beale St... Wollaston, was advertising "Frozen Seafood Specials: One Dozen Clams \$1.99, One Dozen Scallops \$3.45, Clams Pies (package of 2) \$.75"... A political ad for incumbent Councillor at-Large John J. Quinn noted, "A Vote For Quinn Is A Vote For the People"... Rosemary Wahlberg, executive director of the Quincy Community Action Program, received the Citizen of the Year award of the South Shore Coalition for Human Rights. Mrs. Walhberg was honored for her on-going commitment to the improvement of the quality of life for Quincy residents... The elementary school lunch menu for Monday, Oct. 19, included "Tasty Italian Ziti with meatballs, mixed vegetables, snowflake roll, brownie and a beverage."... The Wollaston Lutheran Church celebrated the 50th anniversary of the congregation's founding at a Holy Communion Service presided over by the Rev. Frank J. Bauer, who has been pastor since 1959... The Presidents, Cranch and Hospital Hill Association was planning a candidates' night for Oct. 23 at Covenant Congregational Church, 315 Whitwell St. Ralph Freeman, president of the association, will serve as moderator.

★ Candidate Profiles - School Committee - Nov. 2 ★

Doug Gutro

Name: Doug Gutro Age: 56 Address: 85 Arnold St., Quincy, MA 02169

Occupation

- · Public Affairs Director, US Environmental Protection Agency, Boston, MA
- Adjunct Professor, Suffolk University, Boston, MA **Education**:
- · North Quincy High School, Class of 1983
- · Bachelor's Degree, University of Massachusetts - Boston
- Master's Degree, Suffolk University, Boston, MA Municipal/Government **Experience:**
- Quincy School Committee, 2018-Present
- · City Councillor At-Large, 2012-2016
- · Ward 5 City Councilor, 2002-2012
- · President, Quincy City Council 2006-2007
- · President, Ward 5 Community Association, 1998-2001
- Founder and Past President, Friends of Wollaston Beach

Voters should elect me to the office I seek because I always put the interests of our students, their families, and our educators first and I have the experience, dedication, and results needed to move Quincy Public Schools forward.

Over the past four years, I'm proud to have served on a School Committee that put a Chromebook in the hands of every student who needed one; adopted a comprehensive digital literacy curriculum; increased school safety measures; hired the first superintendent in 20 years; doubled the number of dual enrollment classes helping high school students earn college credit, bolstered career and tech education classes; passed a new school lunch policy ensuring a hot lunch for students regardless their ability to pay, and launched a new QPS websito

Moving forward, my goals are to get our students safely back into the classroom, put safety and security first for students, teachers, and support staff, resolve contracts with teachers and other valued QPS staff, ensure proper staffing levels to keep class sizes low, strengthen social emotional assessment and support programs, expand our digital literacy and anti-bullying curriculum, fast track the construction of the new special education center, and provide the professional development necessary for

Emily Lebo

Name: Emily Gallagher Lebo

Age: 71

Address: 354 Highland

Occupation: Educational Consultant

Education: Nursing ADN Laboure College, BSN and MSN Northeast-

Experience:

Quincy School Committee - 10 years, Started the Teaching and Learning Subcommittee of the School Committee

Quincy Public Schools Teacher - 12 years,

QPS Building and Central Office Administrator - 8

Boston Public Schools Administrator - 8 Years

CVTE Support Services educational consultant - 4

Priorities:

If elected my top priorities will be first to maintain our robust academic and technical offerings and identify and address any learning loss that occurred during the pandemic, while ensuring that we have a comprehensive K-12 Social Emotional Learning curriculum in our

Social/emotional growth

is an important and necessary part in our lives. In QPS we have done a really good job providing programs in this area in our elementary schools, but we cannot stop there, just as our students enter their adolescent years. It's well documented that technology and social media play a huge part in the lives of our teens and with that is the potential for it to do great harm. Through the internet our children are flooded daily with messages and experiences that few adults have had to deal with. Social/Emotional learning activities can mitigate this and help to reduce stress for

I believe this is an important piece of everyone's development which is why I'm working with our administrators to bring social/emotional learning to our middle and high schools. We're looking into programs from the Collaborative for Academic and Social/Emotional Learning (CASEL.) CA-SEL defines this learning as a process through which people "acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring

decisions." To do this important social/emotional work, we



EMILY LEBO

need to first build a framework for where and when this curriculum will be offered. In Quincy we're very lucky that we have an incredible group of community partners who are willing and able to help us with this. With the school committee's urging, DOVE has agreed to deliver their Youth Speaks curriculum, which deals with Healthy Relationships in all our middle schools and high schools starting this year.

I am very proud that this year we will also have Restorative Justice practices in place in the high schools. Restorative Justice empowers students to resolve conflicts on their own and in small groups. Essentially, the idea is to bring students together in peer-mediated small groups to talk, ask questions, and air their grievances.

I also want to ensure our educators have the tools they need to be sure this work is ongoing and mapped out, guaranteeing that all our students will have access to these important programs. To do this we will need to train our staff through professional development using common planning time, additionally we'll need to listen to our students' voice to build on our extracurricular and athletic offerings, so every student is connected, engaged, and seen while in our buildings.

As part of developing the social/emotional programs, I felt there was a need to have Health Educators at each high school, so at my request, the city has returned them to our high schools for the first time in many years.

Voters should elect me to the office I seek because:

I have the knowledge, experience, and time to do this very important work, and I'm committed to the city and its residents, large and small. While working on the school committee I look for input from families, students, and educators and consider their voices as I make decisions on their be-

I currently hold both a MA Teacher's and a Superintendent/Director's license.

Cont'd On Page 13

his few our is the few

Courtney Perdios

Name: Courtney Perdios Age: 41 Address: 86 Ruggles St.,

Quincy Point Occupation:

Ouincy School Committee Member; Copy Editor at Boston University School of Public Health: Group Fitness Instructor at Northeast Health & Fitness (formerly Quincy Athletic Club) and Crunch Fitness (Braintree)

Education:

Graduated in 2001 from Stonehill College with a B.A. in English and Art

Municipal/Government/Relevant Experi-

Quincy School Committee Member (Appointed Feb. 2021-Present); MA Gifted & Talented Advisory Council to DESE (2019-Present); Citywide PTO President/ Co-President (2016-2021); Clifford Marshall PTO Co-President (2017-2021); QPS COVID Re-Entry Task Force (2020-2021); QPS **Advanced Curriculum Team** (2021); QPS Homework Policy Committee Member (2019); Point Webster PTO active member (2018-Present); Central Middle School PTO (new member); Quincy Environmental Network (QEN) Executive Board Member (2001-Present); Mom of 3 children, all in QPS - Casey (age 13), MJ (age 11), and Hannah (age

If elected, my top priorities will be:

1. to support our students, staff, and families as we continue getting back to full in-person learning and mitigating the effects (academic, social, and emotional) of COVID-19;

2. to improve communication and transparency across the district, and to better include the voices of QPS families, students, and staff in discussions and de-

3. to ensure we continue to invest in repairs and upgrades to older school buildings so that students across the city have equal access to valuable resources and opportunities:

4. to provide challenging opportunities for advanced students in early elementary grades, and supporting their social/emotional needs so they stay engaged, challenged, and excited about learning;

5. to find a way to bring the 5th graders currently housed at Point Webster and South-West Middle Schools back to Clifford Marshall and Lincoln Hancock Elementary Schools, so that all of our 10-year old students across the city, no matter which neighbor-



COURTNEY PERDIOS

hood they live in, can spend their 5th grade year building their confidence, maturity, and decision-making skills in a supportive, nurturing elementary school environment before facing the pressures and expectations of middle school; and,

6. to make the pathway to receiving Special Education services easier for families to understand and navigate.

Voters should elect me to continue serving on the School Committee for three reasons:

1) I bring the perspective of a parent with children in our school system right now. Having that day-to-day interaction with our school system allows me to directly see how the policies and decisions we make are affecting our students, which is critical to making relevant and meaningful change.

2) I am a strong independent voice on the School Committee that works hard, asks tough questions, researches issues fully, considers every perspective, and includes voices of stakeholders to make the best possible decisions that keep our students always at the forefront.

3) I am a long-time community activist, advocate, and volunteer with a proven record of getting things done. Some advocacy achievements I'm most proud of are: leading the effort to stop the 2014 proposal to put 4th graders into South-West Middle School; collaborating with Mayor Koch back in 2017 on a much needed increase to the number of computers in our schools; working to bring the Community Preservation Act (CPA) to Quincy in 2006, which has funded many projects across the city, including outdoor classrooms and school playground upgrades; and being part of the team that developed the first step of an advanced curriculum program at the early elementary level (REACH).

Serving on the School Committee these past six months has been so much more than just a job to me. It has been a truly awe-

Cont'd On Page 13

improvements to security, upgrades to roofs, windows, boilers, the purchase of new school busses; the construction of a new Quincy High School, Central Middle School and Sterling Middle School as well as many new parks, playgrounds, and outdoor classrooms. I've taught for 20 years at the college level and know what it's like to stand in front of a classroom, plan a lesson, engage students of all abilities, and inspire suc-

DOUG GUTRO

our teachers. In addition, in-

vest in our school buildings

and technology and evaluate

universal Pre-K options. Fi-

nally, I'd like us to assess the

impact the housing boom

has had on our schools and

the City Council, I was a

strong supporter of public

education. I have proudly

supported QPS Budgets;

During my 14 years on

its budget.

As the father of two sons in our school system, I see first-hand the power of a QPS education. My son Brian is part of the QHS class of 2021. Scotty is North Quincy High School class of 2022. While it's a challenge on Thanksgiving Day, few parents have a direct view into both High Schools. I find that a tremendous benefit as a School Committee Member...

My experience on the school committee and city council; my time teaching at the front of a classroom; and insights as a father of two boys navigating different paths through Quincy Public Schools have truly been useful in discussions make our school system a leader in the state. As we navigate out of this pandemic and back into the classroom, I believe we need an experienced leader, results-driven advocate, someone who is dedicated to our neighborhoods, and invested in Quincy Public

On Nov. 2, you can have a voice in shaping Quincy Public Schools moving forward. I humbly ask for your

More School Committee Candidate Profiles On Page 7 ...

* Candidate Profiles - School Committee - Nov. 2 *

Tina Cahill

TINA CAHILL

of Quincy, the daughter of

Tony and Lucy Falco, who

immigrated from Italy and

chose Quincy to raise their

family, it would be an honor

to serve the city that I am

proud to call home. Work-

ing to ensure that we have a

strong and effective school

system keeps our city young

and vibrant, which benefits

the students we serve and

the community in which we

My husband Tim and

I are the parents of four

daughters who attended the

Quincy Public School sys-

tem. We are proud of the

education they received,

giving them the foundation

they needed to succeed in

college and subsequently in

years working in educa-

tion, beginning my career

as a teacher at St. Ann's

School in Wollaston, transi-

tioning to administration at

Archbishop Williams High

School, and most recently at

Executive Director of The

Recovered Souls Founda-

tion; its mission is to sup-

port individuals striving to

achieve, maintain and thrive

in their recovery from sub-

stance addiction and guid-

administrators as we work

to ensure that the Quincy

Public School system is one

of the finest in the Common-

I'm confident my experi-

ence as a parent, educator,

and administrator will al-

low me to bring a compre-

hensive perspective to the

I respectfully ask for

your vote on election day,

school committee.

Currently, I serve as the

Quincy College.

I have spent close to 30

their careers.

As a lifelong resident

Name: Tina Cahill Age: 63

Address: 51 Grenwold Rd., Quincy, MA 02169

Occupation: Executive Director of Recovered Souls Foundation

Education:

- B.S. in Elementary Education
- M.Ed. in Higher Ed. Administration

Municipal/Government Experience:

- Teacher at St. Ann's School Wollaston,
- Director of Development at Archbishop Williams High School
- Director of Advancement at Quincy College
- AVP Enrollment Management Quincy College
- Past President of the Thomas Crane Public Library Trustees
- Past President of the Quincy College Trust

Priorities:

If elected, my top priority as a school committee member will be to contribute in a thoughtful and deliberate manner to committee discussions to ensure we provide all students from K-12 with the tools and support they need to attain a Quincy Public School foundation, one that meets their academic and professional goals.

Currently, the school system is addressing COVID protocol, the implementation of the early college program, the creation of a new learning center, social justice initiatives, and the prioritization and disbursement of funds from the American Rescue Act. I believe it would be impactful to use the American Rescue Act funds to mitigate learning loss and the social and emotional issues students may have incurred due to the disruption to their education caused by COVID-19.

As a parent, I understand the importance of advocating for your child's education. As a school committee, we must provide open and clear communication channels with parents and guardians, listen to their concerns, and determine how the school committee can advocate for their children.

These are issues that align with my experience in education as a parent and professional allowing me to make valuable contributions as we evaluate and determine appropriate courses of action.

Voters should elect me to the office I seek because:



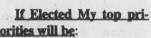
Name: Liberty Schaaf Age: 44

Address: 28 Howe St., Quincy

Occupation: Real estate agent

Education: Degree in Early childhood education and business management.

Municipal/Government/Relevant Experience: Served on PTO for 15 years



If elected, my top priority will be to serve as a voice for parents, as well as their children. I want to bring transparency to the parents and guardians regarding our students' curriculum. I will help maintain parental rights and listen to their input. In addition, I will strive to ensure that the children have the best experience possible while in our public schools. Quincy is an amazing city, one in which that truly believes their children are our

As a result of this, it has assembled a countless number of resources. It is my goal to affirm that said resources are accessible to every student. I believe in treating every student as an individual. As a mother of six, all of whom have varied learning abilities, I can attest that our teaching strategies must be in consideration of all students and their unique learning needs. I can guarantee that the well-being of our students will be my primary concern in all decisions and policies that will be implemented.

Voters should elect me to the office I seek be-



LIBERTY SCHAAF

cause: I can put it simply; I am vested. My children are all currently enrolled or have graduated from Quincy public schools. My youngest child, my daughter Elle, is only six years old. Just like our other children, my husband and I intend for her to attend Quincy public schools throughout her entire student career. Raising six children and being a member of PTO for fifteen years, has provided me with a vast experience in not only the operations of our public schools, but more importantly the building blocks that are essential for our children to succeed academically. It is my belief that their success in our public schools will guide them on a productive path to become the leaders that our future needs. My choice to run for office was not a political steppingstone but rather to make a difference. I entered this campaign as a concerned mom in search of improvement and change for my children as well as their fellow students. It is because of this that I am respectfully asking for you and your peers' to vote for Liberty Schaaf on November 2nd.

Liz Speakman

Name: Liz Speakman Age: 43

Address: 129 Merrymount Rd.

Occupation: Licensed Independent Clinical Social Worker

Education: Master's Degree in Social Work- Salem State, BA in Psychology -UMass Amherst

Municipal/Government/Relevant Experience: Merrymount School EDI Subcommittee; Citywide PTO Executive Board, 2020-21 Citywide EDI Subcommittee co-chair, QPS District DEI Team;

DOVE, Inc. Advisory Council; Coordinator - Domestic and Gender-Based Violence Prevention Initiative, City of Cambridge; Director - Mass General Hospital Domestic Violence Program

If elected, my top priorities will be...

As a Quincy School Committee member my focus would be on helping all students develop a stronger sense of belonging and be successful in the Quincy Public Schools.

Social Emotional Health
The most important factor in protecting children from the impact of trauma is a caring adult. The pandemic is an ongoing collective trauma and many of our children are struggling with mental health and coping with loss, anxiety, and depression. I will advocate for more school-based clinicians and professional development for educators on social emotional health.

Culturally Responsive Curriculum

We need to proactively teach our children how to live as good citizens and to uphold the community values we share of equity, inclusion, and ensuring a sense of belonging. A more diverse, culturally responsive curriculum and civics education can better prepare our students.

A Diverse Teaching Staff
Children of all races,
genders, cultures, and identities do better when they
have a diverse group of
teachers providing different perspectives. I support
the recruitment and retention of educators from different backgrounds through
partnerships with local colleges/universities and by
providing incentives to QPS
graduates to pursue teaching
careers in Quincy.

Family Liaisons

The diversity of Quincy is one of our greatest assets and we need to continue to build bridges from our schools into all our ethnic



LIZ SPEAKMAN

and linguistic communities. Hiring Family Liaisons is one way to improve communication and engagement and foster stronger connections between families and the Quincy Public Schools.

Language Justice Policy
While Quincy Public
Schools has made significant improvements in ensuring families have access to information about their children in their own language, it currently does not have a language access policy. I believe we need to continue to expand translation services and language accessibility throughout the school system.

Raise for Educators and Living Wage for Paraprofessionals

Without a contract or raise, many of our teachers have experienced a decrease in their takehome pay due to inflation and higher health insurance costs. We need to ensure the salaries of our educators keeps up with the rising costs of food, housing, energy, and clothing. Additionally, our paraprofessionals should receive adequate compensation for the crucial role they play in our schools.

Recess and Lunch

Students should not have to choose between eating or playing; the short amount of time dedicated to lunch and recess needs to be extended. Children of all ages benefit from increased physical activity and play with their peers during the school day. Recess can help improve students' memory, attention and concentration, and social and emotional development, and can reduce disruptive classroom behavior.

Universal Pre-Kindergarten

The smartest investment we can make is in our children. Many children start kindergarten at a disadvantage due to limited access to affordable, quality preschool. When we invest in early childhood education our young children start school with the skills and tools they need to be successful.

Voters should elect me to the office I seek be-

Cont'd On Page 13



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Election Day is Tuesday, Nov. 2

wealth.

★ Candidate Profiles - Council At-Large - Nov. 2 ★

Noel T. DiBona

Name: Noel T. DiBona Age: 46 - Married, wife Niamh, three children: Tyler 9, Aidan 7, Nora 5

Address: 70 Chickatabot Rd.

Occupation: Norfolk
County Registry of Deeds
- Director of Administrative
Services (2021-present);
Russ DiBona & Son Landscape & Snow – Co-Owner
(1996-present)

Education: Bachelor's Degree, University of Massachusetts-Boston; Quincy High School, Class of 1993

Municipal/Government/Relevant Experience

Current Quincy Councillor-At-Large (2016-present)
Quincy School Committee member (2014-2015)

Quincy Park & Recreation-board member (2012-2013)

Quincy Community
Preservation Committeeboard member (2016-present)

Norfolk County Sheriff's Office- Senior Community Service Coordinator (2016-2020)

If re-elected my priorities will be to continue to advocate for new schools, building upgrades and new technology for our Quincy Public Schools. I currently



NOEL T. DIBONA

have three children in the Quincy Public Schools. I value QPS, as I previously served as a Quincy School Committee member.

I will continue to allocate the proper funding for new roads, sidewalks, infrastructure improvements and tree removal for our citizens. I have helped secure state funding and grants for traffic flow upgrades, traffic signal upgrades and new LED streetlights across the city. I will continue to submit requests from residents for tree removal and new tree plantings across the city.

Over the last four years, I have sponsored resolutions for new seawalls and pumping stations to help the flooding areas in the city. We are currently in the process of rebuilding

the seawalls. I have worked closely with the Emergency Management Director with establishing the Citizens **Emergency Response Team** (CERT), which allows citizens to help in times of distress and need during natural disasters. I will continue to be out in front of these issues and advocate for new preventive solutions during times of adversity. I have worked closely with the Quincy Health Department during the COVID-19 pandemic period and will continue to keep constituents up to date with new information.

I have and will proactively be working on bringing new commercial based businesses to Quincy including supermarkets, retail stores, bowling allies, office space and a variety of restaurants. The future new growth of commercial real estate will help offset taxes for residential taxpayers.

Voters should re-elect me as Councillor-At-Large because I have been a person that listens and has voiced the concerns of the citizens of Quincy. As a city-wide elected official for the last six years, I have spoken publicly during City Cont'd On Page 9 Nina X. Liang

Name: Nina X. Liang Age: 33

Address: 100 Grand View Avenue #8A Quincy, MA 02170

Occupation: City Council President, City Councillor at Large, City of Quincy; Executive Director, Emerge Massachusetts

Education (high school & college): Fontbonne Academy, Hofstra University

Municipal Experience (elected or appointed boards): Incumbent City Councillor at Large, Thomas Crane Public Library Foundation (Board Member), Massachusetts Commission on the Status of Women (Appointed Commissioner by Speaker Ron Mariano), Massachusetts Asian American Commission (Appointed Commissioner by Attorney General Maura Healey); Previously served as Board Member on D.O.V.E., Quincy Catholic Academy, and Maria Droste **Counseling Services**

If elected, my priorities will be:

My goal has always been to make sure everyone's voices are heard on issues across our city. It is critical that while folks don't alADA co

• E

voices a

NINA LIANG

ways agree on everything, we take the time to listen, and implement real action to move us all forward together. My top priorities during my fourth term in office will be:

• Fighting for a form of residential tax relief for homeowners

 Addressing public health and safety issues, including accessibility, social justice, and environmental quality such as composting and green infrastructure

• Implementing a comprehensive citywide zoning review to factor in mobility considerations such as traffic patterns, congestion, pedestrian safety, and access to public transportation to development across the city

• Creating language access for all departments for

interpretation services and ADA compliance

 Ensuring residents' voices are heard in decision making in City Hall

What drives my service is that I want to ensure that Quincy stays affordable and accessible so that everyone can enjoy the work that we've accomplished. I will continue to prioritize shifting the tax burden off of residential and onto commercial so that our residents don't continue to shoulder the costs of our growth. I am committed to ensuring your voice is heard and you are being listened to on issues important to you, whether that is fixing the pothole in front of your house or taking a critical eye to the budget every year, your voice matters in the direction of our city, and my work.

<u>Voters should re-elect</u> me because:

One of the things I've learned serving as your City Councillor At-Large since 2015 and as the first minority City Council President, is that we make the most positive impact through listening and collaboration. Obviously, the past two years have not been easy. But, as we Cont'd On Page 9

Anne Mahoney

Name: Anne Mahoney Address: 12 Ferriter St., Quincy, Ma 02169

Occupation: Business professional and former small business owner with over 27 years of experience.

Senior Project Manager, Santander Bank - Boston, MA

Education: Graduate of Suffolk University with a BA in Finance

Municipal/Government/Relevant Experience

Former School Committee Member - 2006-2018

Former School Committee Vice Chairman - 2010 and 2011

Currently City Councillor-at-Large - 2018-2021 Chair: Education

Chair: MuniTech Information Management

Vice Chair: Downtown & Economic Growth
Vice Chair: Oversight

Member of the Finance Committee Member of the Ordi-

nance Committee

Mother of three children, all of whom graduated from Quincy Public Schools. Maggie, Liam and Rory

If re-elected, my top priorities will be to scrutinize city spending, increase



ANNE MAHONEY

government transparency, and demand an economic plan to attract businesses and amenities. I will stand up to the overdevelopment, push for a complete traffic plan that includes autos, bicycles, and pedestrians and continue to champion our students and respect our teachers.

At this time, the main focus at city hall is to look for new ways to spend our tax dollars. The City Council needs to be a watchdog for taxpayers. Frivolous proposals and pet projects put forward by the administration need to be vetted and defeated when the cost of those plans results in increased property taxes. There is a difference between want and need.

Increased transparency has been a top priority. Taxpayers must know how their money is spent, who's getting paid, and if candidates are qualified for the job. This year, I started a podcast that does just this – it lets residents know the real stories, the little-known facts that allow them a chance to voice their opinion on their local government. Please, listen to my weekly podcast, hear the other version of the story: city-limits.captivate. fm.

While we continue to see large residential apartments downtown, we have seen little in commercial or retail business. As other communities target and lure stores and entertainment amenities, Quincy's efforts seem stale and nonexistent. A cohesive marketing plan needs to be developed to bring businesses here. As your Councillor-at-Large, I will continue to raise questions about this administration's efforts and strategies, and let me assure you; we can

do better for Quincy!

Development has exploded, and the bulk of it is large apartment complexes or multi-unit developments on lots once occupied by single-family homes. I frequently appear at Conservation Commission, Planning Board, and Zoning meetings to question the integrity of developers' plans, standing up for our neighborhoods.

Cont'd On Page 9

William Burke

Name: William Burke
Address: 28 Rice Rd.,
Quincy, MA 02170
Occupation: Burke Oil

Company (Quincy)

Education: Boston Public Schools K1 through 12

Municipal Government Experience: never worked in government.



WILLIAM BURKE

If elected my top priority would be: stop city over spending, pave your street and lower you property tax.

Voters should elect me to the office I seek because: I work only on the best behalf of each Quincy resident.



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★ Candidate Profiles - Council At-Large - Nov. 2 ★

Noel T. DiBona Councillor At-Large

Cont'd From Page 8

Council meetings about traffic concerns, over development, limited parking, and taxes. I have spoken about the concerns of senior citizens and the public safety that abuts senior buildings throughout Quincy. I have advocated for proper lighting, sidewalk repairs, road improvements, traffic signal upgrades and crosswalk painting around all schools across the city.

I have publicly spoken about reducing the number of units by the Quincy Center T Station and the former Hospital Site developments. Both redevelopments are too dense in size and proposed with too many total units. I have and continue to preserve the integrity of our neighborhoods and have stood up against certain variances in our residential neighborhoods. Ultimately, I am in favor of re-zoning certain areas of the city to protect our residents from overdevelopment in their neighborhoods

I have attended neighborhood association meetings across the city of Quincy to find out about the concerns of the residents and

voice these issues at the City Council meetings: I have been a supporter for all School PTO fundraisers and events for extra-curricular activities for children. Aside from being your City Councilor, I have coached youth football and youth soccer. Since 2012, I have been a Junior Vice Commander for the Sons of the American Legion Morrisette Post 294 and continue to volunteer with the Flags for Veterans Island at Fort Square and Quincy Wreaths Across America.

I will continue to be available and approachable with an open-door policy. You can text or call me at 617-448-8830 or email me at NoelDiBona2021@ gmail.com anytime. You can follow my website at noeldibona.nationbuilder. com and facebook.com/ NoelTDiBona for current events and updates around the city. I have enjoyed representing you for the last six years and want to continue to be your voice. I am seeking my 4th 2-year term as your Councillor-At-Large. I humbly ask for your vote on Tuesday, Nov. 2nd.

Vaccination Linked To The Reduction Of 6,000 COVID-19 Cases, 2,500 Hospitalizations, 900 Deaths Among Seniors In Bay State

A new report from the U.S. Department of Health and Human Services (HHS) shows that COVID-19 vaccinations may have helped prevent roughly 6,000 new COVID-19 infections and 900 deaths among seniors in Massachusetts during the first five months of 2021.

The study, which was conducted by researchers with HHS's Office of the Assistant Secretary for Planning and Evaluation (ASPE), also found that nationally, vaccinations were linked to a reduction of approximately 265,000 CO-VID-19 infections, 107,000 hospitalizations, and 39,000 deaths among Medicare beneficiaries between January and May 2021.

"This report reaffirms what we hear routinely from states: COVID-19 vaccines save lives, prevent hospitalizations, and reduce infection," said HHS Secretary Xavier Becerra. "The Biden-Harris Administration has prioritized getting vaccines quickly to pharmacies, nursing homes, doctors' offices and even provided increased reimbursement rates for at-home COVID-19 vaccinations, so that seniors and others can easily get vaccinated."

The report reflects the devastating effect COVID-19 has had on our vulnerable seniors and demonstrates that efforts to prioritize and vaccinate this group directly correlate to saving lives. More than 352,000 lives were lost during the first nine months of the COVID-19 pandemic. Prior to the availability of vaccines, nearly 80 percent of these deaths were among people 65 and older who were also Medicare eligible. For the period of January to May 2021, when vaccination grew from one percent to 47 percent among adults 18 to 64 and from one percent to 80 percent among seniors, the study found an 11-12 percent decrease in weekly CO-VID-19 hospitalizations and deaths among Medicare beneficiaries for every 10 percent increase in county vaccination rates

All racial and ethnic groups and all 48 states analyzed experienced reduced numbers of COVID-19 deaths, hos-

Conf'd On Page 12

Nina X. Liang Councillor At-Large

Cont'd From Page 8

emerge from them, I know that we will not be able to come out better and stronger as a city without continuing to listen and building consensus behind each decision. More than anything, this time has taught us the critical importance of being prepared. Each and every one of us has felt the impact of this crisis, and so has our city. From our ability to budget and plan to the need to support small businesses, homeowners, and residents, we have had to be flexible, open, and creative to serve you when you needed us the most. As your City Council President, I knew it was important that we remain open and accessible to all of you, both remotely and in person.

During COVID, when you needed us the most, I continued to listen and act. I worked to move all Council meetings to Zoom to ensure uninterrupted access and participation. I coordinated partnerships between the Quincy Housing Authority, Stop & Shop, and volunteers from the Speaker's and Norfolk County Sheriff's office to lead a multi-lingual vaccine clinic for the city's senior buildings and successfully vaccinated over 1,000 seniors. Through collaborative efforts, we were able to set up and translate the City's vaccine scheduling platform, so that no resident was left behind. I worked with the head of the Health Department to write and pass an ordinance that ensured the safe operation of businesses across the city. I didn't do any of this on my

own, I did it by listening and bringing people to the table to work together and deliver results

You will have the opportunity this November to give a clear direction you want to see our city move in. As your City Council President, as a homeowner, as a small business owner, and as a proud G-town kid, I know what I want for Quincy to succeed. I want to continue to find additional forms of residential tax relief for homeowners, so that those who call Quincy home can continue to do so. I want to see the city create and appoint a Social Justice & Equity Director, so that everyone in Quincy feels welcomed and supported. I want to update our city's financial policy so that we can continue to afford our growth without pushing these costs onto residents. I want to incentivize more green initiatives in our city, such as municipal composting and carbon-neutral development, so that future generations can enjoy the hard work that we do today.

This election is not just a chance for you to make your voices heard, it is an opportunity for your City Council to show you that we are listening. You are electing us to make hard decisions, but you are not electing us to make those decisions without you. We have made a lot of progress, and there is still more for us to do.

I humbly and respectfully ask for your vote this November so we can continue our important work together.

Anne Mahoney Councillor At-Large

Cont'd From Page 8

I have helped neighborhood associations organize throughout the city so all of our neighbors are better prepared to fight overdevelopment. The City Council needs to do a zoning review. I will move to amend zoning laws to preserve the character of Quincy and rein in further development within

our flood zones. I led the charge for Quincy College to enter the State Community College System and stood up against the purchase of the Munroe Building for Quincy College and a new city hall. Taxpayers cannot afford this, especially when 81% of these college students do not reside in our city. Taxpayers cannot be the financiers of a college that continues to find itself in financial turmoil. It's abundantly clear that the public and a majority of the city council were against this proposal. An expensive behemoth of a building will not solve the issues of Quincy College. It is time the City of Quincy, the only municipality in the country supporting a college, gets out of the college business before irreparable damage is done to our taxpayers.

I will continue to challenge the Mayor's unilateral purchase of the Munroe Building with Federal CO-VID money, money that was earmarked to help our community recover from a once-in-a-lifetime pandemic.

Voters know that when you re-elect me as a City Councillor-at-Large, will continue to fulfill the promises I made when first elected as your Councillor. I said I would be independent, prepared, and stand up for the residents of Quincy. I have done that. I have brought a new level of scrutiny to city government. True, I may ruffle some feathers along the way, but I certainly "don't go along to get along." I have voiced my concerns regarding poor city planning, out-of-control spending, land and building acquisitions that are diminishing our tax base, and over-development that genuinely hurts our neighborhoods. At times I am the only dissenting vote.

Here are just a few things that I am proud of.

• My reputation as Quincy's most independent City

Election Day is

Councillor.

- Advocating for my fellow MBTA commuters
 Charlie Cards were honored on the commuter rail, and bus shuttle service was expanded during Wollaston Station's reconstruction.
- Helped found and organize Quincy Pride (now in its 5th year.)
- Pushed for the successful reinstitution of the Disability Commission.
- Instituted summer work updates so residents better understand work done throughout the city during the summer and fall.
- Had all open jobs listed on the city website to attract qualified candidates.
- Stood up with constituents to stop the Pine Island Bridge in Merrymount Park.
- Stood up with the constituents against the Jewett Street project that abuts the 120-year-old sewer line at the berm in Houghs Neck.
- Organized with my fellow councillors (Brian Palmucci, Nina Liang and Brad Croall) a listening session "Be the Change" to learn about social injustices that have occurred in our community. Listening is powerful.
- Began a podcast to help constituents better understand city hall's decisions and how those decisions impact our residents. citylimits.captivate.fm.
- I answer all phone calls, texts, and emails. I am always available and happy to assist residents in navigating city departments and regulations.
- Making new friends throughout our great city.

My past two terms have gone by quickly, and I have learned a great deal about how our city conducts the people's business. For the first time in a long time, your questions are being asked. Let me be clear, If the city has a good project, I will support it, but if it doesn't make fiscal sense, is poorly planned, or creates more jobs for connected individuals, I will continue to stand up and vote NO. I think you should expect the very same from every City Councillor and School Committee Member.

I look forward to continuing on the City Council; I humbly ask for your vote for Quincy City Councillor-At-Large.

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★ Candidate Profiles - Ward 1 Councillor - Nov. 2 ★

David F. McCarthy

Name: David F. McCar-

Age: 60 Address: 48 Whitney

Occupation: Director of Security General Dynamics, 38 years

Education: Boston College High School, University Massachusetts, Boston, B.S.

Municipal/Government/Relevant Experience

Current Ward 1 City Councillor 2018-Present

Quincy School Committee 2004-2015

Former Quincy College Board of Governors 2015-

Carroll Center for the **Blind Board of Trustees**

If re-elected, my top priorities for Ward 1 will be continuing to focus on Zoning issues in the Ward, Individual resident Neighborhood concerns, Public Safety issues, Coastline/Climate solutions (Seawalls, drainage) and Parks/Conservation Land.

Back in January of 2018 I was sworn in as your Ward 1 City Councillor, 4 main issues kept coming up:

Overdevelopment in areas that shouldn't be devel-



oped, traffic/public safety, protecting our coastline and marshlands, continuing to improve/maintain our Parks.

First Overdevelopment.

Making sure development happens where it should happen and making sure it isn't invading our neighborhoods. By being present at all Zoning board meetings and dealing directly with the neighborhoods impacted I get a front row seat with the residents and their concerns. This is very important to stay focused on as it is an issue that impacts your neighborhood. Development should happen where it works and where it

Second Public Safety

Continue to work Sea Street issues in regards to public safety, traffic flow

solutions and trying to solve traffic cut thru's with QPD enforcement in Ward neighborhoods.

The Sea Street corridor will be refined and improved over the next several years and that should help

Third Park and Recreation

I will continue to work very closely with the Commissioner of Natural Resources on improving our parks and playgrounds. Improvements have been steadily on the rise in 2021 and will continue in all neighborhoods. Ward 1 has great scenic parks that need attention all the time.

Work the Coastline/Climate solutions so that we can proactively move on issues that need attention now. Seawall and Drainage Funding in the neighborhood of \$14.3 million has been executed and has been a tremendous success. Phase 2 Manet Ave is now under review as well as execution of the Storm-Water Pumping project and Willows Culvert Relief for Ward 1.

Lastly focus on the Opioid Crisis which is out there every day, city services always can be improved,

Cont'd On Page 11

Joe Murphy

Age: 44 Address: 18 Macy St. Occupation: Assistant Director of Administration, MIT Center for Bits and At-

Education: BA, Berklee College of Music

Name: Joe Murphy

If I am elected, my top priority will be restoring communication between the residents and their city councilor. All other issues improve with better communication. Residents should expect to hear back from their ward councilor when they reach out. The job is to represent ward one communities despite the will of the political clique or generous campaign donors. Once again, I pledge to have weekly office hours for people to drop in and talk about their concerns. When it's safe to do so, these meetups will be in locations around the ward. Until then, they will be by the phone, video conferencing, or whatever method is best for the con-

When the constituents are heard by their councilor, they will see quicker responses to everyday concerns. Potholes, litter, graf-



JOE MURPHY

fiti, streetlights, illegal parking, construction detours, side streets becoming raceways, drainage, tide gates, and snow removal are all everyday problems that require the ward councilor to be a diplomatic, but relentless, advocate for our neighborhoods.

Ward one will start getting answers to questions that have been ignored for too long. We deserve to know what is going on in our local government, even if the topic is controversial, polarizing, or unpleasant. For example, currently, conversations like the planning of the Maritime Center get punted into the future, leaving people to guess about an important issue. Why should the fate of the Maritime Center or the Houghs

Neck Community Center be discussed without involving the people who use these facilities? The former Maritime Center needed to be replaced, but it was in regular use when it was torn down with no agreed-upon plan to replace it. I plan on having more frequent community meetings where people are part of the discussion and provide input, not told what decisions have been made unilaterally. While no city leader can have unanimous approval on every issue, I will have the conversations, popular or not, and ward one will be heard.

An open dialog with constituents will guarantee that ward one residents will get to weigh in on citywide issues as well. Our residents have strong opinions on many pressing subjects. For example, Quincy College has been struggling, but why should Covid relief money be used to buy QC a new building? Because the answer was going to be "no" through regular procedure. And what about Hospital Hill? We were assured of a substantial medical service there, and now it seems the chance for a medical ameni-

Cont'd On Page 11

★ Candidate Profiles - Ward 2 Councillor - Nov. 2 ★

stituents.

Anthony J. Andronico

Name: Anthony J. Andronico

Age: 28

Address: 46 Endicott St. Occupation: Ward Two Councillor, City of Quincy; Communications Director, Massachusetts State Senate

Education: B.A. American Government and Economics, Emmanuel College (Boston) | Graduate of **Quincy Public Schools**

Municipal/Government/Relevant Experience: Current Ward Two Councillor, School Committee Member 2018-2020 (Vice Chair, 2020), Member of the Fore River Residents Against the Compressor Station (FRRACS), Member of the Ward 2 Civic Association, Member of the Friends of Faxon Park, Member of the Sons of the American Legion Quincy Post 95

If elected my top priori-

For the past four years, I've had the privilege of serving you and my hometown in local office - as a School Committee Member. as Vice Chair of the School Committee, and now as your Ward Councillor.

Although the roles have changed, my goal has al- their property taxes. To help ways remained the same: ease your tax burden, I be-



ANTHONY J. ANDRONICO

provide a high level of constituent services, prioritize community input in decision-making, and advocate for policies that provide direct benefits to those who have invested their hardearned tax dollars into Quincy. While looking ahead at the challenges we'll face, here's where I believe our

focus should be: Keeping Quincy Affordable: Quincy is a great place to call home, and because of this we've seen a massive boom in development as more people seek to become Quincy residents themselves. However, this has played a role in driving up property valuations and causing many longtime residents to feel the squeeze on

lieve we should implement a "Residential Property Tax Exemption" that would allow owner-occupied homes to see an up to 35% reduction in their property taxes. This exemption is common around Greater Boston and think our homeowners should benefit more from the development within the city than they have in the past decade.

Ensuring Quincy Point and Penn's Hill Get Their Fair Share: Throughout the years, Ward Two has been fortunate to have Councillors who have spoken up to ensure we get the attention and investment we deserve from City Hall. We need to continue that tradition as the city considers where to allocate funding for road and sidewalk repair, potential updates to Faxon Park to make it a more welcoming place for families, and a long-term plan to turn the Fore River Clubhouse into a satellite senior center. My commitment to my constituents, as it has been over the past year, is that I will fight for you at City Hall so we can make our neighborhoods an even better place to call home.

Cont'd On Page 11.

Steve Perdios Name: Steve Perdios

Age: 53 Address: 86 Ruggles St., **Quincy Point**

Occupation: Civil/Environmental Engineer

Education: Quincy Public Schools (Pollard Elementary, Point Junior High, Quincy High), BS in Civil Engineering from Northeastern University

Municipal/Governent/Relevant Experience: City of Quincy Recycling Committee, 1998 to 2004; Chair of St. Joseph's Church Earth Day Celebrations, 1995-2000 (received a \$5,000 EPA grant for 2000 Celebration), St. Joseph's Church Confirmation Instructor, 1998-2010; St. Joseph's Parish Council Member, 2005-2008; St. Joseph's & St. John's CCD Instructor, 2013-2018; Co-Founder and Spokesperson for the Quincy Environmental Network, 2000-2010; Member of City of Quincy's Community Preservation Committee, 2006-2014 (Chair from 2011-2014); Board Member of the Friends of Souther Tide Mill, 2010-Present (Treasurer from 2019-Present); Youth Group Planning Team Member for St. Joseph's and St. John's

Churches, 2011 to 2020;



Clifford Marshall Elementary School PTO Member, 2013-2021; Point Webster Middle School PTO Officer (President from 2018-2019, Treasurer from 2020-Present); Quincy Youth Baseball Coach, 2015-2021; Hockey Coach for girls hockey program at Quincy Youth Hockey, 2018-Present; Founding Member of Friends of Faxon Park, 2010 & 2020; Ward 2 Civic Association Member, 2000-Pres-

If elected my top priorities will be:

1) Responsiveness to the residents of Ward 2 - Icommit to returning every phone call and email within 24 hours. Your concern will be my priority, and I will correspond with you on a weekly basis until you feel your issue has been re-

2) Control/prevent bad development and encourage tasteful, neighborhood-

appropriate projects - We need development that will improve our neighborhoods, not detract from them. I have fought bad developments over the years, and will bring that experience to advocate with my fellow residents of Ward 2.

3) Roadway and sidewalk restoration - As a Civil Engineer, I have designed roadway restoration projects for 25 years. The condition of most roads and sidewalks in Ward 2 are deplorable. The City needs to work faster and provide more funding for this critical issue. Families with baby carriages shouldn't have to walk in the street to get around broken sidewalks. Older residents should be able to walk comfortably around their block without tripping hazards. Driving down our streets shouldn't feel like an "off-roading" experience.

4) Control tax increases For years now, Quincy residents have had to put up with development in every corner of the city. New housing units have brought in more tax revenue, yet property taxes still.continue

Cont'd On Page 11

Steve Perdios

Candidate Profiles - Ward 1 Councillor -

David F. McCarthy

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tax issues will always need detailed attention and education funding must stay strong. All these issues are subjects I am experienced in and I understand what to do.

Voters should elect me to the office I seek because of results. I work. I'm in the Ward daily and know the entire Ward. I stay on the issues and requests given to me and try to execute a solution that seems reasonable and safe for the neighborhoods. But at the end of the day it's results, traffic solutions, development input, community meetings, zoning issues, schools, city services, coastline protection and knowing you are going to work in a positive way to get things accomplished.

I humbly ask once again for your vote on November 2nd, Election Day.

Joe Murphy

Cont'd From Page 10

ty there dwindles by the day. Quincy is the largest city in the Commonwealth without an emergency room, but possibly the last American city that owns and operates a community college. We were told that we did not need an emergency room because of all the other ERs surrounding us. By that logic, perhaps we should let the state take over Quincy College. I think ward one residents have opinions about all these topics and as ward councilor, I would welcome

hearing them.

Voters should elect me to be the ward one city councilor because I am dedicated to improving the city and the lives of the people in it. I am not interested in making political connections or raising money. I believe that some elected officials have lost sight of Quincy's best interest. The job of ward councilor is to not only take care of the projects the administration wants completed in ward one, but to advocate for the projects the residents care about. The job is to be a representative and that sometimes means being a thorn in the administration's side.

One example is caring for our tax dollars. In a recent article, Councilor Mc-Carthy said "I'm learning every day, but I've really enjoyed understanding municipal financing and how things get done. The mayor has been really smart with the bonding." What the mayor has done with "the bonding" is pushed off paying for Quincy's massive unfunded pension obligations, at much higher cost, until long after he is out of office. My daughters and their classmates at Atherton Hough Elementary will be among the residents still dealing with that debt in 20 to 30 years.

If elected, the administration will get questions from ward one residents, not protection. For instance, why was this bond sprung on the Council at the last minute? Why are the tens of millions in "yearly savings" from this maneuver not being given back to the taxpayers in reduced taxes? The process of taking on a half-billion-dollar bond was so unorthodox, one councilor remarked "[the bond request] came out of committee as one thing, and left council as another. Every part of that meeting was odd..." But ward one's elected representative saw nothing strange, had no qualms, and made no comment except, "The mayor has been really smart with the bonding." Not only will ask questions, if elected, but I will also call for an independent, outside review of the city's financial plan and forecast.

I would bring some fresh ideas to Quincy as well. I want to start a participatory budgeting (PB) program like they have in 7,000 other cities around the world. PB uses democratic engagement with the community and then incorporates that into the regular budgeting process. The citizens propose ideas to be voted on and enacted. Perhaps Quincy Tree Alliance would propose tree planting to offset recent culling due to development. QCAN could put forth a curbside composting pilot. Maybe Quincy Recreation needs money to create a Rock Band Summer camp. The point is the people will have a direct say in at least one slice of the annual bud-

My wife and I are raising two Quincy girls. We chose Quincy because it had what we look for in a home: down-to-Earth, friendly people. So, we put down roots in the Neck and are here for the long haul. I will keep my family, your family, my neighbors, and your neighbors in mind when I work hard as your city coun-

Candidate Profiles - Ward 2 Councillor -Anthony J. Andronico

Cont'd From Page 10

Bringing Your Voice to Decision-Making: The City Council serves as a link between the citizens of Quincy and their local government. Our job is to connect you with the resources and services vou deserve, create local laws, and approve spending items and the annual budget. In each of these instances, it's critical that Councillors do their best to reach the people they represent and understand how their constituents feel. My pledge to you is that I will continue to find ways to engage with you - online and in-person - to better understand your position on the difficult decisions we make as City Councillors.

The issues above are just a snapshot of some of my priorities, and the past two years have shown us that we won't always be able to anticipate the challenges ahead, but I believe if we work together and listen to each other then we can make real progress.

Voters should elect me to the office I seek because:

When I was sworn-in as your Ward Councillor in January of 2021, I got right to work for you. I launched a constituent services website, www.AnthonyAndronico.com, to provide a new avenue to connect during the height of COVID-19. The website served as a central location where residents could sign up for an enewsletter to stay informed about the latest happenings, request assistance with an issue, and fill out a survey to provide feedback on the

After hearing directly from you, I was able to take your feedback with me to City Hall and prioritize the items you highlighted through the issues survey, emails, and phone calls. Here's what we've accomplished in a few short

 Pushed for and passed an infrastructure plan that will lead to over 33,000 feet of roadway to be re-paved in Ward Two over the next

· Called for public input into how \$46.3M worth of federal relief funds should be spent by the Administration and a full accounting of where any of that funding

had already been allocated.

• Authored a resolution demanding the immediate shutdown of the Weymouth Compressor Station after the station experienced unplanned toxic gas releases.

· Partnered with the Mayor's Office and the State to address COVID-19 vaccine supply chain issues to ensure that our seniors at 1000 Southern Artery got a mobile vaccination clinic.

 Worked with the Parks Department and neighborhood advocacy groups to conceptualize ideas to reinvigorate Faxon Park in the

· Most importantly, I've asked the tough questions at City Hall and opposed spending proposals when they didn't provide direct benefits to current residents.

As you know, people are more than just their resumes. Some of the things I am most proud of are working at the State House to help connect residents with crucial benefits to help them put food on the table during the height of the pandemic, speaking at public hearings against the compressor station, working with the Point Webster PTO to deliver much-needed new student lockers, taking the time to read to Clifford Marshall elementary school students, and celebrating the 100th anniversary of the Fore River clubhouse a few years ago with my neighbors.

I am also proud to have earned the endorsement of the Norfolk County Labor Council, IBEW Local 103, Bricklayers Local 3, Ironworkers Local 7, Carpenters Local 346, Plumbers & Gasfitters Local 12, and Labor-

ers Local 133. In closing, I believe everyone should have a seat at the table, each constituent concern (big or small) deserves the same level of urgency, and there's always more we can do to improve our neighborhoods. We're just getting started and I believe if we continue to work together and fight for Quincy families, we can make Ward Two and the City of Ouincy a better place to live, work, and raise a family. I humbly ask for your vote on Tuesday, Nov. 2nd.

To learn more about Anthony's candidacy, visit www.VoteAndronico.com or find him on social media at @AJAndronico.

Cont'd From Page 10

still continue go up year after year. It's time for homeowners and small businesses to get a break - a dividend for having to put up with the constant construction and increased traffic headaches. As your Ward 2 Councillor, I will work with our city officials to institute a 2-year moratorium on property tax increases. I will vote against any city budget that doesn't include giving a tax break to homeowners.

of ethics and equality from our municipal government - Donations to elected officials from developers and companies with City contracts should not be allowed. City jobs should go to those most qualified - not just to those who know the right people. Within my first 100 days in office, I will submit legislation to our City Council that will set a higher ethical bar in our city.

5) Demand a higher level

6) Increase amenities for our residents, through park improvements, a senior center at the Fore River Club House, and additional community events to celebrate the uniqueness of the neighborhoods of Ward 2.

Voters should elect me to the office of Ward 2 City Council because: Voters should elect me

to the office of Ward 2 City Council because of my extensive record of accomplishments in our neighborhood and across the city over the past 25 years. I led the effort to stop a proposed development of 140 condominium units at the top of Falls Boulevard, and secured \$3.3M for the city to instead purchase that 13-acre site and preserve it for open space, constituting the first expansion of Faxon Park in 70 years. I led the effort to pass the Community Preservation Act (CPA) in Quincy, which has gener ated \$27M for our city, with \$7M of that coming from the State. The CPA has funded great projects across Ward 2 and our city, from new playgrounds and outdoor classrooms at our schools, to open space preservation, to historic site restoration and affordable housing projects. I collaborated with Principal Ahearn at Clifford Marshall

Elementary School on a new Kindergarten playground in 2014, and worked alongside Principal Barrett at Point Webster Middle School to advocate for new lockers to replace the many broken ones students here had been dealing with for years. I started an environmental advocacy group in 2000 called the Quincy Environmental Network to protect and advocate for our city's natural spaces. I co-founded the Friends of Faxon Park, both in 2010 and then again in 2020 with neighbors in Penn's Hill. I helped organize and coordinate a youth group program at St. Joseph's Church.

I am a lifelong resident of Ward 2. I grew up on Arnold Street, where my parents still live, with my three brothers, Dan, Dave, and Don. My wife, Courtney, and I chose to start our family one street over, where we own a home on Ruggles Street. We are raising our three girls, Casey (13), MJ (11), and Hannah (10) here. I know the streets of Ward 2 inside and out, and I am committed to making life here better for my neighbors every day. I know firsthand the impacts that bad development and rising taxes have on working families.

Ward 2 needs a morale boost. We need more community events in our neighborhoods. We need more programs for our seniors and our youth. We need to celebrate the diversity of the many residents in our Ward. I'll organize more family events like the picnic at Faxon Park this past summer, reach out to residents in our senior buildings, and engage with members of our many religious institutions. The neighborhoods of Ward 2 are some of the best in the city. From Bradford Park to Faxon Park, from Mound Street Beach to the Souther Tide Mill, from the playgrounds at Clifford Marshall to the soccer fields at Cleverly Court, from Avalon Beach to Elm Street Park, we have much to be proud of. I want to foster an atmosphere in which we can engage with our neighbors, reconnect with old friends, meet new friends, and remember why Ward 2 is the best place in the city to live.

Election Day is Tuesday, Nov. 2

★ Ward 5 City Council ★ Candidate Profiles Page 12

* Candidate Profiles - Ward 5 Councillor - Nov. 2 *

Charles J. Phelan, Jr.

Name: Charles J. Phelan, Jr.

Age: 64 Address: 298 Fenno St., Quincy

Occupation: City Councillor

Municipal/Government/Relevant Experience: Current Ward 5 Councillor; Prior service as Ward
5 Councillor, 1988-95; City
Council President, 1992-93;
Chief Information Officer,
City of Quincy and Norfolk
County Registry of Deeds;
Director of Computer Services, Norfolk County Sheriff; Past President, Board
of Directors, Quincy Community Action Programs

If elected, my top priorities will be as follows:

(QCAP)

Protecting Our Neighborhoods.

Protecting the residential character of our neighborhoods from over-development and development that is too large and dense. While I am not opposed to smart development that is in harmony with our neighborhoods, I am mindful that over-development, or the wrong types of projects, can detract from the attractiveness of neighborhoods comprised of single and two family homes. These neighborhoods are the core and strength of our city. I am committed to protecting all the neighborhoods of Ward 5. When people decide to live in a community, they are looking for nice homes, good schools, and safe neighborhoods. As councillor, I want to protect those things. I am also mindful of the increasing traffic congestion that comes with development. That is something I have been working to address throughout Ward 5.

Revitalizing Wollaston Center

Working to improve the Wollaston business area is one of my priorities. We need to re-make Wollaston Center as an attractive, vibrant area for both residents and businesses. We have an urban revitalization plan under discussion that would explore development ideas, zoning changes and infrastructure upgrades. I am adamant that any development in this area must involve extensive input from the community. It must be harmonious with nearby residential neighborhoods, and I pledge to work with residents to hear and address concerns.

Accessibility and Responsiveness

It is imperative that a ward councillor be accessible to the people in the ward. There is nothing more



CHARLES J. PHELAN, Jr.

important for a ward councillor, and that has been my commitment from Day 1. I regularly meet with residents to gather input on issues, problems and developments that occur throughout the ward. Often the most important concerns a resident has are the things happening right on their street, right in their neighborhood, that have the most direct impact on their quality of life. Their concerns are literally my concerns, and I pride myself on promptly getting back to people and following through.

Protecting Taxpayers

I am ever mindful of my responsibility to be a fiscal watchdog, to oppose wasteful spending or risky spending initiatives. That is why this year I was a vocal opponent of the mayor's plan to acquire expensive property to establish campus home for Quincy College. I saw it as a risky and unnecessary proposition. I could not justify risking that amount of capital for a college with more than half of its student body coming from outside the city. I don't think Quincy's taxpayers ought to bear the burden of that cost or risk. I am focused on limiting spending wherever possible to protect all homeowners who struggle to pay property taxes, and I support programs to alleviate the tax burden on seniors living on fixed incomes.

Public Safety As the son of a Quincy police officer and the grandson of a Quincy firefighter, my unwavering commitment to support our police and fire departments, and the police officers and firefighters who work every day to protect our community and keep us a safe, is longstanding and steadfast. Public safety must be a top priority for any city councillor. Throughout my time in public service, I have worked closely and well with our public safety departments, whether as a councillor or as a city information technology administrator, and I will continue to do so.

Improving Traffic Flow One of the common complaints I get as councillor concerns traffic congestion throughout the city. This is an issue I have worked on with Ward 5 residents and the city's traffic department. I have been successful in addressing some of these traffic concerns and improving traffic flow at specific locations throughout the ward. This is something I intend to continue to work diligently on as councillor.

As a lifelong resident of Quincy's Ward 5, my roots in this city and in Ward 5 run deep. My wife and I homeowners in Ward 5, and we raised our family here. I know the neighborhoods. I know the families. I know the people who live here. People who have been here for generations as well as people who are relative newcomers to our city. I've been blessed to have the opportunity serve our community in many capacities: as a City Councillor; as President of Quincy Community Action Programs; as a Scout Troop Leader for St. Ann's Troop 20; as a member of the Quincy Lion's Club supporting its charitable activities; and as a City of Quincy

administrator. As Ward 5 councillor, I take a hands-on approach to the job, regularly scheduling neighborhood meetings to hear residents' concerns before making decisions on an issue. If a neighbor needs help with a problem in the neighborhood, I will often come to their door to listen and address their concern. I have been known to help a constituent pump out a basement after a flood event. Residents know they can depend on me.

During the last two years, and even before I was elected, I met with Hospital Hill neighbors to hear concerns about the development at the former Quincy Hospital site. I spoke out strongly against the project as being too large and too dense. When residents complained of Airbnb guests causing disruption and noise in Ward 5 neighborhoods, I quickly responded by getting an ordinance enacted to prohibit short-term rentals in Residence A neighborhoods; strictly regulate all short-term rentals in the city; and give authority to the Inspectional Services Department to impose fines or shut them down. When a development for the former Beachcomber property was in the planning stages, I quickly acted to preserve the property as open space - thereby protecting nearby neighborhoods from unwanted development.

Cont'd On Page 13

Stephen Christo

Name: Stephen Christo
Age: 64
Address: 42 Standish
Ave., Quincy, MA 02170
Occupation: Retired

Education: After graduating from North Quincy High School, I attended Suffolk University where I received a BSBA with a major in Accounting. While I was working in Public Accounting and raising my family, I obtained a Master's Degree, specializing in Taxation from Bryant College and shortly thereafter I became a CPA.

Municipal/Government/Relevant Experience: Discover Quincy Board Member

President of the Thomas Crane Public Library Foundation

Quincy College Adjunct Professor

If elected, my top priorities will be resident responsiveness, government transparency and greening Quincy.

My plan to be successful as Councilor of Ward 5 focuses first and most importantly on being responsive to all residents. I will return all calls and work as hard as I can to meet all your expectations. Whether it is a request for a street light outage, damaged sidewalks, road maintenance or any service you may need assistance with, I will be there for you.

I am committed to government transparency. I commit to providing on my website all of the informa-



STEPHEN CHRISTO

tion that I will be asked to vote on. I plan to rely heavily on my financial background to ensure the best result for our residents. There will be no surprises and you will know how I will plan to vote based on your input. I will not change my position at the last minute. Further, any legislation that I sponsor or participate in I will represent the position of our ward. I will not vote or change my vote for political convenience.

I want Green initiatives to be a priority for Quincy. While Quincy has made some progress in this area I plan to draw upon the experts and see how we can develop a long-term plan to address the climate issues that are affecting us now and will in future. It would be a great thing for Quincy, the City of Presidents, to lead in Green initiatives.

Voters should elect me to the office I seek because

As the Ward 5 Councillor, I will prioritize the needs and desires of my constituents. I will listen to all of the residents, return your calls and work as hard

as I can for you to resolve any and all concerns you have. I will be there for you.

I am a proud lifelong Quincy resident, and North Quincy High School graduate. My wife Mary and I raised 3 daughters in the Quincy Public School system, and we are proud to see our grandchildren continue to the Christo tradition of a great public education. We are a Quincy family through and through.

In 2013, I retired from Turner just in time to focus on the responsibility of aging parents and grandchildren on the way. During this time, I decided that it was time for me to give back to the city I call home. I joined the board of Discover Quincy, became the President of the Thomas Crane Public Library Foundation and taught accounting at Ouincy College. After many years of seeing opportunities to make a difference in Ward 5. I decided to run for councillor in 2019.

As the Ward 5 City Councillor I will be available to and transparent with all my constituents. I am in this race because I believe our voices need to be heard at city hall. Quincy is a city with so much potential, and Ward 5 in particular has a lot to offer longtime residents and new ones. If elected, I will be a voice on the council for our Ward, and I will ask my constituents for input on major decisions put up for a vote.

It would be an honor and privilege to represent the city that I love. I humbly ask for your vote on Election Day – Tuesday, Nov. 2nd.

Vaccination Linked To The Reduction Of 6,000 COVID-19 Cases, 2,500 Hospitalizations, 900 Deaths Among Seniors In Bay State

Cont'd From Page 9

pitalizations, and infections, linked to vaccination rate increases. Texas and Hawaii were excluded from this analysis due to data reporting limitations. American Indian and Alaska Native Medicare beneficiaries saw the largest vaccination-related percentage decrease in SARS-CoV-2 infections, hospitalizations, and deaths. The study also found that vaccines were linked to a reduction of about 5,600 deaths among nursing home Medicare beneficiaries, a group that was disproportionately impacted by the pandemic.

The report further underscores why it's critically important to get all eligible individuals living in the United States vaccinated against COVID-19, officials said. The study found that high vaccination rates for all adults were even more protective for Medicare beneficiaries than just a high elderly vaccination rate on its own. The COVID-19 vaccines protect communities by reducing infections, deaths, and hospitalizations.

Recently, Secretary
Becerra issued a directive,
effective September 25,
authorizing all CDC COVID-19 Vaccination Program
providers to make available and administer PfizerBioNTech booster doses to
all people who are eligible.
This includes seniors over
age 65. The science has
demonstrated this authorized booster can provide

added protection to seniors. The Centers for Medicare and Medicaid Services also issued a reminder to Medicare beneficiaries that all COVID-19 vaccines, including the authorized booster will be covered without cost-sharing.

To find the ASPE report, visit: https://aspe.hhs.gov/reports/covid-19-vaccination-rates-outcomes.

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Candidate Profiles - School Committee

Emily Lebo School Committee

Cont'd From Page 6

I have maintained these licenses because I continue to work in the education field as a consultant to schools, mainly on their interactions with the MA Department of Elementary and Secondary Education (DESE) on their accountability data. I am well versed on the reporting requirements that DESE has in place for schools and districts, and I have a thorough understanding of assessment and accountability data. I have written successful grants for Quincy, Boston, and vocational schools in the Greater Boston area, all worth millions of dollars.

I'm proud of my accomplishments while serving on the School Committee. I recently chaired a taskforce on updating our homework policy, soliciting input from parents, educators, and students. This put in place a policy that allowed teachers more control over homework and ensured that family time would be improved with limits on when and how much homework would be assigned.

I also championed the reinstatement of Health Educators at both the middle school and high school levels and beginning in Sept. 2021, they are now fully in place.

Additionally, I asked for a collaborative meeting with students, teachers, and administrators from both high schools to find ways to add diverse authors to the ELA curriculum in all four grades. To accomplish this student leaders and teachers read suggested titles and then choose books they wanted included in the ELA curriculum. I brought their recommendations to the Superintendent to ensure the funding for this proposal

As a past president of the Wollaston Garden Club and a member of Quincy Climate Action Network, it was a logical step for me to join the Mayor's Composting Task Force. We hope to pilot composting in our school cafeterias soon.

would be in place.

My husband Stu and I have been Quincy homeowners for 46 years with our three sons attending Quincy Public Schools. They and their wives are now Quincy homeowners with six of our grandchildren attending Quincy Public Schools. One son is also a small business owner here in Quincy.

I am committed to our city, our families, and our schools. I would love to continue to do this very important work for our community and humbly ask for your vote on Nov. 2nd.

Liz Speakman **School Committee**

Cont'd From Page 7

In March, 2021 I realized that calling and writing letters to the administration, school committee and parents wasn't enough. I needed to be part of the solution and announced my candidacy for Quincy School Committee. I take the motto, "see something, say something" to heart; we have an excellent school system and there is still room for improvement. I will bring a unique perspective to the school committee and I have the skills and experience to help our community build the future of Quincy Public Schools.

Qualified

I am a proud Quincy Public Schools parent of pre-K and elementary school-aged children and a social worker. I have 20 years of professional experience in social justice, counseling, and advocacy. Over the course of my career I have been invited to speak about my design and implementation of groundbreaking protocols and policies at national and international conferences; I have provided counseling to hundreds of domestic violence survivors; I have educated, trained, and provided consultation to thousands of professionals from various

I am an active community member involved with my own school and throughout the school district. My father built a construction business from the ground up while my mom practiced nursing and raised five children. We were all taught to work hard and be part of the solution in our community. My husband and I are passing those core values on to

Compassionate

I believe that children are the heart and soul of a

community and we need to center our decisions on their well-being. In order to learn and succeed in school students need to feel safe, feel valued, and feel they belong; if our young people are distracted by worries, anxiety, or depression, they can't bring their best self to their education.

I have spent many years introducing traumainformed approaches into medical, criminal justice, and local government settings. One of the key tenets of trauma informed systems is ensuring we care for the caregiver. When you board a plane, you are instructed to put your own oxygen mask on before the person for whom you are caring. If you can't breathe, you can't effectively help someone else. We need to ensure our educators and staff have the resources they need to care for our students.

Collaborative

As a mental health clinician and advocate, I bring a curious mind and open heart to my interactions with others. I believe the best solutions come when we bring people with different perspectives and backgrounds together. Our diverse campaign team is a living example of this value.

I have experience working with city officials, local agencies, and community members to create new policies and train different municipal departments including the fire and police departments, and housing authority. My collaborative, community-wide Trauma-Informed Initiative has become a national model.

Serving on the Quincy School Committee will be a continuation of my life's work and commitment to an equitable school system for all families.

All are welcome to join

Rose Cristiani Pope, birth-

day coordinator for cake, ice

cream and entertainment.

There is no cost to attend

Call 617-376-1506 to re-

and all are welcome.

day, Nov. 2nd.

Courtney Perdios

School Committee

Cont'd From Page 6

some privilege to be able to speak up for our students and advocate for families and teachers, while working to make lasting change and improvements in our school system. I would love the opportunity to continue this work. I respectfully ask for one of your three votes for

School Committee on Tues-

Endorsed by:

Quincy Education Association (Quincy's Teachers' Union), Norfolk County Central Labor Council, IBEW Local 2222, Tunnelworkers Local 88, Iron Workers Local 7, Roofers Local 33, and Laborers Lo-

Candidate Profiles - Ward 5 Councillor -

Charles J. Phelan, Jr. Ward 5 Councillor

Cont'd From Page 12

Serving as Ward 5 councillor is a commitment that I have made to the community where I live and to the people and neighborhoods I represent. It's my job to be their voice at city hall. I have the experience and a proven track record to be

that voice - to be a councilor you can count on to get the job done. I look at holding elected office as a privilege that carries with it a public trust. I have worked hard to earn that trust and, if reelected, will continue to work hard every day for the people of Ward 5.

Birthday Celebration Oct. 20

Hamel-Lydon Chapel and Cremation Service of Massachusetts will be celebrating birthdays and life at the Kennedy Center, 440 East Squantum St., North Quincy on Wednesday, Oct. 20 at 1:30 p.m.

serve your spot. Bereavement Support Group

Michelle Lydon, funeral director of Hamel-Lydon Chapel & Cremation Service of MA, will be facilitating a monthly bereavement support group at the Quincy Council on Aging, 440 East Squantum St. on Thursday, Oct. 28 from 1 to 2 p.m.

The monthly group provides a space of support and sharing for those who are grieving the loss of a loved one. This month's group will feature guest Lori Scott of Lori Scott Yoga in Wollaston who will lead the group in a guided meditation focusing on mindfulness skills for grief and finding peace and refuge in a time of great loss.

There is no cost to attend and all are welcome. Call Rose Cristiani Pope at Hamel-Lydon Chapel (617)472-5888 for more in-

If I Die, What Happens To The Social Security **Taxes I Paid?**

By RUSSELL GLOOR **National Social Security Advisor** at the AMAC Foundation, The Non-Profit Arm of the Association of Mature American Citizens

Dear Rusty: I have heard that when my wife and I pass, the government keeps all we have paid into social security. Is this correct? Signed: Curious Senior

Dear Curious: The Social Security taxes paid while you and your wife were working weren't deposited into a personal account for each of you; rather they were used to pay benefits to those collecting Social Security at the time. That's the way the program has worked since enacted in 1935 and the way it still works today. The money you contributed has already been used to pay benefits to others. However, hopefully you and your wife will live to claim your own benefits, and what you get when you claim will be based upon your earnings record over your entire lifetime (up to earnings you paid Social Security FICA payroll taxes on). Those historical earnings are adjusted for inflation and your lifetime average monthly earnings amount is determined, from which your base benefit is calculated. Just as you and your wife helped pay for those getting SS benefits while you were working and paying into Social Security, those now working and paying into the program will help pay benefits to you

You may be interested to know that studies show most workers get back everything they've personally contributed to Social Security within about 3 to 5 years of starting their benefits. One study I'm familiar with looked at how long it would take the average Social Security recipient who starts benefits at full retirement age (FRA) to get back money equal to what they paid into SS. That study looked at four different hypothetical earners - one who earned only half of the national average wage index (AWI) for their lifetime; another who earned 100% of the national AWI for their lifetime; another who earned 150% of AWI for their lifetime; and yet another who earned the maximum annual payroll tax cap for their entire lifetime. The study then figured how much each of those individuals would have paid in Social Security payroll taxes over their 35 highest-earning years (which is what SS benefits are computed from). Then, the study looked at what their SS benefit would be at full retirement age and calculated how long it would take for each to recover the Social Security FICA taxes paid over their lifetime. The analysis revealed that the lowest earning beneficiary would get back everything paid into Social Security within about 34 months, and the highest earning beneficiary would get back everything paid within about 63 months. For clarity, this study looked at employed workers who pay Social Security FICA taxes; those who are self-employed and who must pay both the employee and employer portion of SS tax must collect benefits longer to break even.

So, the answer to your specific question is that the money you and your wife contributed to Social Security while you were working has already been used to pay benefits for others who were getting benefits at the time you paid into the program. Hopefully, by the time you and your wife pass you both will have received considerably more in Social Security benefits than the taxes you paid into the program while you were working. If you were an employee, you only need to collect benefits for about 3 to 5 years to be ahead of the game.

One final note for those who contend they could do better investing that money on their own: Not paying Social Security tax on employment earnings isn't a personal option.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@ amacfoundation.org.

Bank Of Canton Promotes Executives Christopher Lake, Michael Lindberg

Bank of Canton announces the promotions of two members of its executive team.

Christopher Lake has assumed the role of senior vice president/chief financial officer, replacing John Sweeney who retired in September after nearly 15 years with the bank. Michael F. Lindberg has been promoted from senior vice president/senior lending officer to executive vice president/senior lending officer.

"I am very pleased to announce the promotions of these two highly qualified and deserving senior managers," said President and



CHRISTOPHER LAKE (left), Bank of Canton's new senior vice president/chief financial officer, and Michael F. Lindberg, executive vice president/senior lending officer.

"Each has fulfilled their roles with a blend of expertise, vision and leadership, which they bring to their

Photo Courtesy Bank of Canton CEO Stephen P. Costello. new positions and will help guide our organization into the future."

Lake has served as Bank of Canton's senior vice pres-

ident/chief risk officer since 2020. Among his previous financial roles, he served as the chief financial officer and treasurer of Peoples Federal Savings Bank in Brighton and as senior vice president at Rockland Trust Company. Early in his career, he was a senior bank examiner for the U.S. Treasury Department, Office of Thrift Supervision in Boston. A Norwood resident, Lake holds a B.S. in Finance from Bentley College and an M.B.A. from the University of New Hampshire.

Lindberg joined Bank of Canton in 2015 after 29 years in commercial lending, including several executive positions at large financial institutions. He continues to be responsible for the performance of the bank's commercial loan portfolio, and, as executive vice president, he now also oversees the performance of the bank's retail branch network. A graduate of Bryant College with a B.S. in Finance, he lives in Attleboro with his wife, Dawn.

Bank of Canton's board of directors approved the promotions last month. Both Lake and Lindberg continue to report directly to Mr. Costello.

Liz Kim Director Arbella Insurance Group

The Arbella Insurance Group announces the appointment of Liz Kim as the newest member of its Board of Directors. She will be joining chairman, John F. Donohue and vice chairman, Francis X. Bellotti in her new advisory role.

"We are honored to have Liz continue her journey with Arbella," said Donohue. "She has been a strategic team member in the Arbella family for many years and she represents our values to the core. We are excited to continue relying on her expertise and knowledge of the industry and our business. We have no doubt that her passion for people, relationships and Arbella will shine through her counsel as a Board member."

This is a natural transition for Ms. Kim, who retired from Arbella's Claim department in June 2020 after 32 years with the company. During her tenure at Arbella, she oversaw a variety of departments in the Claim organization. One of her most impressive accomplishments was building Arbella's Claim Service Center from the ground up in 2007. Since then, she worked to make it the world-class claim service provider that it is today. While in her role



as assistant vice president, Ms. Kim provided stability, employee guidance and coaching, and built strong relationships with Arbella's independent agents and colleagues.

"Liz has always been a consummate claim professional as well as a longtime Arbella champion and cultural leader," Donohue added. "Her experience and history working in the insurance industry puts her in a great position to provide meaningful input to continue driving Arbella's business forward."

Ms. Kim holds a BA from Boston University and currently lives in Scituate. Passionate about volunteerism, she also serves on the Board at Father Bill's and MainSpring, a regional leader of services to prevent and end homelessness.

Quarry Museum, Archaeology Month

Granite Workers Museum will be participating in Massachusetts Archaeology Month with tours of the historic Lyons Turning Mill remains and artifacts scattered around the mill site. The Lyons Mill site is the only remaining remnant of

The Quincy Quarry and Quincy's rich granite history. Photos and interpretive information and artifacts will be on display.

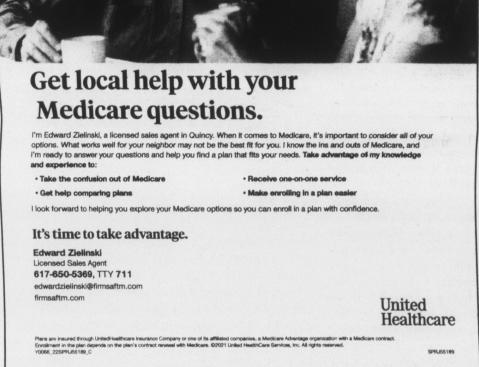
Massachusetts Archaeology Month began in 1992 as Archaeology Week and has been expanded to Massachusetts Archaeology Month and now is a month's

long celebration of archaeology in Massachusetts and around the world. Museums, libraries, archaeologists, and many more people and institutions will be joining Secretary of State Galvin and state archaeologists in hosting exhibits, lectures, walks and events for adults, children and teachers.

The Quarry Museum will be open for viewing. The Museum takes the visitor on a walk through the granite history from the geology of Quincy's granite and the first quarriers in Quincy, the Native Americans, to the end of the granite industry in Quincy.

The Quarry Museum's activities at the Lyons Turning Mill will be on Saturday, Oct. 16th, 11 a.m. to 3 p.m. The Lyons Turning Mill is located on Quarry Hills Drive off of Ricciuti Drive. West Quincy. Directions from Curry's Hardware, Copeland Street, proceed under expressway, stay to right to stop sign. Proceed across exit 8 ramp onto Ricciuti Drive to end and right on to Quarry Hills Drive. Turning Mill will be 100 yards on left.

For information call the museum at 617-472-1322 or visit the museum's web site at www.quincyquarrymuseum.org.



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· Proud Quincy Public Schools parent

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- · Licensed social worker dedicated to trauma-informed care
- Active community member and advocate

¥ Vote Liz Speakman on November 2

votespeakman.com



QArts Gallery Opens Saturday At 1229 Hancock St.

Mayor Thomas Koch, the City of Quincy and The Quincy Art Association, along with its sponsors Granite City Electric Supply Company and Quirk Auto Dealers, WAC Lighting and Sign Design, announce the grand opening of the QArts Gallery at 1229 Hancock St. in downtown Quincy.

To mark the gallery's debut, the exhibition will begin with a curated members

showing. All artwork is available for sale. A private reception and ribbon cutting will be held on Friday, Oct. 15th at 6:30 p.m. The gallery will open its doors to the public on Saturday, Oct. 16th at noon.

Ellyn Moller, president of the Quincy Art Association, said, "The QAA has been a valuable resource for decades, and a vital link between local artists and

communities well beyond Quincy. Our members are the driving force behind the public outreach, devoting time to not only to their craft, but by lending their professional expertise in areas like teaching classes and workshops, coordinating art exhibits and several annual events, addressing our fundraising, marketing and graphics needs, maintaining

our office and studio space, and now as we are about to open the QArts Gallery, we are staffing our hours of operation with volunteer mem-

"With the support of Mayor Tom Koch, the City of Quincy and community sponsors, such as Granite City Electric and Quirk Auto Dealerships, everyone has opportunities for enriching their lives through art, whether you're a creator or a patron. This is such an exciting time for the QAA and we look forward to continuing our mission for many years to come."

Beginning in November, Q.A.A. will host a small works exhibit along with a themed Faire Saturday as well as art students' thesis show, an art in fashion

exhibit featuring original designs and museum quality glasswork, jewelry and pottery. Paintings in oil, watercolor, pastels and acrylic along with sculptures will all be on display.

The Quincy Art Association is a non-profit organization dedicated to the teaching of the visual arts since 1979. For more information visit quincyartma.org.

Looking Closely: My Garden' Photo **Exhibit At Library**

during open hours, The Thomas Crane Public Library in Quincy invites the public to view this month's exhibit featuring the photographic works of artist, Linde Eyster, "Looking Closely: My Garden."

Eyster's colorful and intriguing project is on display for patrons and the public alike. Regular hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m., and Sunday, 1 to 5 p.m. Visit the Crane Library website for holiday closures.

In her local garden the size of a small classroom, on.

Now through Oct. 31, retired biology teacher Linde Eyster photographically documented the diversity of arthropods that she found over a ten-year period. Because the insects, spiders, and centipedes rarely sat still, she had to hand hold the camera with no tripod, and patiently follow the animals as they moved around.

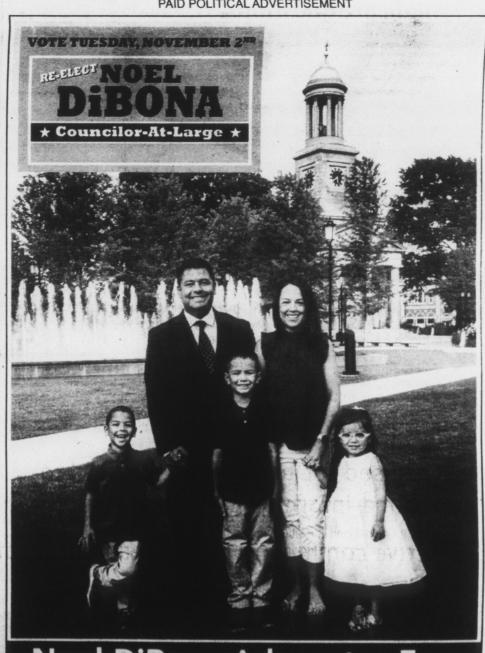
All of her photographs were taken with a macro (close-up) lens, in natural light (no flash), and all the arthropods were photographed unrestrained and unharmed on whatever vegetation or surface they were



SOUTH SHORE AUTISM Center at 218 Willard St., West Quincy recently marked its grand opening with a ribbon cutting ceremony. Front row from left to right: Janet Batson, Maureen Geary, Councillor at-Large Noel DiBona, Mayor Tom Koch, owners Matt and Erin McLoughlin, Ward 4 Councillor Brian Palmucci, Quincy Planning Director James Fatseas, Scott Galvin and Quincy Chamber of Commerce President Tim Cahill. Back row: Sean Galvin, Elizabeth MacIntyre, Jim Scribbi, Michelle Sullivan, Claire McManus, Meredith Rees, Jessica Brooks and Kathy Galvin. Photo Courtesy Quincy Chanber of Commerce

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Noel DiBona Advocates For:

Education • Schools • Technology • New Playgrounds

Parks • Tree Plantings • New Roads • Sidewalks Seawalls • Programs for Senior Citizens & Veterans

Vote Noel DiBona Councilor-at-Large

Quincy High School Students Earn National Merit Scholar Accolades

nounces seniors Maurice strated outstanding poten-Ampane, Amyah Davis, Natalya Desmond, Maya Dijkstra, Zachary Donahue, and Cassandra Gordon have been recognized as Commended Students by the 2022 National Merit Program for their performance on the 2020 Preliminary SAT/National Merit Scholarship Qualifying Test.

Each of these outstanding students placed in the top 3% out of over 1.6 million students who participated in the exam. "The young men and women being named Commended Students and

Semi-Finalists have demontial for academic success," commented a spokesperson for NMSC. "These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of educational excellence in our nation.

"We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success."



SIX SENIORS at Quincy High School have been recognized as Commended Students by the 2022 National Merit Program for their performance on the 2020 Preliminary SAT/National Merit Scholarship Qualifying Test. They are (from left to right) Natalya Desmond, Amyah Davis, Zachary Donahue, Maurice Ampane, Maya Dijkstra, and Cassandra Gordon. Photo Courtesy QHS

Quincy College Hosts Biotech, Life Sciences Roundtable

Representatives of the Massachusetts Life Sciences Center (MLSC) and Quincy Public Schools joined Quincy College administrative leaders and faculty for a roundtable discussion hosted by the College about the critical importance of expanding educational opportunities in biotechnology to respond to increasing workforce demand.

Quincy College President Dr. Richard Decristofaro and MLSC President Kenneth Turner led the discussion which focused on

how to build on the success of Quincy College's Biotechnology and Compliance program - established in 2010 and regularly funded in part in the years since by significant MLSC capital grant investments- which continues to successfully educate and train workers each year to enter the biotechnology field, where demand for employees continues to exceed supply.

"MLSC is laser-focused on workforce development and, by any measure, the Quincy College biotech-



KENNETH TURNER, president of the Mass. Life Sciences Center, met with students in Quincy College's biotechnology and compliance program during a recent visit that highlighted the College's record of success in educating and training workers for



My Family Doesn't Approve of My Partner!

When building a new relationship, it is amazing when your partner is welcomed into your social circle. However, what can you do if your family or friends are not supportive of the person you're with?

Initially, you may want to react defensively and shut them out or keep your relationship a secret. However, it is important to first understand the nature of their concern. Do they not approve of the way your partner treats you? Do they notice warning signs like jealousy, possessiveness or control? If other family members and friends have raised similar concerns, then it may be worth listening and taking time to evaluate the relationship.

However, if their reasons include factors such as your partner's race, religion, sexual orientation, or other identities, this can be hurtful and challenging to navigate. Disapproval of someone based on these identities is called prejudice and that has more to do with them than your partner. How you approach this depends on what kind of relationship you have with your family and friends. Do you depend on them financially? Do you feel safe expressing your opinion?

While these conversations are complex and difficult, the key is to remain respectful. Once you've heard your family or friend's concerns and considered their opinions, thank them for caring and set a boundary moving forward. Depending on the nature of their concern, you can decide if you want to continue to seek out their support. Ultimately, the choice of which partner is best, is up to you. Check out DOVE's website for more information on healthy relationships.

Please visit our website to learn more ways that you can get involved: www.dovema.org

24-Hour Hotline: 617.471.1234 or 1.888.314.DOVE (3683) Community Advocacy & Prevention Services 617.770.4065

nology and life sciences program is a true success story," said Turner.

"Consistently, more than 90 percent of graduates whether they earn a twoyear Associate's degree or a one-year certificate - gain employment in an industry where jobs are readily available and companies are anxious to fill them. The investments MLSC has made in Quincy College has established a valued partnership in creating opportunities for people seeking challenging, meaningful work in Massachusetts' fastest-growing field."

Quincy College has received six MLSC grants totaling more than \$1.4 million for the college's Biotechnology and Compliance program. Through MLSC's Internship Challenge, which creates hundreds of new internship opportunities each year for college students and recent graduates interested in life sciences careers, the MLSC has funded 33 such internships for Quincy College students.

Quincy Public Schools has also benefited from MLSC funding, receiving three capital grants totaling more than \$490,000. This year, the district will receive nearly \$225,000 to implement - in partnership with Quincy College - an inquiry-based, hands-on, lab-focused curriculum for 2,200 students through investment

in professional development for 250 teachers and capital equipment and technology upgrades for 21 classrooms across five middle schools.

The Quincy College Biotechnology and Compliance program prepares students for employment as biomanufacturing technicians in state-of-the-art manufacturing facilities.

Students are taught upstream and downstream bioprocessing from tissue culture through product validation while following good manufacturing processes. Students also learn relevant industry lab skills, documentation, and operation of equipment and soft-

During his visit, MLSC President Turner also noted the diversity of the College's program: the majority of students enrolled are those of color, and there has been significant growth in female and Asian students enrolling and graduating from the program in the past five years.

About 80 percent of students enrolled in the Biotechnology and Compliance program are between the ages of 18 and 44.

"Over the past decade, Quincy College's partnership with the Massachusetts life Sciences Center has helped establish and grow a curriculum that has benefited not only our students but biotechnology and life

sciences employers across the region," said Dr. DeCristofaro. "We're delighted to be recognized by MLSC for our successful track record and look forward to exploring additional creative ways to join them in their workforce development initia-

tives." "The life sciences can be a key driver to bring people back to work and help many others find new career opportunities in a thriving sector in our innovation economy," said Massachusetts House Speaker Ronald Mariano (D-Quincy). "Through the Commonwealth's investment in the life sciences, Quincy College is uniquely positioned to serve residents of the South Shore and across Massachusetts by providing hands-on training to prepare students for careers in biotech and biomanufacturing."

"With so many still underrepresented in the life sciences and STEM workforces, it's important we work to ensure careers in these areas are accessible to everyone," said Sen. John Keenan (D-Quincy). "Thanks to partnerships between organizations like Quincy College, the Massachusetts Life Sciences Center, and Quincy Public Schools we are engaging young people early to let them know these opportunities are available to them."

Post of the District Stern Thursday (Wiches 14 20)

Quincy Masons Invite All To Tour The New Masonic Building This Saturday

Ever wonder what the inside of a Masonic building looks like?

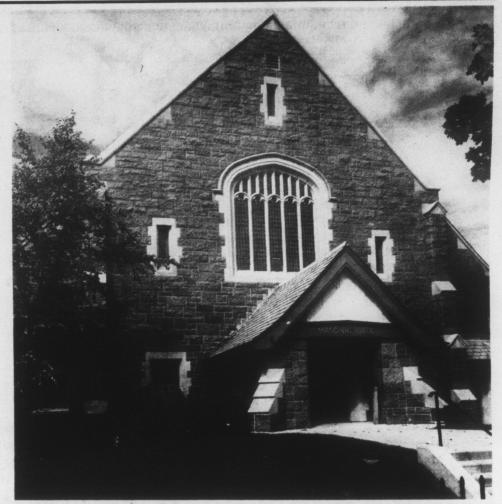
This Saturday, Oct. 16th, the Freemasons of Quincy will offer all comers a rare glimpse of the impressive building from 9 a.m. to 3 p.m. There has been much popular speculation about the ancient craft of Freemasonry. Who are the Masons, and what do they do in their secretive meetings? Are the Masons a prestigious club for gentlemen, and are they substantial donors to charity? Were Ben Franklin, George Washington and John Hancock Freemasons? This is a unique opportunity for you to ask questions and get answers.

The impressive building at 20 Greenleaf St. in Quincy was originally constructed a hundred years ago as a Christian Science church and has now been sympathetically converted for the use of the Masons of Rural Lodge. Many Quincy residents will remember the imposing colonnaded former Masonic building located downtown on Hancock Street, which was destroyed by a disastrous fire nine years ago in September of 2013. The façade of the building still stands, though the body of the edifice is de-

Many people ask why the

city's only Masonic lodge is called "Rural Lodge" - a unique name in Freemasonry. That's because when the founders chartered the lodge in 1801, they considered the town to be located in the countryside. At the start of the lodge's history, they held a banquet for the Grand Master from Boston as well as the town fathers, including John Adams and John Quincy Adams. Much has changed in Quincy in the last 220 years, so that now the Masonic group is one of the oldest institutions in Quincy... and still going

Come visit this Saturday at the Masonic Open House. Bring family and friends.



THE NEW QUINCY MASONIC LODGE at 20 Greenleaf St., off Hancock Street. The Masons invite all to view the interior this Saturday, Oct. 16 from 9 a.m. to 3 p.m. Courtesy Photo

Council Candidates Discuss Environment At Virtual Forum

Cont'd From Page 2

propriate manner.

"We really need to make sure we are communicating in the appropriate languages and then also using metaphors and analogies to really tie that story together, and then combining that with really good storytelling," Mahoney said. "Climate change has to be impacted to everybody – if we're are all not on the same board, then we are not probably going to be able to do this."

The two candidates running to represent Ward 1 on the City Council are incumbent David McCarthy of Whitney Road and challenger Joseph Murphy of Macy Street. The two also faced off in 2017 and 2019.

The candidates were asked what they have done to help out the environment, either professionally and personally.

McCarthy said he is focusing on the wetlands in his ward, as well as the ongoing seawall replacement work.

"I try to...pay attention to the marshlands, the wet-lands that are in the ward, together with working the seawall project and working with other projects down there on the coast line," McCarthy said. "I would continue to stay focused on the seawall project that we are wrapping up now, phase one, and also stay on top of the next project that is coming up, which is phase two."

Murphy said he joined QCAN after the 2019 election and has been active in the group since.

"I fell in love with the organization and since then I have been involved in a lot of our initiatives," Murphy said. "Most notably, I was

very involved in our awareness campaign for the single-use-plastic-bag ban and the switchover to reusable bags. I have written letters to the editor on behalf of QCAN and have just shown up and not been satisfied with the status quo."

They were also asked if Quincy should adopt the new net-zero stretch energy code that is currently being developed by state officials. Quincy adopted the state's current stretch energy code in 2010.

McCarthy said he thought the net-zero possibility was a "reach," and he would need to look further into the idea.

"I would have to look at this a little deeper to make sure that if we came up with an ordinance or we agreed with an ordinance, that it was going to work, and that it was going to work the best way for all of Quincy, the folks that are developing and the folks that are living here," McCarthy said.

Murphy said he would support adopting the new net-zero stretch energy

"What we would be doing it by embracing it again is letting the builders and developers know that we are going to always want the best for our city," Murphy said. "Net-zero is a reach and every time you feel like thinking net-zero is a reach, remember the planet is on fire and we need to reach a little bit. Holding hands to the fire is our job – or it will be if I am elected."

In Ward 2, incumbent Anthony Andronico of Endicott Street – who was appointed to the seat in January – is facing off against challenger Steven Perdios of Ruggles Street.

The Ward 2 candidates were asked what they have done to help out the environment, personally or professionally.

Andronico said he has worked to oppose the North Weymouth compressor station as an elected official and as a legislative aide on Beacon Hill. Andronico also pointed to work he accomplished while serving on the School Committee.

"When I was vice chair, I fought for and was ultimately able to work with my colleagues to transition away from Styrofoam products at all of our lunch programs [and] implement a composting pilot program within Quincy Public Schools,"

Andronico said.

Perdios said he is a QCAN member and had previously founded the Quincy Environmental Network.

"We had a whole ten years' worth of successes for the environment," Perdios said. "I led the effort to bring the Community Preservation Act to the city of Quincy. That has radically changed our city for the better. It's brought in millions of dollars and we've seen improvements in our environment from one end of the city to the other."

They were also asked to identify the first thing they would do to help the environment if elected.

Andronico said he would

reassess bike and pedestrian infrastructure in the city.

"The bike paths we have

right now don't really encourage their use. They are on a busy roadway, there is really nothing separating the bike path from the busy streets. I think we can make it more user friendly and that is something we should take a look at," Andronico said. "I know not everyone

to start biking and walking."

Perdios said he would
like to meet with QCAN to
discuss possible ideas.

is a fan of bike paths, but

we have added over 10,000

people in the last decade -

we're going to need people

"The first thing I will do regarding the climate and environment is call

you guys. Already just in tonight's meeting, there is dozens and dozens of really good ideas," Perdios said. "QCAN actually did this a couple years back – you had a roundtable where environmentalists got together and spitballed ideas and came up with some great ideas. We need to do that again, because you can't do everything at once."

In Ward 5, incumbent Charles Phelan of Fenno Street is opposed by Stephen Christo of Standish Avenue. Phelan and Christo ran against each other in 2019.

The candidates were asked how they would encourage more residents to

Cont'd On Page 25

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Real Estate

Quincy Real Estate Transactions Oct. 4 - Oct. 8

Transactions are compiled by the Norfolk County Registry of Deeds

Charles Haritos & Laura Diamond

AMOUNT

\$620,000.00

\$580,000.00

\$549,000.00

\$237,500.00

\$400,000.00

\$769,000.00

\$1,220,000.00

SELLER Laura J. Cunningham Zhi Li & Chenchen Pei 400 Highland Avenue Realty Trust Maria Keleher Sharon M. & Robert Rector Estate of James J. Donahue Chau Mai 178 South Street LLC PT Investments LLC Xiongqing Wen, Yichuang Liang, Bijun Xu & Yizhu Liang John M. O'Donovan Gloria J. Hannon Jeffrey Peyton & Sean Bradley Carol A. Leman & Kimberly A. Nadeau 52-56 Hilda Street Realty Trust Kevin F. Broughton & Caroline D. Henning-Broughton Collin D. McCarthy Denton J. & Maria R. DeLoss 178 South Street LLC Donna T. MacLeod Trust-2011 10. Homestead Avenue LLC

Yuan Q. Cheng 84 Wesson Avenue LLC Sharon M. & Courtney Rector Lyle Swartz Carly E. Spink & David Collamore Richard Albert Christopher M. Cara Donna Revocable Trust Christine E. Nicholas Trust-2011 & Carol A. Vasconcellos

BUYER

May M. Bumar

\$650,000.00 \$585,000.00 Trung Pham \$1,100,000.00 \$910,000.00 Jin X. Zheng & Yan L. Huang \$633,000.00 Ling Miao & Xingjian Zhou \$810,000.00 Alexander & Katherine DeSanctis Hilda St. Realty Trust \$600,000.00 Nicholas E. Melaragno & Alexandria K. Bosenberg \$539,900.00 Matthew R. Jaros \$689,000.00 Alexander G. Dean & Anabella M. Czarowicz \$605,000.00 Lawrence J. Majchrzak, Jr. & Jaclyn A. Ventura \$649,000.00 PT Investments LLC \$650,000.00 First Washington 285 LLC \$210,000.00 \$499,900.00 Jian W. Chen & Ya X. Ma \$435,000.00 Wuck B. & Shu Z. Wong \$645,000.00 Qiaoxiu Li & Yu Cao Wing C. Kwan & Qiao Mei Situ \$465,000.00 Jesal & Megha Sangani \$1,215,000.00 Garry Tsang & Kai Tan \$330,000.00 Jackal S. Lin \$605,000.00

ADDRESS 25 Chatham Street a/k/a 50 Hooper Street 399 Sea Street, Unit B 400 Highland Avenue 84 Wesson Avenue 28 Dayton Street 200 Falls Boulevard, Unit B205 121 Phipps Street 178 South Street, Unit 2 12 Sewall Street 198-200 Highland Avenue 128 Independence Avenue

36 Town Hill Street, Unit 36A

167 Colonial Drive

52-56 Hilda Street

41 Newton Street 28-30 Grossman Street 121 Hillside Avenue 178 South Street, Unit 1 141 Madison Avenue 10 Homestead Avenue, Unit 2 24 Spaulding Street & 26 Spaulding Street 999 Hancock Street, Unit 311 750 Willard Street, Unit 4A 210 Centre Street, Unit 6

9 Preston Square, Unit 34 500 Washington Street, Unit 506 32 Amesbury Street

Register O'Donnell Sees Slowdown In Norfolk County

There appears to be a slowing down in the real estate indicators tracked at Norfolk Registry of Deeds in September 2021.

David Z.F. Yu & Lily K. Tong

Henry Vu & Phuong U. Nguyen

Melissa C. Buck

Alexander Frazer

Trust-2012

Yee T. Wong

"In Norfolk County there were 15,436 documents recorded at the Norfolk County Registry of Deeds which is a 10% decrease over last year's September document volume," said Register of Deeds William O'Donnell. "The numbers of mortgages recorded dropped from 4,639 to 3,761 representing a 19% decrease County wide from last year's September numbers."

Although there were less mortgages recorded the total amount of money borrowed for mortgages county-wide was well over 3 billon, a 75% increase compared to September 2020.

"While some of the mortgages are due to purchases and sales of real estate,

other mortgages are due to refinancing existing mortgages," O'Donnell said. "Individuals have different motivations to refinance. Some refinance to reduce their monthly payments, others to take some years off their debt while still others are using the money to pay for home improvements and other capital expenditures."

O'Donnell added:

"There has been a strong demand for housing, single family housing particular, coupled with a limited supply of available housing stock and historically low interest rates which could be motivating buyers to do what is necessary to secure housing. The communities of Norfolk County are desirable places to live which drives demand for housing. The number of deeds recorded in Norfolk County increased when September

617-479-1000

2020 is compared to September 2021. There was an 8% increase in last month's deed numbers with 1,833 deeds recorded compared to last year's September deed number of 1,697."

One continuing cause for concern, however in Norfolk County, was foreclosures. A moratorium on foreclosures in place during the pandemic in 2020 was lifted on Oct. 17, 2020. This moratorium was in place due to the COVID-19 pandemic. The Norfolk County Registry of Deeds has been closely watching the foreclosure market.

"During September of 2021 there were 7 foreclosure deeds recorded as a result of foreclosure processes taking place in Norfolk County," O'Donnell said. "Additionally, there were 10 Notices to Foreclosure Mortgages, the first step in the foreclosure process, recorded here in Norfolk County. A foreclosure recording is very impactful on those being foreclosed

September of 2020 on. there was 1 Notices to Foreclosure Mortgages and 2 foreclosure Deeds. "These numbers remind us that some of our neighbors continue to face financial chal-

'We will continue to monitor these numbers."

Additionally, for the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950 to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"If you are having difficulty paying your monthly mortgage," O'Donnell said, "please consider contacting one of these non-profit agencies for help and guid-

Homestead recordings by owners of homes and condominiums decreased this year at the Norfolk County Registry of Deeds in September. There was a 4% decrease in homestead recordings in September 2021 compared to Septem-

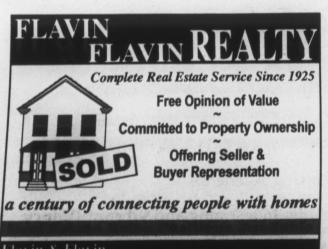
ber 2020. "A Homestead," noted O'Donnell, "provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. It is great to see folks protecting the biggest asset most of us have, our homes. I would urge anyone who has not availed themselves of this important consumer protection tool to consider doing so. Please visit the Registry website www.norfolkdeeds.org to get more information on homestead protection."

O'Donnell concluded: "Available real estate inventory continues to be a constant source of concern in Norfolk County. It's especially been a problem for first-time homebuyers attempting to crack the market. Also, things may be slowing down compared to past real estate indicators. The Registry of Deeds was operational every work day during the pandemic. The Registry of Deeds continues to be open to the public for business, however that is being evaluated as the COVID-19 developments

unfold. The drop-off box located outside the main entrance of the Registry Building for the time being will continue to be available for use by those members of the public who may not be comfortable in entering the Registry of Deeds Building. Land documents are being recorded electronically for many of our institutional users. We are also receiving documents in person, via regular mail, Federal Express and from those placed in our drop-off box located just outside our main entrance at 649 High St., Dedham, MA."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/ NorfolkDeeds or follow us on twitter.com/Norfolk-Deeds and Instagram.com/ NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders. municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds. org. Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.



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Hough's Neck **WW II Memorial** Rededicated

Cont'd From Page 1

Decaying and dead trees proved to be a huge task for the club's efforts to refurbish the site. In 2017, they went before the city's Community Preservation Committee requesting a grant that would fund a rehab project. The following year, the club was awarded the grant.

"The goal for this project was to clean up and replant the site and really showcase this beautiful monument,"

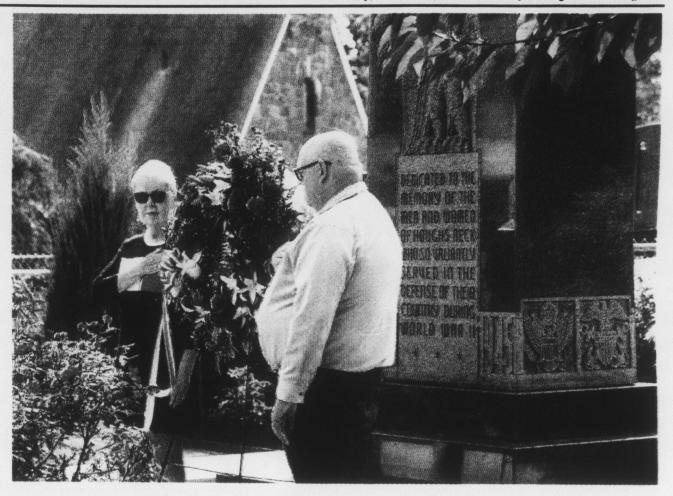
said Williams.

The club secured the help of the Quincy Park Department that removed the trees and tapped Ames Landscaping to plant new shrubbery and grass on either side of the new brick walkway that leads up to and extends in back of the monument.

The original memorial, erected in the 1940s, was a wooden honor roll that listed more than 500 Hough's

Cont'd On Page 20

JOANNE BYTHROW (left) and Leo Ladas, both who had relatives listed on the original Hough's Neck World War II Memorial, pause after placing a wreath during a rededication ceremony Oct. 2. Quincy Sun photo/Tom Gorman



Enjoy The Beauty And Science Behind Fall Color

By MELINDA MYERS

The brilliant fall color in our landscapes is a magical transformation that happens each year. And the science behind it is just as intriguing.

Each fall as the days shorten our deciduous trees and shrubs begin this transformation. The plants produce less of the chlorophyll that gives leaves their normal green color. The existing chlorophyll starts breaking down, revealing the underlying pigments of yellow, red or orange.

The carotenoid and xanthophyll pigments assist the chlorophyll in capturing light and producing sugar during the growing season. The beta-carotene contributes to the orange and orange-yellow fall color. Lutein is the most prominent xanthophyll pigment producing bright yellow fall color. There are over 80 different pigments in these two categories contributing to the variations in fall color.

The tanins in leaves contribute to the golden and

are thought to discourage animals and insect pests from feeding on the leaves and help defend the plants against disease organisms.

At the same time, these plants begin to create an abscission layer between the leaf and stem. This barrier prevents the sugars produced in the leaves from moving down into the roots for storage.

Purple and red fall color, from the anthocyanin foliar pigments, is produced when sugars build up and are trapped in the leaves. This results in brilliant red and purplish-red fall color. Some of these pigments are present during the growing season and can be seen in new growth and mature leaves of some plants. These add color to the garden, help protect the plant cells from high light damage, and may discourage animals and insects from dining on the

Warm, sunny days followed by cool nights without a hard frost mean more sugar and better red, orange,

ficient soil moisture helps keep the leaf color bright for a longer period of time. Leaf color fades, turns brown and leaves drop from the tree more quickly during dry fall weather.

Fall foliage is not restricted to deciduous trees and shrubs. The leaves of many of our favorite perennials also turn brilliant colors in the fall.

Solomon's seal and hosta leaves turn a beautiful yellow, echoing the fall flowers of witchhazel and yellow leaves of ginkgo and quaking aspen. The delicate heart-shaped leaves of barrenwort, botanically known as Epimedium, turn red in fall. Some of the leaves drop in fall like most trees and shrubs. Others will persist through winter and drop as new leaves and flowers appear in spring.

Perennial geranium and Bergenia leaves turn reddish-purple in fall. Both will persist, adding color to the winter and early spring gar-

Brighten up the fall landbrown fall colors. These and purple fall color. Suf- scape with the fine texture

and amber-gold fall foliage of Angelina sedum and willow amsonia.

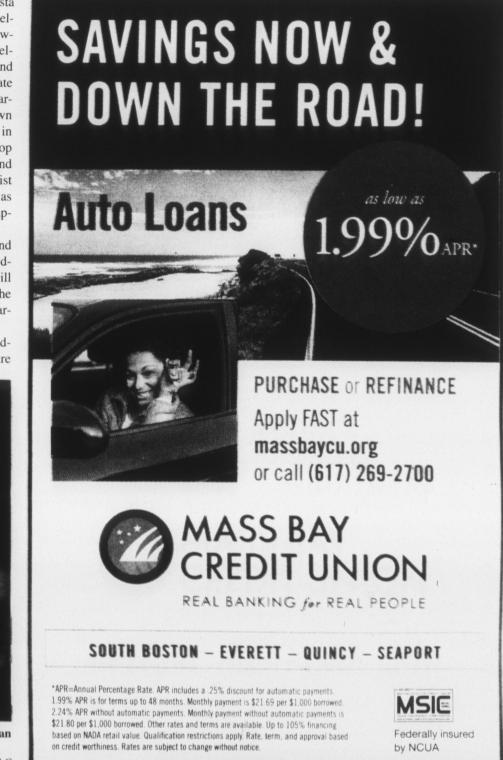
The fluffy white seed heads of our native little bluestem complement the coppery-red fall color that persists throughout the win-

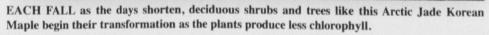
Genetics determine the color each plant tends to produce in fall, while weather and the plant's west Gardener's Handbook health influence if and how intensely the color will be expressed. Consider fall color when adding plants to DVD series and the nationthe landscape. Then provide proper care to keep them healthy and looking their best throughout the year.

Melinda Myers is the author of over 20 gardening books, including The Mid-

and Small Space Gardening She hosts The Great Courses "How to Grow Anything" ally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her web site is www MelindaMyers.com.







Storing and which action is the control of the control of

THE THE CAREER REFERENCE CONT.

Photo Courtesy Melinda Myers, LLC



THE GRANITE Hough's Neck World War II Memorial site is now surrounded by new landscaping and a brick walkway inscribed with the names of more than 500 Hough's Neck WWII veterans. The memorial was rededicated at a ceremony Oct. 2. Quincy Sun photos/Tom Gorman

veterans are admired following a rededication of Hough's Neck WWII Memorial site near the **Atherton Hough School.**

Hough's Neck WWII **Memorial Rededicated**

Cont'd From Page 20

Neck residents that served in World War II. In 1952, it was replaced with the existing 15-foot-tall monument made of granite from Quincy's Swingle's Quarry that sits on three polished bases symbolic of faith, hope, and charity. Inscribed on the monument are the words, "Dedicated to the memory of the men and women from Hough's Neck who so valiantly served their country during World War II."

the wooden memorial disappeared after it was removed to make way for the granite monument. The names that were listed on it were printed on a scroll and buried in a bronze box under the existing monument.

Williams said that she and her club wanted the names to be prominently longer visible. Using a high-Leo Ladas had of the origi-

According to Williams, nal honor roll, they were able to compile a database of all the names. Those names were inscribed on the bricks that make up the

The garden club placed notices in The Quincy Sun and community boards to make sure no Hough's Neck World War II veterans were overlooked. Williams said viewed since they were no that effort resulted in about 30 additional names that resolution picture resident were missing from the hon-



NEW LANDSCAPING and a brick walkway inscribed with the names of Hough's Neck WWII

QUINCY HIGH SCHOOL senior Rebecca Morris sings the national anthem as dignitaries sa lute. From left, George Bouchard of Quincy Veterans Services, Councillor-at-Large Noel Di-Bona, Father Michael MacInnis, Mayor Thomas Koch, Ward 1 Councillor Dave McCarthy, and Hough's Neck Garden Club President Patti Williams.



THE COLOR GUARD from the Nickerson American Legion Post 382 stand next to a picture of the original wooden honor roll listing the names of WWII veterans from Hough's Neck. Those names have been inscribed on bricks that now make up the walkway of the memorial.



A NEW BRICK walkway inscribed with the names of more than 500 Hough's Neck WWII veterans is admired along with new plantings at the newly refurbished Hough's Neck WWII



VETERANS AND RESIDENTS listen to remarks during the rededication of the Hough's Neck WWII Memorial.



MAYOR THOMAS KOCH expresses appreciation to the Hough's Neck Garden Club for "their remarkable job" of restoring the Hough's Neck World War II Memorial.

Hough's Neck World War II Memorial Rededicated

Cont'd From Page 20 or roll and were added to the list.

The problem, however, was the club ran out of money to inscribe the additional bricks. Not wanting anyone to pay for the bricks, Williams said she approached Quincy Mutual Fire Insurance officials who "very graciously donated money to have the additional bricks engraved." She explained that the brick walkway which replaced the existing cement walk - "creates a link between the original memorial and the granite monument."

Williams credited the city's Park Department, Department of Public Works,



FROM LEFT, color guards from the North Quincy Junior Air Force ROTC, Nickerson Post American Legion, and Morrisette Post American Legion flank speakers during the Hough's Neck WWII Memorial rededication. Quincy Sun photso/Tom Gorman

Veterans Services, Ward 1 Councillor Dave McCarthy, Ladas, Quincy Mutual, and

fice for their assistance with the project.

"We couldn't have done Mayor Thomas Koch's of- this alone," she said. "It was

really a wonderful collaboration of groups, the city, of the national anthem by and individuals, to create this beautiful site."

Following the singing Quincy High School senior Rebecca Morris, George

Bouchard of the Quincy Veterans Services led the Pledge of Allegiance and Cont'd On Page 40



HOUGH'S NECK GARDEN Club President Patti Williams explains how her club grant that funded the rehabilitation of the Hough's Neck WWII Memorial site during a rededication of the memorial Oct. 2.



FATHER MICHAEL MacINNIS of St. John's Seminary offers a prayer.



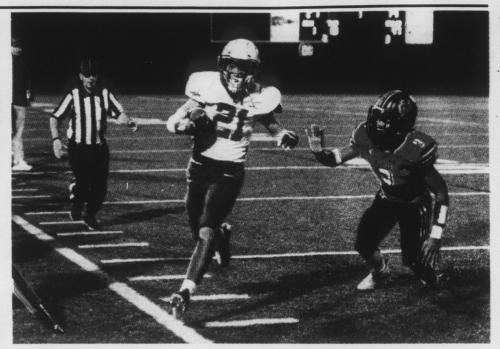
WARD 1 COUNCILLOR Dave McCarthy told attendees to "Never forget the veterans and what they sacrificed."

CONTROL SEREERESEESE SESSEES



BRICKS INSCRIBED with names of more than 500 World War II veterans from Hough's Neck form a walkway at the newly restored Hough's Neck WWII Memorial.

TH QUINCY'S Colm Geary snares a Cooper Hansen pass along the sidelines in the Raiders' 41-21 loss to Scituate last Friday night at Veterans' Memorial Stadium.



NORTH QUINCY'S Cydney Green, right, forces Scituate's Keegan Sullivan out of bounds.

North Quincy Raiders Battle, Bow To Scituate 41-21

By TOM JOYCE

The first half was highlycompetitive.

However, the North Quincy High football team faced a tough opponent that pulled away in the second half last Friday night.

The Raiders hosted the Scituate Sailors and while the game was tied at halftime, Scituate pulled away with three touchdowns in the second half. The Raiders got shut out in the second half and lost the Patriot League matchup 41-21. With the loss, the Raiders moved to 2-2 on the season.



NORTH QUINCY'S Hunter MacIsaac finds a hole to run between Scituate defenders.



RAIDERS' BALL CARRIER Matt Craig barrels through Scituate defenders.

While Scituate had plenty of success in the air in this one, it was the Raiders who struck first. Hunter MacIsaac took the opening kickoff 90 yards to the end zone for a touchdown; Thomas Murray hit the extra point for the Raiders, giving them a 7-0 lead.

Scituate was quick to

pass on a waggle moved the team into the red zone. Michael Gorman and Grant Murphy made stops on Scituate's running back to bring up fourth-and-one, but the team scored on a quarterback sneak; an extra point kick tied the game with 9:43 left in the first quarter.

The Raiders responded respond, however. Scituate with a touchdown of their put up a touchdown on the own. They had plenty of

the drive as Hunter MacIsaac (16 carries, 99 yards) and Matt Craig (11 carries, 59 yards) moved the ball about 70 yards on six rushes combined. MacIsaac capped off the drive with a five-yard run to the outside; Murray hit the extra point, giving them the lead.

The Raiders then forced a three-and-out with Harry Guadiano making a tackle for a loss on second-andfive and Nate Caldwell's coverage resulting in an incompletion on a deep ball. The Raiders were then forced to punt when Scituate had a tackle for a threeyard loss on third down. An eight-yard loss on a sack by Brandon Baker helped force another three-andout. While the Raiders were able to move the ball over midfield on their next possession, a pair of sacks by Scituate forced a punt.

Scituate went to the air again--then the ground--and found success. A 45-yard pass moved them to the Raiders 33-yard line and a 29-yard run got them to the end zone; the extra point attempt was good, tying the game with 5:11 left in the

Cont'd On Page 23





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NORTH QUINCY'S Thomas Murray, left, and Nate Caldwell, center, dive to take down Scituate ball carrier James Cannon. Quincy Sun photos/Tom Gorman

NQ Raiders Battle, **Bow To Scituate 41-21**

Cont'd From Page 22 first half.

While the Raiders primarily relied on runs to gain ground on the following drive, it was a pass that finished things off. Quarterback Cooper Hansen (6-for-7 passing, 64 yards) hit tight end Colm Geary (3 catches, 50 yards) with a 29-yard touchdown pass with 1:30 left in the quarter; Murray's extra point made it 21-14 Raiders.

Scituate responded with a touchdown right before the first half ended. The team looked to the sidelines when they could and completed several passes to move downfield. Scituate finished the drive with a three-yard touchdown pass and an extra point tied things at 21 apiece.

Scituate moved the ball to the Raiders 43-yard line on its first drive of the second half. Then defensive end Colm Geary picked off a pass and brought it to Scituate's 13-yard line.

firm. A pair of tackles for losses on running backs and a sack brought up fourth and long. Thomas Murray showed his leg strength as he hit the right upright on his 38-yard field goal attempt, but the kick was no

Scituate responded with an 80-yard touchdown pass on the second play of its new drive; a successful extra point kick made it 28-21 midway through the third

The Raiders got a pair of first downs on their next drive, but a sack and a screen pass for a short gain brought up fourth down and forced a punt.

quarter, Scituate struck hit the extra point to go up again. The team had an eight-yard touchdown pass on an 80-yard drive highlighted by a 38-yard completion a few plays before the touchdown. Scituate missed the extra point kick, but led 34-21.

While the Raiders came is at 7 p.m.

Scituate's defense stood close to responding with a touchdown, they weren't able to get one. The team got within the 10-yard line on a QB sneak from Hansen and inside the five on a rush up the middle from Craig on the following play. However, Scituate held the Raiders to no gain on a third down run and then a two-yard loss on fourth down; both plays were rush attempts up the

Scituate would end up scoring on a 95-yard drive. The team got a first down on the first play of the drive and a 51-yard run to the outside moved them close to the red zone. Scituate finished the drive with a two-yard touchdown run with under a At the start of the fourth minute remaining; Scituate

The Raiders got the ball back, completed a pass, then time expired to end the

The Raiders travel to Pembroke Friday, Oct. 15 to take on the Titans. Kick off



NORTH QUINCY QUARTERBACK Cooper Hansen looks to handoff.



NORTH QUINCY'S Colm Geary, right, sacks Scituate quarterback Henry Gates.



NORTH QUINCY'S Nate Caldwell, left, prepares to knock a Scituate pass away from Scituate's

North Quincy Girls' Volleyball Downs Hanover

The North Quincy High girls' volleyball team started its match against Hanover with a deficit.

It didn't matter. The Raiders finished strong and were able to win the match.

After falling in the first set of their Patriot League road matchup on Oct. 6, the Raiders came back and won each of the next three. They defeated Hanover 3-1 (25-17, 25-19, 25-20, 25-11) and improved to 9-3 on the season. It also put the Raiders on a three-match winning streak.

The Raiders improved their play as the match rolled on. While they lost the first set by eight points, they had a dominant showing by the time the match was over; they outscored their opponents by a more fourth and final set of the

"We started off down the first game, so they had to defend it and work their way back," Raiders' head coach Caitlin Plaskasovitis said "For some reason, my girls do better when they have to fight back in. They're not comfortable taking the lead right away, so we're working on that. But the fact that they can pull out a win even when they're down, it's making us stronger."

Plaskasovitis said that while the team has had issues early in matches, her team has a lot of talent and they're able to show it when matches progress.

"It just shows that as soon as they get the momentum and they know that they are in control, the whole

than two-to-one clip in the game changes," she said. "It she said. all changes when they know they're in control. Again, that's the mental part of the

In the win against Hanover, she said that both junior defensive specialist Jen Lee and junior defensive specialist ZiXian Situ stood out; she noted that they both served well and had strong games all-around.

For the Raiders, serving is a bellwether. Plaskasovitis said that when the team serves well, the team performs well.

"Our serving game plays a really big role in our mental game, so it's like when we're hitting serves, our energy is up," she said. "When we're missing serves our energy is down. They really stepped it up today."

The opposite is also true,

"We've had where we serve well and we roll over teams," she said. "We've had games where we didn't and it's ones we should win where, on the court, we're doing the right things. Like we're doing all of the work on the court, but then we're firing the ball into the net. It's frustrating as a player when your servers aren't serving.'

Given the success that the Raiders have had this season, Plaskasovitis hopes the team can be a serious contender in the MIAA playoffs. However, she said the team has some more immediate goals as well.

"We want to be playing well into November; playing deep into November is our goal," she said. "We want to win the rest of our Patriot League games and

the most amount of wins possible."

The winning streak for the Raiders came to an end Oct. 8. They lost 3-1 to the Harborwomen Hingham on the road to close out the week. Before that, the Raiders downed Plymouth South 3-2 Oct. 1; Marshfield 3-0 on Oct. 4; and then they had their win against Hanover to continue the streak. This came after back-to-back losses to the Ouincy Presidents (3-1 on Sept. 27) and the Duxbury Dragons (3-0 on Sept. 29. Quincy and Duxbury are two of the strongest Patriot League teams in girls' volleyball; they faced off against one another in the Patriot Cup championship match last

The next match for the Raiders will take place this

go into the tournament with Friday, Oct. 15 on the road against the Pembroke Titans

(5:15 p.m. start time). The roster for the Raiders this season includes: senior right side hitter Bridget Keane, senior outside hitter Kaila Jacques, senior defensive specialist Angelina Lee, junior defensive specialist ZiXian Situ, junior right side hitter Chika Akukwe, senior defensive specialist Breeana Chu, senior outside hitter Kiera Sleiman, junior setter Olivia Bailey, senior setter Olivia Kosinski, senior defensive specialist Flora Chen, senior libero Stephanie Huang, junior defensive specialist Jen Lee, sophomore middle hitter Ava Bryan, senior outside hitter Amy Lien, senior middle hitter Mia Cluett, and senior middle hitter Bryanna White. Their head coach is Caitlin Plaskasovitis.

Thursday (with the 2001 This Options Sure Page 15

8 Marathoners Run For The Angel Fund For ALS Research

Eight runners participated in Monday's 125th Boston Marathon in support of The Angel Fund for ALS Research, a 501 (c) (3) independent charity that benefits ALS research at the Cecil B. Day Laboratory for Neuromuscular Research at UMass Medical School.

The eight veteran marathoners include: Russell Becker, running his 10 consecutive Boston Marathon; Matt Bergin, running his 31st consecutive Boston Marathon; Sarkis Chekijian, running his 11th Consecutive Boston Marathon; Matt Merz and Zita Merz, both running their 7th marathon, Meghan Osterlind, running her 19th consecutive Boston Marathon; Chris Remer, running his 5th Boston Marathon; and Amin Saab a 33 year marathoner.

The Angel Fund team has been raising funds for ALS

BOSTON MARATHON 2021 Thank you for stepping up to cure ALS!

(Lou Gehrig's Disease) research at UMass Medical School Day Lab under the direction of Dr. Robert H. Brown, Jr., a worldrenowned researcher in the field of ALS.

"We are proud that we have eight supporters who are running for Team ALS in this year's Boston Marathon," said Rich Kennedy,

president of The Angel Fund for ALS Research and a former longtime Boston Marathon runner. "It is an inspiration to watch our team train and run the 26.2 miles in honor of The Angel Fund and those who are and have been affected by ALS They all have inspirational stories as to why they run."

The team members have

created a fundraising page at Classy.org which enables supporters to donate and to learn more about the runner and his/her inspiration

behind their fundraising efforts. To donate to the runners and to read their stories, visit the fundraising page: www.classy.org/campaign/

boston-marathon-2021/ c351920.

In addition to the Boston Marathon team, The Angel Fund conducts fund raising events throughout the year which, along with other individual and corporate donations, have been beneficial in helping make significant strides in ALS research. For a list of upcoming events, visit The Angel Fund website, www.theangelfund.org.

Donations to the Angel Fund can also be made online at www. theangelfund,org, or can be sent to The Angel Fund, 649 Main Street, Wakefield, MA

First Baptist Church Of Wollaston

For those who have not

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy is open for everyone.

fully vaccinated, continue to wear mask and safe distance. On-line worship will continue. The church online dial-

in/Zoom weekly meeting is: (visit website: http://firstbaptistchurchofwollaston.

org/) Sunday 9:30 a.m. Vietnamese Worship Service at Fellowship Hall:

 Sunday 10:30 a.m. English Worship Service - Interim Pastor: Rev Bill Swilling

• Thursday 6:30 p.m. Bible Class - Book of Revelation - Pastor Paul Lee

• Friday 11 a.m. Prayer **Group Meeting**

For inquiries call 617-472-0824 and ask for Léwann Mina, church administrator.

Quincy-North Quincy Cross Country

Patriot League Fisher Division QNQ @ Plymouth South Oct. 5 **Plymouth HS Campus** Distance 2.7 miles

Boys Score: ONO 26 Plymouth South 29 Girls Score: QNQ 19 Plymouth South 40

BOYS ONO FINISHERS

- 1. Hatim Boukhtam 14:20
- 2. Robert Cannon 14:21
- 6. Kyle Clements 16:09 7. David Schmidt 16:12
- 10. Jonathan Bina 16:53
- 12. Matt Hollatz 17:34
- 13. Peter Cooney 17:40
- 14. Shane Faherty 17:42
- 15. Patrick Lee 17:53
- 16. Trevor Mangino 18:19
- 17. Cam Griffin 18:21
- 19. Cullen Quilty 18:34
- 21. Liam Murphy 18:51 22. Zach Clements 18:53
- 23. Richard Pan 19:44
- 24. Nathan Feldman 19:49
- 28. Stevie Byrnes 20:46
- 30. Dante Nguyen 21:57
- 33. Lito Breslin 22:35 35. Max Francouer 22:56

40 Finishers

Records

Plymouth South 2-1 Quincy/North Quincy 3-1

GIRLS ONO FINISHERS

- 1. Salma Boukhtam 19:23
- 2. Aluna Coogan-Coyne 19:23
- 3. Caitlin Cormican 19:36
- 5. Victoria Mariano 20:57 8. Jennie Burgess 21:30
- 9. Sabrina Egan 22:12
- 10. Sophia Cerone 21:02
- 11. Ngan Vo 23:18
- 13. Juliana DiBlasi 28:15
- 12. Chloe Fitzgerald 25:27
- 14. Ali DiRuzza 30:59

15 Finishers

Records

PS 0-3 **QNQ 3-1**

Fort Devens Challenge - Oct. 9 Sponsored by MSTCA and HOKA One One

ONO Finishers and Team places

- Boys 3K Race (actual 1.91 miles)
- 8. Jonathan Bina 1118
- 9. David Schmidt 11:18 56 finishers

Girls 3K Race

- 9. Victoria Mariano 14:18
- 15. Jennie Burgess 14:50
- 34 finishers

Boys 4K Race (2.6 miles actual)

- 11. Matt Hollatz 15:53
- 15. Peter Cooney 16:11
- 45 finishers

Girls 4K

- 7. Grace Cody 19:32
- 8. Sabrina Egan 19:34
- 19 finishers

Boys 5K (3.11 actual)

- 4. Hatim Boukhtam 17:21
- 6. Robert Cannon 17:31
- 68 finishers

Girls 5K

- 5. Salma Boukhtam 21:32
- 6. Aluna Coogan-Coyne 21:32
- 13. Caitlin Cormican 22:39

25 finishers

- Open 4K Boys
- 2. Patrick Lee 16:11 4. Shane Faherty 16:22
- 6. Trevor Mangino 16:57 7. Liam Murphy 17:18
- 9. Cullen Quilty 17:46
- 11. Richard Pan 17:52
- 35 finishers

Open 4K Girls

- 14. Ngan Vo 21:33
- 29 finishers

Team Scores

ONQ Boys 3rd Place 108 mins, 32 seconds 15 scoring teams

QNQ Girls 4th Place 133 mins, 57 seconds 13 scoring teams

Wollaston Yacht Clubs

Final Beach Service Sunday

The final Beach Church Service of the year will be held Sunday, Oct. 17th at 8 a.m.on Wollaston Beach between the Squantum and

Everyone is invited to attend this brief service of scripture, prayer and song.

5th Annual Mike's 5K Saturday

COVID has reversed the nation's modest progress against the opioid epidemic-and then some.

According to the Centers for Disease Control, 93,000 Americans died of drug overdose in 2020 - an alltime high. Stigma continues to be a significant factor behind the crisis. Lack of treatment resources is another.

Mike's 5K, a Milton race/ walk in memory of Dorchester native and Milton resident Michael Mulcahy, who died from an overdose in December 2016, targets both these issues, by raising local awareness of addiction and through donations to organizations that support patients and families in efforts to get clean. The or-

ganizers of the race, which is now in its fifth year, have been moved and inspired by support for the event thousands of entries and dozens of generous sponsors. With their support, Mike's 5K has raised more than \$200,000 for the Gavin Foundation, Bay State Community Services of Quincy, the Grayken Center at Boston Medical, and other organizations committed to care and support for people struggling against addiction.

The fifth annual Mike's 5K road race will be held Saturday, Oct. 16 at 10 a.m. The race begins at 80 Edge Hill Rd., Milton.

For more information, visit the Mike's 5K website.

Community Yoga Class On Library Lawn Wednesdays

A free 60-minute community yoga class will be held on the lawn of the Thomas Crane Public Library Wednesday, Oct. 13 from 9:30 to 10:30 a.m.

physical

Instructor Rhiannon, of Humble Roots Yoga, uses demonstration, verbal direction, modifications and variations to make

this class suitable for beginners and seasoned yogis alike. Hands on assists will NOT be provided. Bring a water bottle and yoga mat.

Other community yoga classes will be held on Wednesdays during October weather permitting

For more information visit the Crane Library website.



FA-11

Quincy Art Association

FALL CLASSES 2019

October 7 - November 23

Follow Us Online! www.quincyartma.org

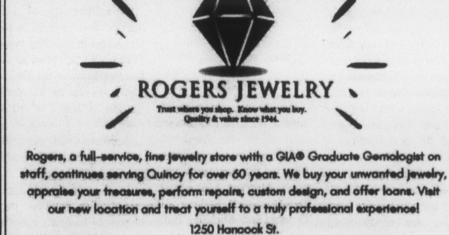
Carlotte Samuel Control	Follow Us Online! www.quincyartma.org
	ADULT CLASSES
FA-1 Elements of Drawing Isabel Shamitz	Students learn the basic and fundamental elements of drawing. Practice learning to draw shapes, lines, shading, and composition. Learn gesture vs constructional drawing. Use your choice of pencil, or range of paint palette. Drawing from still life or any other subjects will be taught with enough detail to enhance any finished piece of work.
	Monday, 10/07 - 11/11, 10 - 12pm., 6 classes. Members \$135, Non-Members \$165
FA-2 Fundamentals of Painting with Acrylics and Oil Isabel Shamitz	An introduction to the properties, usage and limitations of acrylic and oil paints as working mediums. The usage of brushes, liquid mediums, painting surfaces and other tools will be discussed in exploring the ways to execute your personal style and approaches within the 2-dimensional surface. List of supplies on website. Click "Classes" scroll to bottom. Monday, 10/07 – 11/11, 2 – 4pm. 6 classes. Members \$135, Non-Members \$165
FA-3 Ink Wash Painting	Also known as Chinese brush painting and Japanese Sumi-e, this painting method is simultaneously meditative, deliberate, fun, and fast. Learn the basics of brush stroke techniques and create paintings with contrast and balance. Bring your Chinese brush painting
Tamara Mann	supplies. Visit our website for supply list. Monday, 10/07 – 11/11 7-9pm. 6 classes Members \$135, Non-Members \$165
FA-4 Basic Drawing Tamara Mann	This drawing class offers a positive approach for students of all levels. We will cover foundation lessons and techniques to create realistic drawings. Drawing from observation, (still life, perspective/architecture, found images) students will fill their toolbox of skills and create a collection of finished works. Check supply list on website. Tuesday, 10/08 – 11/12 10 – 12 pm. 6 classes Members \$135, Non-Members \$165
FA-5 Figure Sculpture Dan Myers	In this class you will sculpt the nude female figure in clay. Students will sculpt a X life size marquette of our model which will be fired to terra-cotta. Dan is a well-known artist/instructor and will lead the class in choosing a pose, refining proportion, understanding bone and muscle anatomy, and sculpting every detail of the figure realistically. See his work at national sculpture.org, figurative sculpture.org, &Children's library and SSYMCA in Quincy. Maximum 6 students Wednesday, 10/09—11/13 7-10pm, 6 classes. Members \$200, Non-Members \$220
FA-6 Art Appreciation Tamora Mana	Art Appreciation course cultivates a deep awareness of artworks including artists and art history movements. We will learn how to identify and describe the visual characteristics of various works using art terminology. We will explore the connections between representational and abstract art. Students will expand their vocabulary and acquire an overall enjoyment of the visual arts. Wednesday, 10/09 – 11/06 10 - 12pm 5 classes. Members \$120, Non-members \$150
FA-7 Fun with Watercolor John Marshall Dyke	Designed for all levels of the watercolorist. Students will explore the many techniques of watercolor. Emphasis will be on color and design. This class is designed to help loosen your approach to the medium. Students may work for photographs or from the imagination. Thursday, 10/10 – 11/14, 7 - 9pm. 6 classes. Members \$135, Non-members \$165
FA-8 Painting with Olis Morgan Davis	Class will focus on developing and cultivating student's observational skills. Through the oil painting medium, students will focus on completing the painting by composing strong designs and describing light on form through value and color. Students will discover the potential of the medium and learn how to harness it to create life-like, three dimensional scenes on the two-dimensional surface. Morga is a well-known, professional artist with a degree from Eastern Nazarene College. See her work at www.jmdfineert.com. Thursday, 10/10 – 11/14 10 – 12 pm. 6 classes Members \$135, Non-Members \$165
FA-9 Clay Potter's Wheel	This ceramic class will cover basic wheel techniques as well as slab, coil and hand building. Independent projects are welcomed. Open to all levels of students. All materials and firing
Sue Hoy	are included. Thursday 10/10 - 11/21 6:30 - 9:30pm. 6 classes Members \$190 Non-Members \$210
FA-10	You've been shooting and making prints of your work for some time now, possibly entering your
Adult Photography	photos in shows from time-to-time without any luck. There may be something missing in your process? Greet picture making doesn't end once you capture an image. We'll go over what makes a greet photograph, what judges look for, what makes a really greet photograph, how and what to edit. We'll take on a few assignments and critique your images. Then discuss technical aspects and composition, point-of-view etc. You may rediscover some gens of your own that were hidden in plain sight! Level: intermediate photographer or enthusiastic beginner!
Tony Androide	Edden dates as the same as a second state of the same as a second

This class is for the painter new to pastel or would like to learn more about this medium. Besides discussing types of surfaces, brands of pastels, and handling of a finished painting, there will be plenty of time to paint. This class will stress a few constants that are the basics the basics of any painting: composition, value recognition, and harmony. Pastels are gaining popularity and are more present than ever in galleries and museums around the world! stundey, 10/12-11/09 10-12 pm. 5 desses Members \$120 Non-

Friday, 10/11 - 11/06 10 -12 pm. 5 classes Members \$135 Non-members \$165

Paint on manufactured pieces of porcelain that you can purchase through our catalog. Colored Illustrations of arrangements with flowers, fruit, birds, butterflies, landscapes, seascapes, geometric and seasonal designs are available for your use in painting your antiques of the future. All pieces will be fired for a small fee. Basic beginner materials will be supplied. You are invited to drop in to see student's work in progress. Please call before coming 617-770-2482.

Wednesday, 11:30 - 2:00pm. Ongoing Cost \$10.00 per session 05-2 Draw and paint from a live model. 617 894 8854, email: danmyersili@me.com Uni Life Drawing **Open Studio** Dan Myers & Kris Tuesday, 7:00 - 10:00pm. Model fee \$5.00 per hour Kreitman



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Quincy Art Association

FALL CLASSES 2019

October 7 - November 23

	CHILDRENS CLASSES
FC-1 Art Creations Yael Kolbech	Children will explore painting with different mediums, drawing, mixed media, and collage. Students are grouped according to age. Tuesday, 10/15 – 11/19 4:00 - 5:30pm. 6 classes. Members \$118, Non-Members \$135
FC-2 Teen Art Class Yael Kolbech	This class is for students ages 12 and up who would like to enhance their artistic abilities. They will learn to grow creatively using self-expression through a variety of design techniques. Through drawing and painting students will focus on composition, color, texture and 3-dimensionality. Students will receive personal attention based on individual's needs. Materials included. Wednesday, 10/16 – 11/27 4:00 - 5:30pm. 7 classes, Members \$125, Non-Members \$135 Skill level: ages 12+
FC-3 Art in the Morning	This class is built to encourage each child to explore and experiment with many different types of painting and drawing and to help spawn creativity and build skills. Students will be grouped according to age and skill. They will learn the basic elements of design and composition. Materials included. Saturday, 10/12 – 11/23, 10 – 12 noon. 7 classes, Members \$135, Non-Members \$160 Skill level: ages 6 - 12
FC-4 Doodle to a Higher Level Tony Androde	This class will be a thoughtful mark-making class where we will doodle with simple lines, geometric shapes and even scribbles! We'll elevate this way of drawing into purposeful pieces on paper and canvas. Using acrylic paint, colorful papers and other supplies, we will focus on process, being present and noticing how doodling opens us to a non-judgmental space, where we are free to play and discover our own artistic style. Class is open to all levels – no art experience required. All materials provided. Thursday, 10/10 – 11/07, 4:00 – 5:30 pm. 5 classes Members \$110, Non-Members \$120
FC- 5 If you Think it - We can link it Tony Andrade	Focus on working from life and your imagination! Create fanciful portraits, landscapes, still-life and abstractions while honing children's skills in drawing and painting techniques. Students will work not just with ink but in acrylic, charcoal and more. This class is project based and is perfect for the serious young artist to begin finding their personal style! Open to beginner and intermediate levels. All materials included. Monday, 10/07 – 11/04 4:00 – 5:30 pm. 5 classes Members \$110, Non-Members \$120
FC-6 Clay Fun	Explore hand building with clay and learn techniques like pinching, coiling, scratch and attach, and more! Students will design, plan and build their own unique projects each week and will create fun, functional and whimsical objects in clay that will be around for years to come! All food safe glazes. Cost includes all materials.
Cynthia Lewis	Tuesday, 10/08 – 11/12 4:00-5:30 pm. 6 classes Members \$135 Non-members \$160 Skill level: ages 7-12



Council Candidates Discuss Environment At Virtual Forum

Cont'd From Page 17

take public transportation.

Phelan said the city's traffic department has applied for grants that would give buses prioritization at intersections.

"There are initiatives right now with TPAL where they are applying for grants, which I would support, that would bring in buses that are full. It would work with our current infrastructure on lights so it would allow that light to remain green to

help get these full buses to Line started its operation," flow," Phelan said.

Christo said he would lead by example as someone who uses public transporta-

"I'm a big proponent of public transportation. I've used public transportation my whole life. I used the bus system when I was younger with my family to get around the city and I was around when the Red

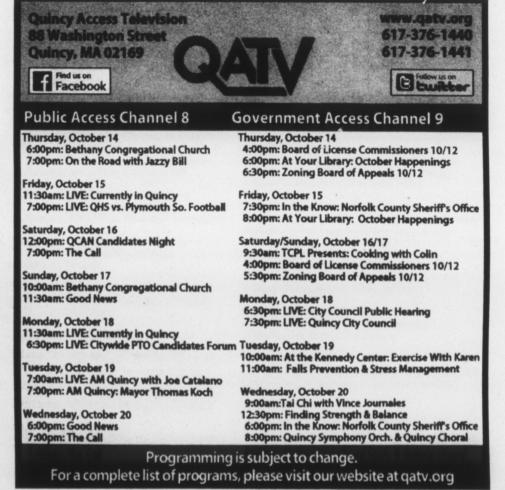
get back to where they are Christo said. "One way to going and help with traffic make a difference or an impact is to lead by example, so utilizing as much public transportation as possible."

The Ward 5 candidates were likewise asked to identify the first thing they would do to help the environment if elected.

Christo said he would hold office hours to meet with residents.

"The first thing I would

Cont'd On Page 26



Council Candidates Discuss Environment At Virtual Forum

Cont'd From Page 25

do is I would set up office hours, lots of them. I want to get to work right away representing the wants and needs of everyone in Ward 5, particularly in the climate area," Christo said. "There is no issue that would be too big or too small for me and I can't wait to start."

Phelan said he would

like to continue initiatives already underway.

"One of the first things I would do when I got there is continue to push the initiatives that we already have started. When buildings are coming before us, instead of looking at putting gas in, we're looking at putting electricity and heat pumps in," Phelan said. "Also

when I am at the zoning, planning boards and conservation commission, is that when people are putting in buildings, they are also putting in green space, that they have a landscaping plan."

The Oct. 7 forum lasted nearly two hours. The complete event can be viewed online at quincycan.org as well as qatv.org.

WHAT'S COOKING

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Chicken Tenders Over Fettuccini Alfredo

By MARIE

Today's recipe for chicken tenders or boneless chicken thighs is a family favorite especially served over fettuccini Alfredo. You can whip up this dish in less than a half hour and the clean-up is relatively easy – especially if you use paper plates for the flour, panko bread crumbs and pecans. You can just throw them away once this dish is all assembled.

Just a note: when making this dish you will make the Alfredo sauce first.

Directions and Ingredients

6 or 7 chicken tenders or 2 or 3 chicken thighs cut in slices

2 cups panko breadcrumbs, unseasoned

1 cup finely chopped pecans

1 egg beaten with added milk beaten and blended well for coating

1 cup of flour

½ pound fettucine

Ingredients and Directions for Alfredo
Sauce

1 stick of unsalted butter

 $\frac{1}{2}$ pound fettuccini – I used homemade fettuccini from Aiello's

3/4 cup grated fresh, parmesan cheese 1 pint of heavy cream (you can use

ight cream or whole milk, or half and half its up to you)

Make the Alfredo Sauce first

In a sauce pan, melt the butter, add the parmesan cheese and stir well and then add heavy cream and stir until thickened. This step only takes a few minutes.

For the Chicken Tenders:

Chop the pecans finely with rolling pin (or your preferred method) and set aside. In a bowl, add bread crumbs and pecans and mix well.

Put 1 cup of flour on paper plate then beat the egg and milk in a small bowl.

Start coating the chicken: Dip chicken in flour, then egg and then in the mixture of bread crumbs and pecans.

When chicken is all coated, place on parchment paper cookie sheet and bake in a pre-heated oven at 350-degree oven.

When baking turn chicken once so both sides are browned.

When chicken is all done, put in platter and keep in warming oven until you are ready to serve entrée.

Boil fettucine according to directions. If you use homemade fettucine these will take around 3 to 5 minutes.

Once fettuccini is boiled and drained, place in a serving bowl, add the alfredo sauce and blend well. Add additional parmesan if you prefer. Lay the cooked chicken on top of the pasta and serve while hot! This dish is delicious by itself or with a fresh salad and artesian breads.

Raw Macadamia Fudge

By SUZIE

Macadamia nuts are one of the most sought after nuts in the world, and can be expensive! But you don't need to consume too much to reap the health benefits.

Hawaii is now the world's largest exporter, but this nut is actually native to Australia.

Macadamia nuts contain antioxidants, vitamins and minerals with significant health boosting properties, magnesium, manganese, and thiamine. Containing at least 70 percent oil, they are high in oleic acid, omega 9 monounsaturated fatty acid (like olive oil) and only 3 grams of saturated fat.

Remember, it's the type of fat that matters more than the amount. If you eliminate them all, you may suffer health consequences

Pasture butter, raw cheese, fatty organic meats, coconut oil, palm oil, nuts are all foods you should be eating. Trans fats (which raise our LDL and lower our HDL) is not the kind of fat you should be eating

and have a direct link to heart disease, type 2 diabetes, and even Alzheimer's.

People who add healthy nuts to their diets have been shown to lose weight, rather than gain.

Raw Macadamia Fudge (from Detoxinista.com)

1 cup raw macadamia nuts

1 Tbsp. coconut oil

1 Tbsp. honey

1/2 tsp. vanilla extract

1/4 tsp. sea salt

Place nuts into your processor and grind to a paste consistency. Add the remainder of the ingredients and continue processing until the mixture is creamy. Scrape sides with spatula and spread on parchment paper lined baking pan.

Freeze for 30 minutes at least. Cut into squares and serve. Enjoy!

Make sure you store in freezer or they will melt.

Quincy Democratic City Committee Breakfast Oct. 24

Virtual Event Streamed From QATV Studios

• Judy Capobianchi To Receive Dennis Ryan Award

The 33rd Annual Quincy Democratic City Committee Breakfast will be live streamed from QATV studios on Sunday, Oct. 24 from 10 to 11:30 a.m. The theme of this year's breakfast is the past, present and future of the Quincy Dems.

The Quincy Democratic City Committee will award the 2021 Dennis F. Ryan Community Award to Ward 6 Committee Member Judy Capobianchi. This award, given in the name of an outstanding individual who was passionate in their support and beliefs of the Democrat-

ic Party, is being awarded to Capobianchi who exemplifies those principles through her words and deeds.

"The Quincy Democratic City Committee is honored and delighted to recognize Judy Capobianchi as the recipient of the Dennis F. Ryan Community Award," said Quincy Democratic City Committee Chairwoman Alicia Gardner. "Judi has for many years been a strong and vital member of the Democratic Party and the Quincy Democratic City Committee. It is our honor to recognize her hard work

ic Party, is being awarded to on behalf of the Democratic Capobianchi who exempli-

"I am so honored to be getting the Dennis Ryan award," Capobianchi said. "As a lifelong Democrat it has been so important to me that I support Democrats in their pursuit to make life better for the average person. I believe that being a Democrat means helping people to live their best lives by making sure they have all the tools to take care of their families. When we do that then we all live a better life in our communities. I thank

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OBITUARIES

Barbara Ann McGovern, 77

Barbara Ann (Deane) McGovern, of North Quincy, age 77, passed away peacefully on Oct. 5.

She was the ninth of ten children born to the late Thomas and Mary Deane, of North Quincy, on May 31st, 1944. Barbara was a twin and joined this world moments before her sister Virginia (Ginny) Keane. They were inseparable and shared a very special bond throughout their lives.

After graduating North Quincy High School in 1961, she met and married the late John (Jack) McGovern in 1963. Barbara is survived by her three children: Deborah and Robert Pimentel of Townsend, John and Sue McGovern of Braintree and Denise and Kevin Hennessey of Foxboro. She is also survived by her four



BARBARA ANN McGOVERN

loving grandchildren Jillian Pimentel, Bobby Pimentel, Mick McGovern, Tommy McGovern and numerous nieces and nephews.

Barbara's life was dedicated to her husband and family. She loved cooking and no one ever left her house hungry. She enjoyed playing scrabble, crossword puzzles and Peyton Man-

ning. She loved her family, Italian food and Irish music. Her greatest accomplishment and biggest joy was always her children and grandkids. She will live on in each of us and never be forgotten.

Family and friends are invited to help remember her life and say goodbye to Barbara at McDonald Keohane Funeral Home, 809 Main St., South Weymouth (Rte 18 opposite South Shore Shore Hospital) on Oct. 16th from 2-5 p.m.

In lieu of flowers, memorial donations can be made to American Heart Association, 300 5th Ave., Suite 6, Waltham, MA 02451.

Barbara's children would like to thank the caregivers at CareOne of Weymouth and Ascend Hospice.

Joanna R. Millane, 88

Joanna R. (Leszewski) Millane, of Quincy, died peacefully at home Oct. 6. She was 88.

Born in Boston on Aug. 13, 1933, she was the daughter of the late Alexander and Mary (Budziski) Leszewski.

Joanna was a woman of great faith and raised her family with love and devotion. A selfless person, Joanna lived her life in service to others. She always provided her children with love, support and wisdom. Joanna could be described as a 'first round draft pick'. She was the type of person that people were drawn to and loved to be in her presence. Joanna was hardworking, forgiving and peaceful. Her life lessons and example are part of her legacy that continue through her family. She will be missed by all the lives she touched.



JOANNA R. MILLANE

Joanna was the beloved wife of Richard P. Millane, with whom she shared 65 loving years of marriage. She was the devoted mother of Stephen Millane of Quincy, Mark Millane of Quincy, and Michelle Bell and her husband Robert of Quincy. Joanna was the loving grandmother of Elizabeth and John Bell, both of

Quincy

Relatives and friends are respectfully invited to greet the family during the visiting hours on Thursday, Oct. 14, 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 9:30 a.m. on Friday, Oct. 15, prior to the Funeral Mass at the Divine Mercy Parish in St. Ann's Church, Quincy at 10:30 a.m.

Services will conclude with interment in Blue Hill Cemetery, Braintree.

In lieu of flowers, memorial contributions may be sent in Joanna's name to Norwell Visiting Nurse Association & Hospice, 120 Longwater Dr., Norwell, MA 02061.

More Obituaries Page 30

2021

Quincy Democratic City Committee Breakfast Oct. 24

Cont'd From Page 26 everyone who voted for me to receive this award."

This year's keynote speaker will be Norfolk County District Atty. Michael Morrissey.

Tickets to the virtual breakfast are \$10 per person. Tickets can be purchased at https://secure.actblue.com/ donate/quincydemsbreakfast. Information on how to view the Breakfast will be provided within 48 hours of the event.

The Quincy Dems are

also offering a Sponsorship Level ticket for \$100 or more. Sponsors will be recognized in the morning's presentation and will receive 10 "seats" per \$100 donation. If you wish to be a sponsor, send your campaign logo ASAP and the email addresses of your guests by Thursday, Oct. 21st to Event Chair Nancy DeLisle at ndelisle26@ gmail.com

If you are not comfortable with purchasing a ticket online, please send a check

QDCC Treasurer at 223 Winthrop St Quincy, MA 02169. Checks should be made payable to Quincy **Democratic City Committee** PAID POLITICAL ADVERTISEMENT

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Michael Berry, Jr.,

check, you must also email Mike Berry at mberryjr@ gmail.com to ensure you are sent a Registration Link and/or if you have any questions regarding payment.

The Quincy Democratic

advances the ideals and aims of the Democratic Party by working to elect Democratic candidates at the district, country, state and national level while strengthening the Democratic Party in Massachu-

setts and the City of Quincy. Monthly meetings are held on the second Tuesday of each month. Contact the committee at quincydems@ gmail.com and follow the Quincy Dems on social media for more information.

PAID POLITICAL ADVERTISEMENT

Divine Mercy Parish Pre-Season Thanksgiving Dinner Oct. 16

The monthly dinner committee of Divine Mercy Parish has resumed its series of monthly events with a "Pre-Season Thanksgiving Dinner" on Saturday evening, Oct. 16 at 5:30 p.m. in the cafeteria at Sacred Heart Church, 386 Hancock St., North Quincy.

Dinner features turkey breast, stuffing, mashed potatoes, cranberry sauce, salad and biscuits. The meal

is rounded out with dessert, soda, coffee and tea.

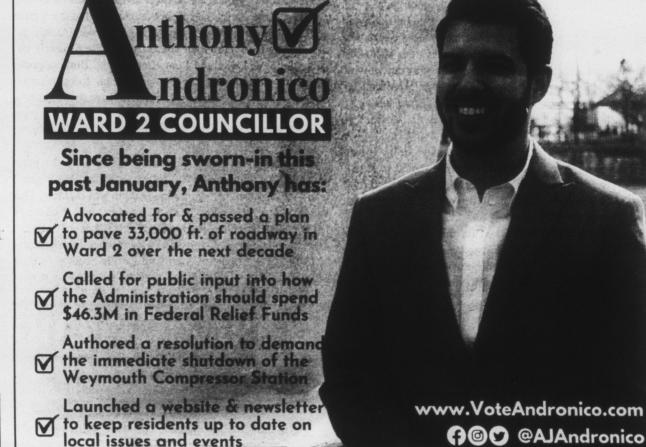
The cost is \$12 per person or \$25 per family with children age 12 and young-

Reservations are needed and may be made by calling the parish office at 617-328-

8666 by Thursday, Oct. 14.

visit divinemercyquincy. org/dinners.

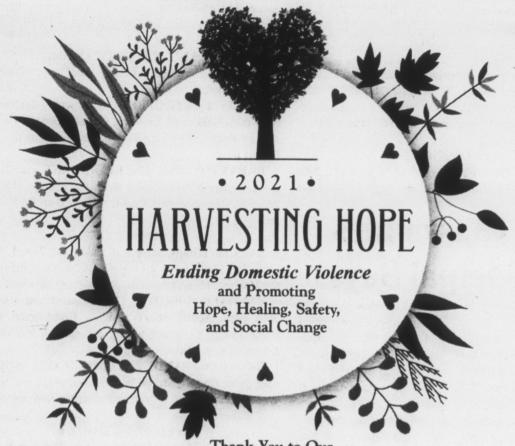
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On Monday, Oct. 4, at approximately 11:10 a.m., Officer Minton was assisting Officer W. Murphy on a traffic stop at the corner of Lowe Street and Washington Street when an individual in a black Chevy Traverse flagged him down stating that he was, "just robbed at gun point."

The driver pulled over to the side of Washington Street to provide more information to Officer Minton. The victm stated that a black male with glasses, wearing a black sweatshirt, had just robbed him at gun point at the corner of Lowe Street and Lancaster Street. The incident started when the suspect exited a gray Volkswagon sedan that was parked on Lancaster Street.

Officer W. Murphy stood by with the victim as Officer Minton proceeded to the corner of Lowe Street and Lancaster Street in an attempt to locate a suspect. At the corner of Lowe and Lancaster Streets, Officer Minton located an unoccupied gray Volkswagon Jetta. He notified dispatch of this information, along with a description of the suspect. Several units arrived on scene to search the area, while Officer Kelly remained with the vehicle. It was determined that the suspect was most likely in a house located in the immediate area as the crime occurred approximately one minute prior to Officer Minton's arrival at the location of

After clearing the area, Officer Minton proceeded back to Washington Street to obtain more information from the victim. The victim stated that he left a residence on Lowe Street at approximately 11 a.m. to drive to work. As he was driving down Lancaster Street, the driver of a gray Volkswagon Jetta, which was parked on the right side of the road, exited his vehicle and accused him of crashing into the side of his vehicle. The victim stated that he exited his vehicle to refute these claims which prompted a verbal argu-

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS **Public Information Officer**

Quincy Police Department

ment between both individuals. According to the victim, the suspect then took a black handgun out of a black fanny pack that was strung across his chest and pointed it at him while simultaneously demanding the victim hand over his wallet and all the cash he had. The victim complied. The suspect observed that there was no money in the victim's wallet. The suspect then demanded that the victim drive him to the bank to withdraw money. The victim drove the suspect, and

a female companion of the suspect, to the bank.

Once at the bank, the suspect demanded that the victim withdraw money through the ATM. After completing the transaction, the victim then drove back to the suspect's vehicle (Jetta) at Lowe and Lancaster Streets. Both suspects exited the victim's vehicle. The victim then drove to Lowe Street, picked up a friend, and started to drive to the Quincy Police station while the friend contacted 911. A few moments later was when Officer Minton was flagged down by

Officer Minton asked the victim to drive by the gray Volkswagon, that Officer Kelley was standing by, to confirm that this was the vehicle involved in this incident. The victim described the suspect as 5'10", slim build, with short "afro" like hair, and a small amount of black facial hair. He described the female involved as a short black female wearing a red sweater with dark colored hair. In order to further investigate the possible location of the suspects, as it was

believed that they were hiding in a house in the area, Officer C. Donovan spoke to various neighbors. Based on those conversations, members of the Quincy Police SWAT Team and Crisis Negotiators arrived on scene to create a perimeter around the residence, due to the fact that the suspect was considered armed and dangerous. Detectives were also assembling a photo array to show the victim. While awaiting the arrival of the photo array, the female suspect exited the residence wearing a red sweater. Officers encountered the female suspect and had a brief conversation with her. She then reentered a residence on Lowe St and exited with the

Members of the Quincy Police SWAT Team entered the residence to conduct a protective sweep (make sure no other individuals were inside the home). Officer Donovan stood outside the residence pending the issuance of a search warrant for the home and vehicle. Detectives from BCI interviewed both suspects. Based on statements made, both were placed under arrest.

A search warrant of the home was executed. Officer Parisi deployed his canine partner, K9 Rom to search for any firearms or explosives. A semi-automatic pistol, ammunition, and a plastic bag of a white powder were located and seized. A field test of the white powder concluded the presence of fentanyl. Nothing of evidentiary value was recovered in the vehicle.

Both suspects, a 28-year-old female and a 26 year-old male from Quincy, were charged with kidnapping, armed robbery, armed car jacking, using a firearm in a felony, possession of a firearm without an FID card, possession of ammunition without an FID card, improperly secured firearm, and possession of Fentanyl.

Great job!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, OCT. 1

LARCENY (cellphone LG V30), 9:41 a.m., Commander Shea Boulevard. Now pinging around 14 Chapman St. Was stolen from work at address above on Sept. 27. Gave case number to reporting party. No police assist

LARCENY, 1:01 p.m., Beale Street. Caller in police station lobby. Received photos of a gun from an unknown party. Report filed.

BREAKING AND ENTERING/PROGRESS (sp white male), 1:50 p.m., Spear Street. Sp white male going in and ot of window, house is vacant. By the back door bald male, white shirt entered the window. Is now inside with pillow. Reporting party wants to be anonymous. Possible B & E. Unable to confirm party allowed on property, trespassed and SOW. Complaints to be filed.

BREAKING AND ENTERING/PAST (boat), 4:40 p.m., South Street. Reporting party states someone had broken into the boat had been staying on the boat and took items from the boat. No suspect, possible homeless from the

Caller in QPD lobby. Caller was given a case number, ad-

SATURDAY, OCT. 2

VANDALISM/PROPERTY (motor vehicle), 4:34 p.m., Merrymount Road. Caller reported her motor vehicle was vandalized Sept. 5 sometime overnight while it was parked in the parking lot of her apartment. Building caller reports both side view mirrors are broken off and deep scratches all over it. No suspects. Case number provided for insurance co.

LARCENY (services), 4:46 p.m., Billings Road. In QPD lobby. Reporting party hired roofer, once he turned over money roofer has not rendered services and has disappeared. Report filed.

UNWANTED (poss indecent), 5:40 p.m., Holmes Street and Moscow Street. White male, short black hair, black t-shirt, white sweatshirt, red backpack, white headphones. Caller reports he was urinating on the sidewalk. Unable to locate.

SUNDAY, OCT. 3

VANDALISM/PROPERTY (red SUV parked), 2:03 LARCENY (possible), 7:39 p.m., Merrymount Road. p.m., Walgreen Pharmacy, Adams Street. Windows

smashed out in the lot while female was shopping. No suspect on scene. Possible video footage from camera.

BREAKING AND ENTERING/PAST, 4:15 p.m., Canton Road. In QPD lobby. Has suspect information. Re-

LARCENY (package), 4:24 p.m., Dunns Hill Road. Larceny of a package. Report.

MONDAY, OCT. 4

ARMED ROBBERY (gun), 11:19 a.m., Lancaster Street and Lowe Street. Arrest made. Female reports her fiance was robbed by gunpoint. Black male, black hat, glasses, black hoodie. Volkswagen gray, reg. comes back to Dorchester. Two arrests.

ASSAULT AND BATTERY (5West), 12:50 p.m., Prakingway. Occurred yesterday. Staff notified today by family. Report to be filed.

VANDALISM/PROPERTY (property destruction), 5:50 p.m., Discount Liquors, Granite Street. Customer states employee is trying to punch him. Wants an officer. Report filed.

BREAKING AND ENTERING/PAST (shed), 7:33 p.m., Centre Street. Stolen from the caller's shed. Two stolen MV forms signed. Report submitted on B&E and lar-

TUESDAY, OCT. 5

LARCENY(bag), 11:03 a.m., Marriott Hotel, Marriott Drive. Party claims his bag was stolen out of his room of the Marriott. He will be in the lobby. Party advised.

VANDALISM/PROPERTY (smashed out window), 3:19 p.m., South Shore YMCA, Coddington Street. Black Dodge Ram pick up, far left parking lot. Advised,

BREAKING AND ENTERING/PAST (dwelling), 8:59 p.m., Holmes Street. Female tried to get into window broke screen fled in a gray motor vehicle unknown direction. Report filed.

WEDNESDAY, OCT. 6

VANDALISM/PROPERTY (car), 12:59 p.m., UPS Store, Willard Street. Windshield broken. Unsure how it happened. Case number given.

THURSDAY, OCT. 7

LARCENY (check), 8:50 p.m., Dunkin Donuts, Centre Street. Party in police station lobby.

ASSAULT AND BATTERY (neighbor), 6:16 p.m., Falls Boulevard. See caller in QPD lobby. Neighbor harassing and threatening her. Report filed for A&B.

Total Calls for Service: 1.060

Breaking & Entering Past: Holmes Street, Canton Road, South Street

Breaking & Entering Motor Vehicle: Appleton Street, Phipps Street

Breaking & Entering Attempt: Holmes Street Breaking & Entering in Progress: Spear Street

Central Student Showed Classmates Taser Outside School, Principal Says



Armando Agnitti, Esq, CISR Anthony Agnitti, CIC, LIA

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By SCOTT JACKSON Middle School will be dis- ately disciplined for this se- com), Lili Moy (lilimoy@ A student at Central ciplined for showing class- rious incident." mates a taser outside of school, the school's principal said.

In a letter to the school community, Principal Rick DeCristofaro Jr. on Oct. 8 said the student admitting showing the taser to classmates and would be disci-

plined for doing so. "This morning during morning arrival, I was informed of the possibility of a Central Middle School student being in possession of a weapon, specifically a taser. After being brought to the office, the student admitted to having the taser in their backpack and showing it to classmates, in an inoperable position, outside of

school," DeCristofaro said. "The student will be held accountable and appropri-

DeCristofaro encouraged anyone concerned about the incident to reach out to him or other staff members.

"Please know that Quin-

cy Public Schools takes all reports of this nature seriously and as always, our focus is on providing a safe school community for students and staff," he said. "If you or your student have concerns about this incident, please feel free to reach out to me at 617-984-8725 or via email at richarddecristofarojr@quincypublicschools.com.

"Acting Assistant Principal Kathy Mahoney (kathleenmahoney@quincypublicschools.com) and Guidance Counselors Matt (matthewram-Ramponi poni@quincypublicschools.

quincypublicschools.com), and Chrissy Shah (christineshah@quincypublicschools. com) are available to speak with you or your student as

The Oct. 8 incident was the second incident in two weeks involving a Quincy student and a weapon.

A student at the GOALS program, which is located in North Quincy, was arrested on Sept. 27 for allegedly bringing a handgun into the building with them.

Supt. Kevin Mulvey at that time said the "student admitted to having a handgun on their person because of safety concerns outside of school" and emphasized "that the student did not threaten any staff members or students at any time."



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We miss you, but know you are at peace with Jesus.

(10-17) Eileen Menz.

PERSONAL

Love, your family 10/14 God Bless our two boys in Blue and Grandpa John in heaven, Boston Police Archangel Michael,

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Mr. Tellier died peacefully at his home on Oct. 6.

He was born in Weymouth, on Oct. 6, 1954, to Robert Tellier and the late Catherine (McGrath) Telli-

Mr. Tellier was a construction superintendent and member of the carpenters' union Local 424. He enjoyed his work and the relationships he built throughout the years. Dennis loved his Harleys and Ford F-150 trucks. He enjoyed boating, fishing, camping and weekly garage lunches with his brother, Brian, and friends. Mr. Tellier was a proud member of the Nickerson Post in Quincy, the Quincy Elks, and the Old Colony Yacht Club.

Mr. Tellier was a charmer and a strong-willed person. He was a good man and would do anything for anyone. Those who knew him would remember him most for his mustache, enjoying a bottle of Budweiser and Wednesday date night with the love of his life, Audrey. Mr. Tellier will be missed by all those whose lives he touched.

He was the beloved husband of Audrey J. (Col-



lier) Tellier of Quincy, with whom he shared many devoted and loving years of marriage. He was the father of Devin Tellier of Middleboro and stepfather of Gregory Minezzi of Madrid, Spain; Ryan Minezzi, his wife Hope and their son Kai of Brooklyn, NY; brother to Brian Tellier and his wife Nancy and their daughters Samantha and Alexandra of Marshfield; and dog dad to Ruby. Mr. Tellier is also survived by his mother-in-law Joanie Collier of Pt. Jeff, NY, his brother-in-law Don Collier and his wife Donna of Rocky Point, NY.

Following cremation, Mr. Tellier will be interred privately in Holy Family Cemetery, Rockland.

Memorial donations may be made to Good Shepherd Community Care by visiting gscommunitycare.org/ donate.

William O. Nurmi, 83

William O. Nurmi, 83, of Quincy, died Oct. 4 at South Shore Hospital in Wey-

Beloved husband of Susan E. (Clark) Nurmi, with whom he shared 59 years of marriage. Devoted father of Cheryl A. Hindle and her husband Alan of Dunnellon, FL, and Michael W. Nurmi and his wife Rosemary of Quincy. Cherished "Bumpa" to Michael W. Nurmi, Jr. of Quincy and Max W. Hindle of Dunnellon, Florida.

Mr. Nurmi was born in Quincy and was the son of the late Oiva and Elsie (Berry) Nurmi and brother of the late Barbara McKeets.

He worked at the Quincy Shipyard before heading to Brockton in 1988 to work for the U.S. Postal Service as a custodian, until his retirement in 2004.

Mr. Nurmi was a quiet man who enjoyed fishing, working on cars, and being with his family. He always enjoyed his twice a year trips to Florida to visit his daughter, Cheryl and her family, where he was always treated like a king, but health issues ended his traveling.

When his son, Mike, at 54, was stricken with ALS and within a year's time, was on a ventilator, feeding tube and could not move

A funeral Mass for

Charles S. Boudreau, age

78, a longtime resident of

Quincy, was celebrated

Tuesday in St. Joseph's

Boudreau

peacefully Oct. 5 at Beth

Israel Deaconess Hospital

in Plymouth, surrounded by

He was born in Bos-

ton, to the late Charles and

Catherine (Murphy) Bou-

dreau, and he was raised in

Roxbury. Mr. Boudreau had

lived and worked in Quincy

was the dear brother of Rob-

ert, Lorraine, Patricia, Ken-

neth, and Catherine. He is

also survived by many niec-

his family to be his greatest

Mr. Boudreau considered

Devoted father of Scott

Boudreau, Kellie Boudreau,

One of six siblings, he

for most of his life.

es and nephews.

accomplishment.

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Church, Quincy.

his loving family.



WILLIAM O. NURMI

his body at all, Mr. Nurmi was heartbroken. He often wished he could take Mike's place and let him lead a young man's life. No matter how bad his health was, Mr. Nurmi never missed a chance to go to the ALS Home in Chelsea to just sit and be with Mike.

At Mr. Nurmi's request, he will be cremated and his cremated remains will stay with his family, until Susan can join him and then they will be buried together in the family plot at Mount Wollaston Cemetery, Quincy.

In lieu of flowers, memorial contributions may be sent in Bill's name to Compassionate Care ALS, P.O. Box 1052, West Falmouth, MA 02574.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Donnamarie Thomas-Jennette

Donnamarie Thomas-Jennette, age 58, of Walpole, formerly of Norfolk and Quincy, died Oct. 1.

She was born in Quincy, to the late William A. and Diane M. (Hartman) Thomas. Raised and educated in Quincy, she was a graduate of Quincy High School, Class of 1981. She also attended Boston University.

Ms. Thomas-Jennette had lived in Walpole for the last two years, previously in Norfolk for over twenty years, and earlier in Quincy.

She worked as a facilities operation manager at various colleges throughout the area for many years.

Ms. Thomas-Jennette was an avid reader and enjoyed visiting public libraries. She was a talented cook. She was also a Boston sports fan, especially supporting the Red Sox and Patriots.

Devoted mother of Chelsey J. Branco and her husband Ryan of Foxboro, and Michael J. Jennette of Norfolk. Loving Nana of Reagan J. Branco.

One of six siblings, she was the dear sister of William A. Thomas, Jr. and his wife Cheryl of FL, Marilyn Buckmann of Weymouth, Kathleen Tierney of Rockland, Michael A. Thomas of Weymouth, and the late



DONNAMARIE THOMAS-JENNETTE

James M. Thomas.

Ms. Thomas-Jennette is also survived by many nieces and nephews, including Alicia C. Simmons and her husband Ryan, William M. Thomas, and Stephanie L. Thomas, all of FL, Justin P. Buckmann of Plymouth, and Shawn Thomas of

Former wife of John F. Jennette III of Norfolk.

Funeral arrangements will be private.

Memorial donations may be made to the Thomas Crane Public Library Foundation, 40 Washington St., Quincy, MA 02169.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Kevin J. Sullivan, Jr.

Visiting hours for Kevin J. Sullivan, Jr. of Quincy, were held Sunday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Sullivan died Oct. 3. He was a funny person and struggled for many years with alcohol. The love of his life was his son Mason. Mr. Sullivan had a large group of neighborhood friends that hung out sense of humor and everyone could depend on him to make them laugh. Mr. Sullivan was one of a kind and will be missed dearly by

family and friends. Beloved son of Mary (Chetwynd) Sullivan of Quincy and the late Kevin J. Sullivan, Sr. Loving father

KEVIN J. SULLIVAN, JR.

and they still keep in contact of Mason James Sullivan to this day. He had a great of RI. Cherished brother of Cheryl Sullivan of VA, Lynn Mitcham and her husband Matt of Attleboro, Sandra Polvere and her husband Mike of Roslindale, and added family member Mike Harrigan. Also survived by many aunts, uncles, nieces, nephews, cousins and close



Honor Your

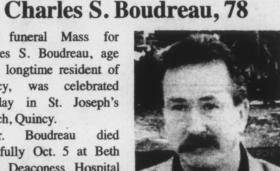
Loved One's

Memory

With Flowers

cliffords.com

1.800.441.8884



CHARLES S. BOUDREAU

Kimberlie Hartnett, Holly Boudreau, Charles Boudreau, and Kristen Lika.

Mr. Boudreau was also the loving grandfather of eight grandchildren, Erin, Kaitlyn, Christopher, Joseph, Nicole, Noelle, Holton, and Evelyn.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

PUBLIC NOTICE

CITY OF QUINCY BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from LCM Food Services LLC, dba Spettus Steakhouse, for an all-alcoholic beverages restaurant license for the premises located at 35 Independence Ave. Proposed manager Robiano Keler Aguiar. The proposed licensed premises is a ground floor family style Brazilian steakhouse of approximately 2,500 sq. ft., including bar area. A hearing will be conducted at 4 p.m. on Tuesday, October 26, 2021 using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: October 26 License Board

Time: Oct 26, 2021 04:00 PM Eastern Time (US and Canada) Join Zoom Meeting

https://quincycollege.zoom.us/j/2309068852

Meeting ID: 230 906 8852

One tap mobile

+19292056099,,2309068852# US (New York)

+13017158592,,2309068852# US (Washington DC)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC) Meeting ID: 230 906 8852

Find your local number: https://quincycollege.zoom.us/u/

Nicole L. Crispo Chair

10/14/21

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with

They are not written by The Quincy Sun. Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

NOTICE TO READERS

input from the deceased's family.

More Quincy news: The Quincy Sin.com

Hamel-Lydon Chapel & Cremation Service Of Massachusetts Presents 10 Recipients With 2021 Compassionate Service Awards

Hamel-Lydon Chapel & Cremation Service of Massachusetts appreciates the special care and dedication that frontline healthcare workers provide for their patients and families. In the spirit of compassionate service, Hamel-Lydon is proud to honor individuals by granting the Compassionate Service Award to ten dedicated and caring healthcare providers who applied for the award.

The 2021 Compassionate Service Award recipients and their respective organizations are Hui Qin Huang of Greater Boston Chinese Golden Age Center in Boston, Kristen Thornton of Atria at Marina Place in Quincy, Lilia Andronachi of First Choice Healthcare in Brookline, Marie Merisier of Quincy Health and Rehabilitation Center in Quincy, Marion Kettell of VNA Care in Needham, Paule R. Joseph Richard of Queen Anne Nursing Home in Hingham and Assumptah Mwai, Cynthia Berry, Sandra Guillen and Unia Nabakooza of Care Dimensions in Danvers.

Each of the 10 recipients

received a certificate recognizing their compassionate service and were awarded \$500 by Hamel-Lydon Chapel & Cremation Service of Massachusetts. Their respective healthcare organizations were also presented with a \$250 check in honor of each award winner.

Commenting on this year's awards process, Christopher P. Goulet, Sr., president of Hamel-Lydon Chapel said:

"Our second annual Hamel-Lydon Compassionate Service Award process brought more than a three-fold increase in well qualified applicants, making this years' selection process more arduous than last. Our heart-felt thanks to all of the applicants for their shared stories of compassion, respect, dedication, and tender care which were exemplified in all of their shared stories. They truly repre-

sent the very best of their respective organizations and personify the spirit of Compassionate Service we hold dear at Hamel-Lydon Chapel & Cremation Service of Massachusetts."

Hamel-Lydon Chapel offers its Compassionate Service Awards annually and accepts applications on a rolling basis or throughout the year. Selected recipients for the award will be announced in the fall of each year.

For more information regarding Hamel-Lydon Chapel's Community Development programs, contact Lola Tom at (617)472-5888 or e-mail Lola@HamelLydon.com.

PLEASE RECYCLE THIS NEWSPAPER

More Quincy news:

The Quincy Sin.com



2021 Hamel-Lydon Compassionate Service Awards

In the spirit of compassionate service, Hamel-Lydon Chapel is proud to honor individuals by granting ten \$500 Compassionate Service Awards to healthcare providers.

Visit HamelLydon.com for more information.

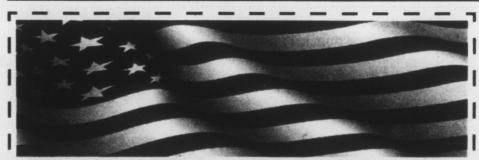


(617)472-5888

DIRECTORS

Christopher P. Goulet, Sr. & Michelle A. Lydon

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program





PHASE 2 Still Available

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service.

A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:___

Line 2: Branch of Service:

Bricks cost \$50 each

Send this form and check to:

S.A.L. Squadron 294

87 Woodcliff Road.

Quincy, MA 02169

For more information or to order, call 617-733-8026

AAA: Not Everyone Heeding Slow Down, Move Over Law

Despite laws in all 50 states requiring motorists to slow down and, if possible, move over one lane when approaching emergency workers on the side of the road, nearly a quarter of drivers (23%) are unaware that such laws exist, according to new data from the AAA Foundation for Traffic Safety.

Fourteen tow providers have been killed across the United States while helping others at the roadside so far this year and roughly 24 responders die each year across the United States - an average of one every other week. And it's not just tow drivers and first responders

being hurt and killed. Since provide safe workspace. 2015, 1,600 people have been struck and killed while outside a disabled vehicle on the side of the road by a passing vehicle, according to the National Highway Traffic Safety Administra-

prevented if drivers slow down and move over to give first responders, tow drivers and work crews room to at all. Additionally, 15 perdo their work on the side of the road. AAA is committed to raising awareness of the law and encouraging all Massachusetts drivers to be on the lookout for flashing blue, red and yellow lights as a signal to slow down and

AAA research shows that while most people know about the law, a startling number don't appreciate the risk roadside emergency workers face while doing their jobs. Forty-two percent of drivers who don't Deaths like these can be comply with Move Over laws indicated that they thought their behavior was somewhat or not dangerous cent report not knowing the consequences or penalties for violating the Move Over

> Massachusetts' Move Over law went into effect on March 22, 2009. Failure to comply with the law can result in a fine of up to \$100. Although many Massachusetts drivers know and comply with the law, emergency responders are still being

the roadside every year in the Bay State.

Distracted driving, impaired driving, speeding and following other vehicles too closely are all contributing factors to crashes involving AAA research reveals many people report failing to comply with the law because they feel they don't have enough space to change lanes safely (87%) and slowing down could cause

SUBSCRIPTION FORM

struck, injured, or killed on people on the roadside. New a crash with another vehicle (42%). It's clear that staying alert, using directional signals to change lanes and driving courteously to enable other motorists to change lanes or slow down comfortably will save lives.

The Qui	ncy Weekly Newspape	r Since 1968
NAME	11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
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CITYS	STATE	ZIP
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[] 1 YEAR IN QUINCY [] 1 YEAR OUTSIDE QUINCY	\$40.00	[] CHECK ENCLOSED

NOTICE OF PUBLIC HEARING

Case ZBA 21-69

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 26, 2021 @ 5:30 P.M. to consider the application of James Flaherty for a Variance to construct a new front porch in violation of Title 17 as amended, Chapter 4.1.1 (front setback) on the premises numbered 69-71 WEBSTER STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Oct 26, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://us06web.zoom.us/j/89670189462?pwd=SXBGSEVX

d0JQaTV3Szh4cW95WU9Mdz09 Meeting ID: 896 7018 9462 Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York) Meeting ID: 896 7018 9462

Passcode: 810097

Find your local number: https://us06web.zoom.us/u/ kCikT0P5Z

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/7/21, 10/14/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-76

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 26, 2021 @ 5:30 P.M. to consider the application of Liam Folan for a Finding to construct a vertical extension in the front setback in violation of Title 17 as amended, Chapter 3.4.3 (nonconforming structures) on the premises numbered 23 BARBOUR TERRACE, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Oct 26, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://us06web.zoom.us/j/89670189462?pwd=SXBGSEVX d0JQaTV3Szh4cW95WU9Mdz09

Meeting ID: 896 7018 9462

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 896 7018 9462 Passcode: 810097

Find your local number: https://us06web.zoom.us/u/ kCikT0P5Z

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman 10/14/21 NOTICE OF PUBLIC HEARING

Case ZBA 21-66

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 26, 2021 @ 5:30 P.M. to consider the application of David F. Gallagher for a Finding/Special Permit to add a dwelling unit to the existing commercial property in violation of Title 17 as amended, Chapter 4.1.2.2 (special permit) and Chapter 3.4.3 (finding) on the premises numbered 78 SAGAMORE STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Oct 26, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://us06web.zoom.us/j/89670189462?pwd=SXBGSEVX

d0JQaTV3Szh4cW95WU9Mdz09 Meeting ID: 896 7018 9462

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 896 7018 9462 Passcode: 810097

10/7/21, 10/14/21

Find your local number: https://us06web.zoom.us/u/ kCikT0P5Z

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance

Martin Aikens, Chairman

INVITATION TO BID

NOTICE OF PUBLIC HEARING

Case ZBA.21-68

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 26, 2021 @ 5:30 P.M. to consider the application of Sarah Paige Johnson for a Finding to demolish and reconstruct the home on the existing foundation and footprint in violation of Title 17 as amended, Chapter 3.4.5 (nonconforming single & two family) on the premises numbered 38 CHARLES STREET. QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Oct 26, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://us06web.zoom.us/j/89670189462?pwd=SXBGSEVX

d0JQaTV3Szh4cW95WU9Mdz09

Meeting ID: 896 7018 9462

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 896 7018 9462

Passcode: 810097

Find your local number: https://us06web.zoom.us/u/ kCikTOP5Z

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/7/21, 10/14/21

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS **PURCHASING DEPARTMENT** 1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

SNOW TRANSPORTATION & DISPOSAL

OCTOBER 28, 2021 @11:00 A.M.

Detailed bid specifications for all above bids are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent email: purchasing@quincyma.gov Questions will be accepted until October 22, 2021 at 12:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED"

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor

Kathryn R. Logan, Purchasing Agent

10/7/21, 10/14/21

AAA: Massachusetts Gas Prices Up Nine Cents

Massachusetts's average gas price is up nine cents from last week, averaging \$3.19 per gallon. Tuesday's price is 11 cents higher than a month ago (\$3.08), and \$1.08 higher than Oct. 12, (\$2.11). Massachu-

Ward 2 Candidates' Talk At FR **Club House** Oct. 23

The Ward 2 Civic Association will host a Ward 2 Candidates' Talk Saturday, Oct. 23 from 11 a.m. to 12:30 p.m. at the Fore River Club House.

Hosted by Fiona Coughlan, the Ward 2 Civic Association will moderate a O & A discussion in the "fireplace" room of the club house with the two candidates for Ward 2 city councillor: Anthony Andronico and Steve Perdios.

Submit questions for the candidates via Facebook message or by email to: ward2civicassociation@ gmail.com.

The candidates' talk is open to the public.

LEGAL NOTICE

DIVORCE SUMMONS BY PUBLICATION AND MAILING Docket No. NO21D0563DR Commonwealth of Massachusetts

The Trial Court **Probate and Family Court** Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Woyuan Mei vs. Yanshuang Xiong To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411.

You are hereby summoned and required to serve upon: Gazion Kotoni, Esq., Kotoni Law Office, One Boston Place, Suite 2600, Boston, MA 02108 your answer, if any, on or before 11/10/2021. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 23, 2021 COLLEEN M. BRIERLEY Register of Probate 10/14/21

setts's average gas price is 8 cents lower than the national average.

"The key driver for this recent rise in the price of gas is crude oil, which typically accounts for between 50% and 60% of the price at the pump," says Mary Maguire, director of Public/Government Affairs. "And last

LEGAL NOTICE

CITATION ON

PETITION FOR

FORMAL ADJUDICATION

Docket No. NO21P2408EA

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate

and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Doris Regina Ehrens

Date of Death:

05/23/2021

To all interested persons:

A Petition for Formal Pro-

bate of Will has been filed

by Karl L. Ehrens of Quincy.

MA requesting that the Court

enter a formal Decree and

Order and for such other

relief as requested in the

that: Karl L. Ehrens of Quin-

cy, MA be appointed as Per-

sonal Representative(s) of

said estate to serve Without

Surety on the bond in unsu-

IMPORTANT NOTICE

tain a copy of the Petition

from the Petitioner or at the

Court. You have a right to

object to this proceeding.

To do so, you or your at-

torney must file a written

appearance and objection

at this Court before: 10:00

A.M. on the return day of

10/27/2021. This is NOT a

hearing date, but a dead-

line by which you must

file a written appearance

and objection if you object

to this proceeding. If you

fail to file a timely written

appearance and objection

followed by an affidavit of

objections within thirty (30)

days of the return day, ac-

tion may be taken without

UNSUPERVISED

ADMINISTRATION UNDER

THE MASSACHUSETTS

UNIFORM PROBATE

CODE (MUPC)

tive appointed under the

MUPC in an unsupervised

administration is not re-

quired to file an inven-

tory or annual accounts

with the Court. Persons

interested in the estate are

entitled to notice regarding

the administration directly

from the Personal Repre-

sentative and may petition

the Court in any matter

relating to the estate, in-

cluding the distribution of

assets and expenses of

Gorman, First Justice of

WITNESS, Hon. Patricia

administration.

this Court.

10/14/21

A Personal Representa-

further notice to you.

You have the right to ob-

pervised administration.

The Petitioner requests

week's decision by OPEC and its oil-producing allies to not increase production further also helped boost gas prices by tightening the supply."

AAA Northeast's Oct. 12 survey of fuel prices found the current national aver-

LEGAL NOTICE

LEGAL NOTICE **CITATION ON PETITION FOR** FORMAL ADJUDICATION Docket No. NO21P1793EA

Commonwealth of Massachusetts **The Trial Court Probate and Family Court**

Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of:

Joyce R. Loeb **Date of Death:** 04/25/2021

To all interested persons: A Petition for S/A - Formal Probate of Will with **Appointment of Personal** Representative has been filed by Christopher C. Loeb of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Christopher C. Loeb of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/10/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED **ADMINISTRATION UNDER** THE MASSACHUSETTS **UNIFORM PROBATE** CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not reguired to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 5, 2021

age to be 7 cents higher than last week (\$3.20), averaging \$3.27 a gallon. Tuesday's national average price is 10 cents higher than a month ago (\$3.17), and \$1.09 higher than this day last year (\$2.18).

CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO20P2617EA Commonwealth of **Massachusetts The Trial Court Probate and Family Court**

Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of: Geraldine E. Murphy Also known as: Geraldine Murphy

Date of Death:

09/04/2020 To all interested persons: A Petition for Formal Appointment of Personal Representative has been filed by Jacqueline Murphy of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in

The Petitioner requests that: Jacqueline Murphy of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administra-

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/10/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED **ADMINISTRATION UNDER** THE MASSACHUSETTS **UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

LEGAL NOTICE

INFORMAL PROBATE **PUBLICATION NOTICE** Docket No. NO21P2215EA Commonwealth of

Massachusetts

The Trial Court Probate and Family Court Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200

> Estate of: **Patricia Ann Hayes** Also known as: Patricia A. Hayes **Date of Death:**

September 12, 2018 To all persons interested in the above captioned estate, by Petition of:

Petitioner Neil L. Hayes of Pflugerville, TX.

Neil L. Hayes of Pflugerville, TX has been informally appointed as the Personal Representative of the estate to serve without surety on the bond

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO21P1597EA Commonwealth of Massachusetts **The Trial Court Probate and Family Court Norfolk Division** 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Estate of: Nancy M. Belmont Date of Death: March 8, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner Winifred F. Belmont of Wollaston, MA. a Will has been admitted

to informal probate. Winifred F. Belmont of

Wollaston, MA and Allen J. Margulis of Natick, MA have been informally appointed as the Personal Representatives of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/14/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-78

10/14/21

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 26, 2021 @ 5:30 P.M. to consider the application of Richard Eames for a Variance/Finding to renovate the first floor and add a second story including over the garage in violation of Title 17 as amended, Chapter 4.1.1 (side setback) and 5.1.8 (parking requirements) on the premises numbered 168 PLYMOUTH AVENUE, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom. directions for access via telephone are also below.

Topic: Zoning Board of Appeals Time: Oct 26, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://us06web.zoom.us/j/89670189462?pwd=SXBGSEVX d0JQaTV3Szh4cW95WU9Mdz09

Meeting ID: 896 7018 9462 Passcode: Quincy Dial by your location

1 646 558 8656 US (New York) Meeting ID: 896 7018 9462 Passcode: 810097

Find your local number: https://us06web.zoom.us/u/ kCikT0P5Z

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

toniaret

10/7/21, 10/14/21

More Quincy news: The Quincy

Date: September 24, 2021 COLLEEN M. BRIERLEY Date: October 6, 2021 COLLEEN M. BRIERLEY COLLEEN M. BRIERLEY Register of Probets egister of Probate Register of Probe 10/14/21 10/14/21 ts.ervot

King Crossword

ACROSS

Russian range 6 First lady

before Michelle 46 Club

12 Cancels 14 Mexican revo-

lutionary 15 "Are you happy I'm

back?" 16 Low digit 17 Omits

19 Soak (up) 20 1492 vessel

22 Rock's Brian 23 Spanish ayes

24 Devour 26 Religious doctrines

28 - Moines 30 Actress Long 31 Fairly shared

35 Snares 39 "- Smile Be Your Umbrella" 40 Director

42 Half a sextet 43 Egg (Pref.)

DOWN

1 Muse of

tion

6 Spoof

Black birds

13 Old photo tint 18 Ky. neighbor 44 Pale purple 21 Actress

McDonald of "Private 11 Salem's state 47 "New World Symphony" Practice" 23 Brainy composer 49 Recital piece 25 Pod dweller

51 Bagel choice 27 "Shoo!" 52 Handsome guy 29 Picket-line par-53 Hinder ticipant 54 Classical lan-

31 Trudges 32 Gunned, as an engine

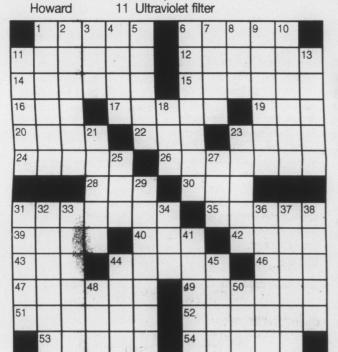
33 Idle 34 "You've got

astronomy mail" co. 2 Show contri-36 Designer Giorgio 37 Bakery pan

3 Khan title 4 Used-car sites 38 Fizzy drinks 5 Plumber's tool 41 Twangy 44 Hobbling

45 Musical finale 8 Young - (tots) 48 Squealer

50 "Kidding!" 9 Putin's land 10 Nearly



MAGIC MAZE AMUSEMENT RIDES

TONKHEBYWTROLJG E(KAMIKAZE)BYWURP NKIGDBZSMXVSQOM WKOIRGELUOCAYWL UOSDEEPSLPNQPNL ALBJAHTFFAOSECA ADYNXNVSGRFTTUB SQAKIORTOPOECEE NMKGJAHOLOFTEOR ECBZAYRETIBRORI

XTSIWTVUEEBSIRF Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Unlisted clue hint: Creature With Eight Tentacles Fireball Freefall Frisbee

Log Flume Monster

Rainbow Rotor Speed Tagada

Tornado Troika Twist

(\$200)/Kjng Features Alytholiants, Inc. All defile.ren

HOCUS-FOCUS

HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Hedge is missing. 2. Cap is different. 3. Strap is missing. 4. Fence is different. 5. Letter is added. 6. Leg is moved.

1. MEASUREMENTS: What period of time is represented by a triennial?

2. MOVIES: Which actress is the voice of Jessica Rabbit in "Who's Afraid of Roger Rabbit?"?

3. LANGUAGE: What word represents the letter E in the radio phonetic alphabet?

4. TELEVISION: What is the name of the alternate dimension in Netflix's original series

"Stranger Things"? 5. ART: What is alebrije? 6. COMICS: What was super-

hero Deadpool's real name? 7. ANIMAL KINGDOM: Which mammal has the shortest gestation period at 11 days? 8. LITERATURE: What did Hagrid name his Norwegian

> 4 5 7 5

> > S

ELWODY

6 8 6 8

checked figures give you.

H

2 3 6

5

5

8

E

magazine's first man/person of the year?

the official languages of Haiti?

Answers 1. Every three years

2. Kathleen Turner

3. Echo 4. The Upside Down

5. A type of Mexico folk art that depicts fantastical creatures painted in bright colors and intricate designs

6. Wade Wilson

GK

2

5 2 7 4 5 4 7 3

7

S

6 8 6

VAE

4

0

HERE IS A PLEASANT LITTLE GAME that will give you a

message every day. It's a numerical puzzle designed to spell

out your fortune. Count the letters in your first name. If the

number of letters is 6 or more, subtract 4. If the number is less

than 6, add 3. The result is your key number. Start at the up-

per left-hand comer and check one of your key numbers, left to right. Then read the message the letters under the

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7. Striped face dunnart, an Australian marsupial. (Possums have the next shortest gestation period at 12 days.)

9. Aviator Charles Lindbergh 10. Haitian Creole and French

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R

- 2

N D

6

ARIES (March 21 to April 19) You're moving from a relatively stable situation to one that appears to be laced with perplexity. Be patient. You'll eventually get answers to help clear up the confusion around

TAURUS (April 20 to May 20) A vexing situation tempts you to rush to set it all straight. But it's best to let things sort themselves out so that you can get a better picture of the challenge you're facing.

GEMINI (May 21 to June 20) Financial matters could create some confusion, especially with a torrent of advice pouring in from several sources. Resist acting on emotion and wait for the facts to emerge.

CANCER (June 21 to July 22) That goal you've set is still in sight and is still in reach. Stay with the course that you're Ridgeback dragon in J.K. on. Making too many shifts in Rowling's "Harry Potter" direction now could create another set of problems.

9. HISTORY: Who was Time LEO (July 23 to August 22) It might be time to confront a trouble-making associate and 10. GEOGRAPHY: What are demand some answers. But be prepared for some surprises that could lead you to make a change in some long-standing

VIRGO (August 23 to September 22) Congratulations. You're making great progress in sorting out all that confusion that kept you from making those important decisions. You're on your way now.

LIBRA (September 23 to October 22) A difficult experience begins to ease. That's the

good news. The not-so-good news is a possible complication that could prolong the problem awhile longer.

SCORPIO (October 23 to November 21) Your self-confidence gets a much-needed big boost as you start to unsnarl that knotty financial problem. Expect some help from a surprising source.

SAGITTARIUS (November 22 to December 21) Congratulations. Any lingering negative aftereffects from that not-sopleasant workplace situation are all but gone. It's time now to focus on the positive.

CAPRICORN (December 22 to January 19) Your self-confidence grows stronger as you continue to take more control of your life. Arrange for some well-earned fun and relaxation with someone special.

AQUARIUS (January 20 to February 18) As usual, you've been concerned more about the needs of others than your own. You need to take time for yourself so that you can replenish all that spent energy.

PISCES (February 19 to March 20) Stronger planetary influences indicate a growing presence of people eager to help you navigate through the rough seas that might mark your career course.

BORN THIS WEEK: You can balance emotion and logic, which gives you the ability to make choices that are more likely than not to prove successful.

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CryptoQuip

for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: A equals S

HCIM BNO KOG P CIJN APMTHUKC UMGN AIWIJPD FUIKIA, U HNODT FJNRPRDB KPDD GCPG AOR TUWUAUNM.

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King Crossword — Answers

Solution time: 21 mins.

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	٧	Τ	٧	N	0	S		K	٧	Ä	0	٨	C
	а	3	M		0	٧	٦	П	٦			٨	
		1								٧	1	3	á
3	S	4	٧	A	Ι		٧	1	Y	A	0	A	d
						N			3				
	٧	1	٧	M	B	0	٥		d	C	T	٧	E
1	J	S	I.	S		0	N	3		٧	N	d	٨
1		0							g			N	
	8												
		٦	n	N	N	V		N	O	Ð	3	Ä	C
		٧	B	n	٧	7		8	1	٧	Я	n	
	1/5	172	75.50	367	238	943	20.5	3 50	3.33				

ANSWERS: EEBSI CMIST

Magic Maze

CryptoQuip

division. probably call that sub juto several pieces, I would When you cut a hero sandwich

by Tony Rizzo

HOLLYWOOD - You'd think when Hollywood awoke from its COVID-19 slumber. it would be ready to blow movie fans away with what * it had come up with while we were fighting a worldwide pandemic. Think again!

The major studios and streaming platforms are so desperate for tried-and-true material that they've picked the bones of past successes to try to attract movie and TV watchers. The success of "Coming to America," made in 1988 for \$36 million with a \$350 million gross, begged for a sequel, but Eddie Murphy said "No"...until 33 years later, when Amazon Studios offered so much money he couldn't refuse to make "Coming 2 America."

Now "Twins," also made in 1988, will be sequelized. Arnold Schwarzenegger and Danny DeVito are reuniting to try to make lightning strike again. But here's the twist... they've added Tracey Morgan as a third, unknown brother and are calling it "Triplets"! Ivan Reitman, producer and director of such classics as "Meatballs" (1984), "Ghostbusters" (1984), "Kindergarten Cop (1990), "Dave" (1993) and "Animal House" (1978), is producing and directing this one. His last film, "Draft Day" (2014), grossed \$29.5 million against a \$25 million cost. Schwarzenegger's last film was "Terminator: Dark Fate," which grossed \$261 million against a \$190 million cost. Do they have enough clout to make this sequel succeed, or are they too old?

Arnold has the martial-arts comedy "Kung Fury 2," with Michael Fassbender, due in 2022, while Danny DeVito has "The Survivor," with Ben Foster and Billy Magnussen. It's a biographical drama about a boxer who fought fellow prisoners in the Auschwitz concentration camp to survive. Tracey Morgan, last seen in "Coming 2 America," has season four of "The Last O.G." premiering Oct. 26.

Add to the list of coming "re-imaginings" the 1992 hit "The Bodyguard" (with Chris Hemsworth or Channing Tatum as the front runners for the title role), the remake of "Dune," with Timothy Chalamet, arriving Oct. 22, and a third "Ace Ventura," with Jim Carrey starring and directing.

Old TV shows need never die, they just turn up on a new streaming platform. Showtime is reviving "Dexter"; Paramount+ is giving us a "Grease" spinoff, "Rydell High"; Netflix is readying a "Conan" series with Jason Momoa; HBOMax has revived "Gossip Girl" and ABC just debuted a new "Wonder Years," also available on Hulu. Then there's "Bewitched," "The Jetsons," "Frasier," "Nash Bridges" and "How I Met Your Mother," all preparing to reveal themselves to new generations who weren't even born when they were first made.

Where are the original stories that will knock our socks off, start new trends and wow us? Or is it going to be time to break out the old song "Everything Old Is New Again"?

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by Japheth Light

There are 13 black hexagons in the

puzzle. Place the numbers 1 - 6

around each of them. No number can

be repeated in any partial hexagon

shape along the border of the puzzle.

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

> DIFFICULTY: * * * Moderate ** Difficult *** GO FIGURE!



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16

18

6

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15

×

Antiques & Collecting By Terry and Kim Kovel

Pumpkin-Head Dancers-Halloween is becoming one of the most popular holidays for collectors. Of course, children still dress in costumes and go door to door for treats, but the holiday items collectors are more interested in the "trick or treat" bags or decorations that are created each year.

Carved pumpkin jack-o'lanterns are being replaced by plastic, foam or cardboard. They can be saved and used for many years. Hundreds of witches, ghosts, black cats and skeletons are manufactured and sold to decorate a house inside and out, but it is the vintage toys, candy containers, postcards, costumes, noise makers and sparklers made since the early 1900s that attracted the collectors in the late 1970s.

Today there are important auctions featuring Halloween, including modern dolls and figures, full-size ghosts that guard the front door and even a pair of legs in striped stockings and pointy shoes that is all that is left of the witch who landed in the planter headfirst. Display the collection in a cool room without bright lights or sunlight and handle with care the papier-mache candy containers made in Germany in the 1930s. They are expensive today, \$50 to \$150, and an adultsize skeleton costume in good shape with a papier-mache skull mask sells for hundreds of dollars.

This toy, a dancing couple with pumpkin heads, is on a wheeled platform, and they dance in circles when wound up. It was probably made in the early 1900s. Bertoia Auctions sold the toy for \$1,920

Q: What is a fore-edge book?

the edge opposite the spine. In a fore-edge book, the edges of the pages are painted or gilded to make a picture when the book is closed. Fore-edge paintings may have been done as early as the 10th century. In the 17th century, artists began painting slightly inside the outside edge of the page so the picture was only visible when the pages were fanned out. Double fore-edge paintings also were done so two different pictures were visible depending on which way the pages were fanned. A lot of fore-edge paintings found today are later additions to old books. Foreedge books sell for a few hundred dollars or more.

CURRENT PRICES

Halloween Jack-O'-Lantern, papier-mache, orange, melon ribs, scary face, paper insert eyes & teeth, wire handle, 9 inches, \$190.

Stand, casket, Victorian, wood, folding, slip joint hinge, turned legs, spindle stretchers, brass hardware, 1800s, 23 x 19 inches, pair, \$400.

Bookend, skeleton, seated on bench, rests chin on knuckles, signed Milo, 10 x 6 inches, \$1,160.

TIP: Old papier-mache jacko'-lanterns originally had a thin painted piece of paper for eyes. The light from the candle showed through the paper. You can make a replacement with tracing paper and watercolor paint.

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COST CAST CASE

VASE

CROWN

GLASS

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otranse BUT TRUE

- · Bob Marley gave a songwriter credit on "No Woman, No Cry" to his friend Vincent Ford, who ran a soup kitchen in his hometown of Trenchtown, to ensure the royalty checks would keep it open.
- · You're more likely to die on your way to purchase a lottery ticket than you are to actually win the lottery.
- · Stenocereus Eruca, commonly known as the Creeping Devil, is a species of cactus that lies on the ground and grows at one end while the other end slowly dies "creeping" (growing) up to 2 feet a year. It can also clone itself to survive.
- Babe Ruth paid a fan \$20 to return the baseball he hit for his 700th career home run.
- When he retired in 1990 after molding 1.4 billion crayons, Crayola's most senior crayon molder, Emerson Moser, revealed he was actually blue-green color blind.
- In 2017, social robot Sophia was given citizenship by Saudi Arabia - the first

robot to be given legal personhood anywhere in the world

- · The Western lowland gorilla's scientific name is Gorilla gorilla gorilla.
- Speaking of names, SpongeBob was originally created as SpongeBoy, but Nickelodeon discovered that the moniker was already copyrighted by a mop.
- · A study revealed that people scored higher in a mental agility test while wearing a lab coat they believed was a doctor's coat. The effect was not there when they believed the same white coat was a painter's coat.
- Using &%#@\$ instead of swear words is called a Grawlix.
- In Singapore, you can't walk naked in your own house. Well, you could, but you'd be facing a possible fine of \$1,136, so we don't recommend it.

Thought for the Day: "Good books, like good friends, are few and chosen; the more select, the more enjoyable." -Louisa May Alcott

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Now <u>here's</u> a tip! by Jo Ann Derson

· Update window treatments to compensate for dropping temperatures. Trade your sheers for sturdy, draft-blocking panels.

· To easily get keys on a keychain, use a staple remover to create an opening to slip the keys on. It is very effective and will keep you from getting frustrated.

· When hammering a nail, try this save-your-finger trick: Use a clothespin to hold the nail steady, and then use your hammer to drive it in Hammering into the wall? Push the nail through a strip of cardboard, and then hold the cardboard over the right spot. No more banged-up fingers or thombs!

• "At a party someone spilled a cup of and wine on one of my throw pillows. I love the pillow, since it is just the right size and really soft, but I could not get the

stain out. So I covered it with a new fabric. I ended up doing all the assorted pillows in the same fabric, and it made a big change in the room. I wish I had done it sooner." - I.F. in Pennsylvania

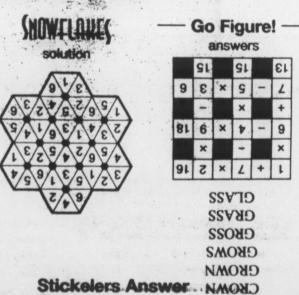
- Bringing some plants indoors? Use styrofoam packing peanuts in the bottom of pots when planting. They aren't as heavy as rocks, but they do just as good a job. It makes the pots easier to move around should you need to.

- "For easy-cleanup pancakes, use a purkey baster to 'squirt' the batter in the griddle or skillet. No drips, and it usually results in a pretty good circle, too!" -A.J. in Florida

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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A: The fore edge of a book is Here's a "trickledown" puzzle. The rules are simple; change one letter on each line to make a new word and continue until you reach the final word. 6 EXAMPLE: COAT ANS: COAT VASE Now, try this one. Remember, there may be more than DIFFICULTY THIS WEEK: one answer. ◆◆ Medium ◆◆◆ Difficult Easy © 2021 King Features Synd., Inc.



Thursday, Jeneral Clubble "Theo Charles Region Page 17

Super Crossword

49 1930s-'40s riddle 100 "Woe is me!" 50 Church vestibule 104 "The 53 Classical Mummers' intro? Dance" 54 Riddle, part 3 singer 59 It may take McKennitt 105 No longer the cake 61 "- Sexy" relevant (1992 #1 hit 106 Classic arcade name

answer

vehicle

sheep

magic trick

greetings

of Scotland

1 Chew on

persistently

hasty way

3 Hold a new

trial for

4 Up a tree

5 Silly mistake

25

108 109 110

16

119

2 In an overly

DOWN

song) 62 Clapton of 107 Riddle's 63 Bernstein's 113 All-terrain "Candide," for military one 67 Early Oscar 116 Clipped, as a winner 23 Central North 117 Many a **Jannings**

ACROSS

1 Spot's threat

growing ge

4 Bacteria-

8 Crevices

the most

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19 Glasgow

refusal

Ghost"

cartoonist

Kemper of

"The Office"

22 Swollen and

distended

25 747, sav

26 Often-used

27 Start of a

riddle

song)

31 Hay unit

32 Be in great

anguish

42 Diplomat's

44 Former

out of

19

23

27

30

36

73

96 104

118

16

113 114 115

36 Trainee, e.g.

Carolina city

expressions

-" (1978 hit

20 "Space

21 Actress

13 Having

68 Riddle, part 4 118 Give support 72 Fought (for) 73 Look for a 119 Sizable therapist, say 120 Sulky state 75 Poi base 121 Malt product 76 River mouth 122 Some online 30 "Three Times deposit 123 Possessed 77 Go via boat 78 Riddle, part 5 124 Gl's "lullaby" 125 Longest river

82 "— culpa!" 85 How a winding path proceeds 87 Part of RBI or 37 Riddle, part 2 **ERA** to Ky.

88 Dir. from Ariz. **NBAer Ming** 89 Dazzling 45 Gets wrinkles success 91 Despot Amin 46 See 71-Down 92 Gives a hand 6 Razor option 48 Shaw of 7 Certain parallelogram 8 Drive back 9 "Maybe"

10 Shortcoming 11 Ex-Yankee Martinez 12 Appear 13 Miserly 14 Sound engineer's console 15 Smiling one

60 "Fat chance! 16 Swelled head 63 — about 17 Resident of a gaming "City" 18 NFL scores 24 "It's the - an 65 "Grand" era" 28 Rowboat pair 29 Satisfied sigh 66 Wise saying 68 Herr's "no" 33 Victor's gloat 69 Pot for 34 "Titanic" actor Billy

35 Petro-70 "Poppycock!" Canada rival 71 With 37 Time - half 38 Square type 39 Meg of "I.Q." 40 Three feet 41 "Poppycock!" 74 ls in first 43 "Should that 76 "- be shy be true ..." 46 Brown,

78 Bona -(real) Penn and 79 Lena of Harvard 47 "The Silence "Havana" **80** Grand of the Lambs" director (auto race) 81 Drive out Jonathan

82 Whine like a baby 83 Yodeling comeback 84 Banned

50 "Valiant

55 Egg

58 Cedar

cousin

(close to)

"piñata"

Rockies

arroz con

46-Across

brand of

place

26

frozen fries

pollo

peak

PITIFUL PANTRY

PROBLEM

attempt! 51 Aspiration 52 Just-prior orchard spray 86 Currency of periods Laos middles 90 Dined at 56 Work fill-in someone 57 Goya's gold

else's place 92 Embellished 93 Haughty sort 94 Band's lineup of gig songs 95 Fills up 97 "Gas Food Lodging" director Allison

98 Tennis player Shriver 99 Appear 101 Lasso 102 Colorful ring of anatomy 103 Writer Sheldon 106 Lies against 108 Port of

Norway 109 Turn to liquid 110 Trumpet, e.g. 111 Forearm part 112 Radar image 113 Color tone 114 Scanned market ID

115 Deg. for many an exec

celebrity by Dana Jackson

Q: Is it true that Lori Loughlin is returning to

"When Calls the Heart"? I'm really surprised she's getting her career back after the college admissions scandal. - P.M.

> A: Lori Loughlin was best known as Aunt Becky on the hit sitcom "Full House" before her acting career came to a halt after she was charged with conspiracy and fraud in a college admissions cheating scandal. As a result, she was terminated from her role as Abigail on the Hallmark Channel series "When Calls the Heart" before eventually going to prison.

A few months after her release, it was announced that Loughlin will reprise the role of Abigail for two episodes of the "When Calls the Heart" spinoff known as "When Hope Calls." The first season aired on "Hallmark," but its sophomore season will be on the newly branded GAC Family channel. "When Hope Calls" is about orphaned sisters Lillian (Morgan Kohan) and Grace (Jocelyn Hudon) who are reunited years later as adults in the early 1900s. GAC Family was previously known as the Great American

Country channel when it was

owned by Discovery, Inc. You can find it in most cable TV packages as well as on satellite television.

As for why Loughlin has been rehired, perhaps the producers just want closure for the character of Abigail, and Loughlin's comeback will be short-lived. Whether Loughlin's acting career recovers is ultimately up to viewers.

Q: I miss the legal drama "All Rise" on CBS. Will the actress who played Judge Carmichael turn up in anything else soon? -BA.

A: Simone Missick portrayed District Court Judge Lola Carmichael in "All Rise," but she won't have to search far for her next role, because the series has been rescued by the OWN channel. Co-star Marg Helgenberger won't return, however, since she had already landed a part on the new NBC series "Getaway." Look for new episodes of "All Rise" in 2022.

O: I was thrilled to see Kevin Kline in the new Melissa McCarthy movie. I hadn't seen him since "A Fish Called Wanda." Where has he been all these years? -

A: He's been acting! While Kevin Kline's career hasn't been as high-profile as it was in the 1980s with films like "Sophie's Choice," "The Big Chill" and his hilarious, Oscar-winning performance in "A Fish Called Wanda," he's



Lori Loughlin Photo Credit: **Depositphotos**

still sought after by directors. Kline's steadiest role has been voiceover work as Mr. Fishoeder on the animated series "Bob's Burgers," but in front of the camera he's played Errol Flynn in the movie "The Last of Robin Hood" and Cyrano de Bergerac and Hamlet in "Great Performances."

In addition to "The Starling" with Melissa McCarthy, you can see Kline in the film "Here Today," which was released in May and starred Billy Crystal and Tiffany Haddish, as well as "The Good House" opposite Sigourney Weaver, which was released in September.

Send me your questions at NewCelebrityExtra@gmail. com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Underage youth	_	_	_	0 _	_	Gold digger	_	_	_	E			
2 Hardy	0	_	_			Lone Ranger's stead	S	_	_	_		_	
3. Very wordy	_	1	_		_	Darling child	_	E	_	_	_		
4. Window pane			Α		_	Lip luster	_	_	0	_	_		
5. Even more unkind	_	_		N _		Scanty	_	_	_	G	_	_	
6. President Jackson	_	_	_		_ W	Tenor Bocelli	_	_	_	_	_	Α	
7. More than once	_	_	_	C _		Package-tying string	_	_	_	N	_		
8. Lacy edging	F		_			Wince	C	_	_	_	_	_	
9. Linger	_	_	_	R_	_	Late for class	_	_	_	D	_		
10. Lead the way		_	_	D _	_	Facade	_	_	_	S	_		
				@2021	King Fe	atures Synd Inc							

Weekly SUDOKU

by Linda Thistle

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200		1	3	350		4		
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. 1,	2		100	20	6			8
	7		5				2	
		6	9		8	3		
9			,	1		,		4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

♦ Moderate ♦ ♦ Challenging ♦♦♦ HOO BOY!

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Super Crossword

120

00 101 102 103



Even Exchange

6. Andrew, Andres

5. Meaner, Meager 10. Guide, Guise 9. Tarry, Tardy 8. Fringe, Cringe 7. Twice, Twine

4. Glass, Gloss 3. Windy, Wendy 2. Oliver, Silver 1: Minor, Miner



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked () letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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Amber Waves







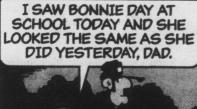


Out on a Limb





R.F.D.





MORNINGS WOULD BE A LOT EASIER





ALLOWING THE

BRAIN TO CREATE





...THEY UNLEASH THE TLATENT POWER COILED IN THE INNER CHAKRAS...









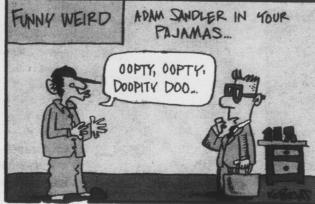
"How long has your picture been like this?"

SCRAMBLERS within each rectangle to form four ordinary words. Then etters to form the mystery word, which will complete the gag! CREACS EATROPE Gallery RACEAD KORSET

TODAY'S WORD

by Dave T. Phipps

by Gary Kopervas

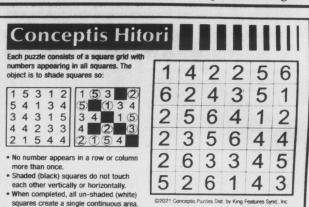


by Mike Marland











Ticks Plague This Playful Bulldog

DEAR PAW'S CORNER: I don't get it. My bulldog "Chester" was out in the yard with me on a cool morning while I raked the first leaves of fall. When he came in, he had four ticks around his neck! They were hungry, too. I pulled the ticks off, but every time he goes outside now, he has one or more ticks burrowing into his fur. I thought cool weather causes ticks and fleas to die off. What's happening? - Burt G., Manchester. Vermont

DEAR BURT: Believe it or not, tick (and flea) activity can increase in early fall. Temperatures are still warm enough for these pests to thrive, especially under fallen leaves and in high grass. And they're always hungry, so they'll latch onto a warm body as soon as they get the opportunity.

You're doing exactly the right thing to combat ticks. As soon as Chester comes inside, you're checking his coat for ticks and removing them as soon as you see them. And you're raking the leaves in the yard regularly so that they don't build up.

Here's a few more things you can do that may reduce the number of ticks in your yard:

- Keep the grass mowed right up until the first hard frost.

- Cut back tall grasses and underbrush on your property. - Move woodpiles away from the house.

- Don't let Chester roll in the leaf piles, and block his access to untamed areas of brush or tall grasses.

- Use a flea-and-tick- prevention collar or treatment on Chester. Talk to his veterinarian about the best product to

- If heavy tick infestation doesn't abate, consider treating your yard with a flea-andtick spray made for this pur-

Send your tips, questions or comments to ask@pawscorn-

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TOP TEN VIDEO, DVD for release week of October 11, 2021

Video On Demand

- 1. F9: The Fast Saga (PG-13) Vin Diesel
- 2. Cruella (PG-13) Emma Stone
- 3. The Hitman's Wife's Bodyguard (R) Ryan Reyn-
- 4. The Conjuring: The Devil Made Me Do It (R) Patrick
- Wilson 5. A Quiet Place: Part II (PG-13) Emily Blunt
- 6. Apache Junction (R) Scout Taylor-Thompson
- 7. Venom (PG-13) Tom Hardy 8. The Suicide Squad (R)
- 9. Joe Bell (R) Mark Wahl-

Margot Robbie

Hitori



10. Peter Rabbit 2: The Runaway (PG) Rose Byrne DVD, Blu-ray Sales

1. F9: The Fast Saga (PG-13) Universal

- 2. Black Widow (PG-13) Disney/Marvel
- 3. Cruella (PG-13) Disney
- 4. Boss Baby: Family Business (PG) Universal/ Dreamworks
- 5. Zach Snyder's Justice League (R) Warner
- 6. Hocus Pocus (PG) Disney*
- 7. The Nightmare Before Christmas (PG) Disney* 8. The Hitman's Wife's
- Bodyguard (R) Lionsgate 9. Beetlejuice (PG) Warner* 10. The Conjuring 3: The Devil Made Me Do It (R) Warner
- *Re-release

Comscore/Media Source: Play News

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CROOKED

Today's Word

3. Arcade; 4. Stroke 1. Scarce 2. Operate; noitulos

SCRAMBLERS



Halloween Kills (R) — Available on streaming the same day it opens in the-

aters, "Halloween Kills" sustains our craving for Jamie Lee Curtis slasher sequels. Curtis once again brings the screams as Laurie Strode. and now with her daughter (played by Judy Greer) and granddaughter in tow, she's still trying to fend off killer Michael Myers. By this point, Myers should be in a nursing home, but he's still managing to free himself from burning basement cages in order to terrorize the masses. This time, though, he faces a huge mob of survivors of his previous attacks who are determined to definitively take him down for real. Available Oct. 15. (Peacock)

I Know What You Did Last Summer - A Prime original, this series is based on the 1997 movie, which was based on the 1973 young adult novel of the same name. In it, a group of teens hit and kill a person while driving on a dark road at night. Leaving the body behind, they vow to each other to keep it a secret. But guilt and fear bubble up after anonymous notes start appearing, claiming knowledge of their crime. The '90s movie was gorier than the novel, but this series claims to hold truer to the original story, which was propelled more by the psychological stresses and interpersonal relationships than revenge violence. Available Oct. 15. (Prime Video)

The Trip — You know those horror flicks where a couple goes away for a nice quiet getaway in a woodsy cabin, only to encounter some psycho who tortures and slowly kills them? This isn't one of those flicks. A couple does go off on a weekend getaway in a woodsy cabin, but the twist is that they each go there fully intending to

kill the other. A Netflix original, "I Onde Dager" is a Norwegian action thriller about a highly dysfunctional couple who also are really inept at successful combat. Depending on your point of view, you'll either find it hysterical or really sad. Subtitled for those of you who don't speak Swedish and Norwegian. (Netflix)

Guilty Party — If you can tear your thoughts away from the fact that Kate Beckinsale continues to



Jamie Lee Curtis returns in "Halloween Kills"

look remarkably more gorgeous the older she gets, this new series has an intriguing plot. Beckinsale plays a reporter who has fallen from grace, but finds a redemption story to throw herself into, despite doubts from her colleagues regarding her motivations. The imprisoned woman whose story she tries to tell has suspicions, too. Throw in some Western gun smugglers, marriage woes and past secrets, and there are enough side stories for two more seasons. (Paramount+)

Phoebe Robinson: Sorry, Harriet Tubman — The writer/actress/comedian's debut comedy special was filmed soon after the country came out of pandemic lockdown, and as such many of the jokes center on all things quarantine. We're all tired of living that way, and frankly the jokes about it aren't that inspired. But when Robinson delves into other socially relevant topics like race/gender/politics, the pace picks up and jokes are fresher. (HBOMax)

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contract Bridge

HOW BAD CAN BAD LUCK BE?

East dealer.

The bidding:

East South West North

Pass 1 Pass 4 P

Opening lead — queen of diamonds.

A declarer who needs to find only one of three key cards favorably located to make his contract has good reason to feel comfortable. First, the chance that all three will be badly placed is very much against the odds. Second, if all three do turn out to be poorly positioned, declarer can always blame it on bad luck.

That was precisely the attitude South adopted after he failed to make four hearts on today's deal. He got his first dose of bad news when East turned up with the ace of diamonds, allowing the defenders to score two diamonds before declarer trumped the third one.

South then cashed the ace of spades, ruffed a spade and led a low heart to the queen, losing to the king. After taking West's trump return with the ace, declarer ruffed his remaining spade, crossed to the club king and led a club to the jack. When this also failed, he was down one.

While South was certainly unlucky, the fact is that he didn't give himself the best chance, and this ultimately cost him the contract. The key play came at trick six, when he led a low trump from dummy. When East produced the ten, presumably marking him with the K-10 doubleton or the singleton ten, the finesse should have been rejected.

Instead, declarer should have played the ace, ruffed his last spade in dummy and then exited with a trump. If East had the king, he would win and be forced to return a club or yield a ruff-and-discard, either of which would hand South his game.

If West had the king, the outcome would be less certain, but the prospects would still be excellent. In the actual case, on a low club return from West, South would play low from dummy, trapping East's queen. If West returned the ten instead, declarer would cover with the jack to achieve the same result.

Declarer also would succeed if West had the queen or the queen and ten. Only if East had both the queen and ten of clubs — a one-in-four possibility — would the contract fail after a club return by West.

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by Steve Becker

Puzzles4Kids by Helene Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

HOW DO YOU PUT A BABY ASTRONAUT TO SLEEP?

SATIN REMIND SANITY FLATS CURES SOURCE FLOATS ' SCOPES POSSE LOCUST ___ YOLKED YODEL LAIRS ISRAEL TAMEST MEATS



Extreme Flatulence Is Noxious, Embarrasing

DEAR DR. ROACH: In 2008, I had a partial sigmoid colectomy. Since then, I have had no recurrence of diverticulitis. The surgeon recommended that I not use laxatives, but rather take fiber gummies to keep things moving easily in addition to drinking lots of fluids.

I am doing that, but my flatulence could power all the homes in a small city. It is difficult to control outbursts, which are noxious and embarrassing in the extreme. Is there any other way to avoid hard stools, straining and other unhealthy gastrointestinal situations? -- J.S.

ANSWER: I am sorry for your embarrassment, but I agree with the surgeon that getting fiber and plenty of water is the safest and best way to prevent problems. However, maybe it isn't just the fiber, but your diet that is at least partially responsible for the increased gas. You could try reducing your intake of foods in the cabbage family, onions, beans, corn and other gas-producers. Avoid carbonated beverages and any beverage containing artificial sweeteners such as sorbitol or xylitol. In some people, changing the bacteria that live in your gut (your microbiome) through probiotic supplements and a change of diet can reduce the amount of gas produced.

There are other types of fiber supplements besides fiber gummies that might be better tolerated, or you can get fiber from food.

DEAR DR. ROACH: For 58 years, I've been walking around with a visible tracheostomy scar on my throat, leading the curious to ask: "Yuck. What happened there?" My answers have changed over the years, but were usually something like: "I was 4. A doctor had to cut my throat open so I could breathe." But now, I don't

wait for the question. Lately, my scar has helped me do some show-and-tell about what causes this near-fatal closing of the windpipe and why doctors don't see kids dying from Haemophilus influenzae anymore. Could you elaborate? -- M.A.P.

ANSWER: Haemophilus influenzae (often called H. flu or Hib), despite its name, is not the cause of influenza (the "flu" is caused by a virus). H. flu is a species of bacteria that can cause meningitis, pneumonia and the condition you had, epiglottitis — an inflammation of the epiglottis, the structure that closes your trachea when you swallow.

Before the vaccine for Hib became available, epiglottitis was a feared and not uncommon problem. Back then, doctors were exhaustively taught how to rapidly recognize the life-threatening H. flu epiglottitis so that children could be treated quickly, which sometimes meant an emergency tracheostomy (a direct hole through the throat into the windpipe to allow breathing). That is the procedure that caused the scar on your neck. Despite treatment, 3% to 6% of cases of invasive H. flu were fatal. Your scar may be yucky, but you are lucky to have sur-

vived.

During the time I was in medical school, routine vaccination for H. flu became widespread, and the disease essentially went away. History records a 99% drop in this infection. I've only ever seen one case. Essentially the only people at risk for this disease now are those who are deliberately unvaccinated.

Your story is important: Many people feel that the diseases we vaccinate against are "no big deal," but thousands of kids per year died of conditions we thankfully almost never see today. Without continued vaccination, those days will come back.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGood-Health@med.comell.edu.

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Puzzles4Kids



by Healthy Exchanges

Chunky Tomato Soup

Soups have always been one of my favorite foods, and autumn has always been my favorite season. When you combine them, magic happens! Stir up this "pot of pleasure" on a cool fall night and let it warm you up with pleasure-pleasing taste!

1/2 cup chopped onion

1¾ cups (one 14 1/2-ounce can) beef broth

1 (10 3/4-ounce) can reducedfat tomato soup

1 teaspoon Italian Seasoning 1½ cups peeled and chopped

fresh tomatoes

1½ cups chopped, unpeeled zuc-

1. In a medium saucepan sprayed with olive oil-flavored cooking spray, saute onion for 6 minutes. Add beef broth, tomato soup and Italian season-

ing. Mix well to combine.

2. Stir in tomato and zucchini. Bring mixture to a boil. Lower heat and simmer for 10 minutes or until vegetables are tender, stirring often. Serves 4 (1 1/4 cups each).

• Each serving equals: 94 calories, 2g fat, 3g protein, 16g carb., 604mg sodium, 2g fiber; Diabetic Exchanges: 2 Vegetable, 1 Starch.

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1. What was AC/DC's first Top 40 single?

2. Who was the first to release "Saving All My Love for You"?

3. Who was the 1973 song "You're So Vain" written about?
4. Which Elton John album was

originally titled "Vodka and Tonics"?
5. Name the song that contains this lyric: "I gotta take a little time, A little time to think things over."

Answers

1. "You Shook Me All Night Long," in 1980. There's been debate about who actually wrote the song. The girlfriend of Bon Scott, who died that year, claims to have his old notebook of lyrics, with parts of this song written down long in advance. Others have said the same thing. Yet Scott wasn't credited.

2. The first were Marilyn McCoo and Billy Davis Jr. in 1978. Whitney Houston followed with a cover in 1985.

3. Writer and singer Carly Simon revealed in 2015 that the second verse was about actor Warren Beatty. The other verses were about other men.

other verses were about other men.
4. "Goodbye Yellow Brick Road," in

5. "I Want to Know What Love Is," by Foreigner, in 1984. The song topped charts around the world and has since been covered by numerous others, including Mariah Carey and Wynonna Judd.

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STABM	1	TSAMAT
SAIAJ	3	JEARSI
YODEL	K	<i>AOTKED</i>
POSSE	0	SCOPES
CURES	0	SOURCE
MINED	Я	REMIND
CLOTS	n	LOCUST
STAJA	0	STAOJ
NITAS	٨	YTINAS

March Forward Quincy Rallies For Reproductive Rights

The following article was submitted by March Forward Quincy to The Quincy Sun for publication.

March Forward Quincy was among the 600 Women's March organizations gathering across the country to stand up and fight for reproductive rights. These rallies were timed to coincide with the opening of the U.S. Supreme Court. During the upcoming court session, the Court will hear two cases from Texas and Mississippi. If the Court decides in favor of the states, Roe vs. Wade will be drastically weakened if not abolished. Women, trans men and people of other genders could lose their reproductive rights.

On Saturday, Oct. 2nd, men, women and families from Quincy and the surrounding South Shore communities gathered in Quincy Center in front of the United First Parish Church to show strong support and strength in this ongoing battle. Over 90 people gathered to make signs and participate in the

Speakers called for policies that support legal, affordable and accessible abortions. They highlighted the need for accessible and affordable contraception, the need for science-based sex education beginning with teens, and the need for abortion justice. Abortion justice is abortion that is accessible to all, including the incarcerated and the disabled. Abortion justice should be private, affordable and supported by love and compassion, free of stigma and shame.

Additionally, Standout Quincy 4 Black Lives spoke to the reality that an attack on women's healthcare is an attack on black lives. Black maternal death rates are higher than white maternal death rates. Pregnancy and childbirth pose higher risks to the health of black



PROTESTERS HOLD SIGNS while listening to speaker at Standout for Reproductive Rights Oct. 2 at the Hancock-Adams Common in Quincy Center.



MELISSA SCHAPERO, March Forward Quincy founder, speaks at Standout for Reproductive Rights.

Photos Courtesy March Forward Quincy

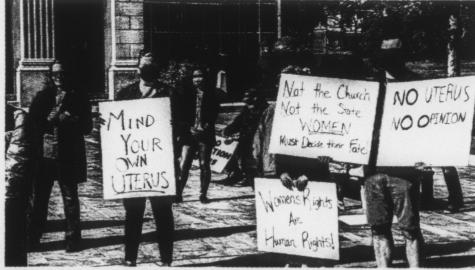
the color of one's skin that is the risk factor in our society. Abortion healthcare should be accessible and affordable to all who need it.

The fight for personal autonomy in reproductive health is an ongoing fight, women, although it is not one which will not be won decide!

in one day or in one election. We show up and make our voices heard at marches and rallies, in the voting booth and by contacting our state and federal lawmakers. We won't go back! Our bodies, our lives, our right to



SAL BALSAMO, Claire Fitzmaurice, Mimi Balsamo: members of MFQ and founder (Mimi) of Standout Quincy 4 Black Lives hold signs protesting Texas, others and possible future restrictions and even elimination of Roe versus Wade.



PROTESTERS HOLD SIGNS at March Forward Quincy's Standout in support of The Women's March for Reproductive Rights Oct. 2 at the Hancock-Adams Common, Quincy Center.



SEVERAL PROTESTERS at Standout carry signs stating "protect choice," and "pro-birth is

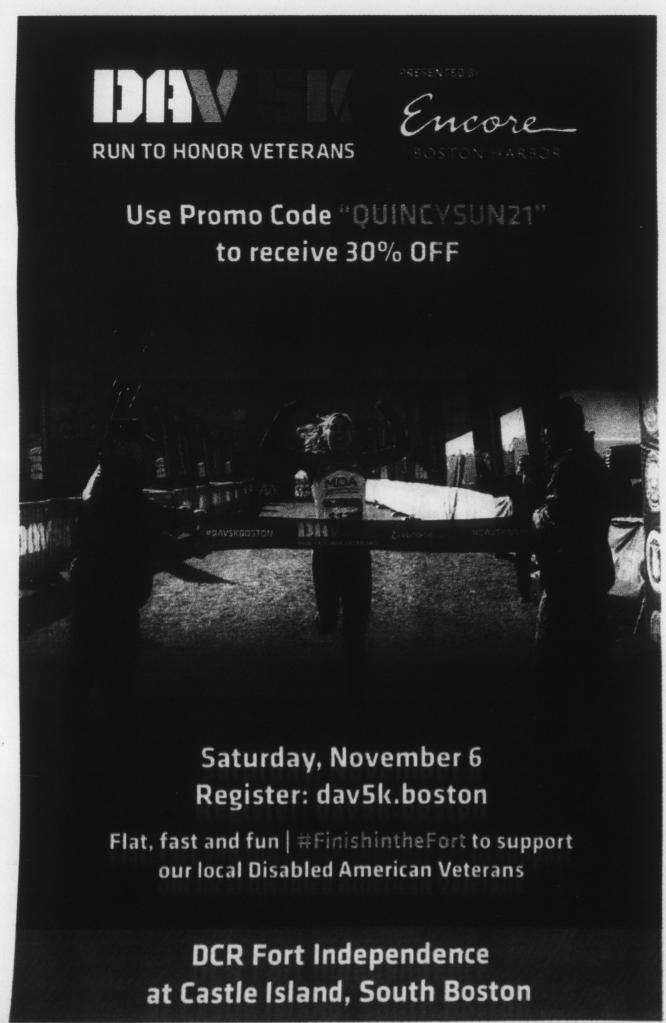


PROTESTERS HOLD signs at March Forward Quincy's Standout in support of The Women's March for Reproductive Rights.



ROBERT LaFLEUR, past commander of the Quincy Veterans Council, plays Taps during the rededication of the Hough's Neck World War II Memorial.

Quincy Sun photos/Tom Gorman



Hough's Neck WWII Memorial Rededicated

Cont'd From Page 21

then recited a letter by Jim Fratolillo of Hough's Neck American Legion Post 380 that spoke about the importance memorials serve.

"We hear about statues being torn down, memorials vandalized, and graves of those who served being desecrated," he said. "Many are filled with hate, misinformation, and who wish to erase or rewrite history. Today, the residents of Hough's Neck and family members take a moment to reflect upon the past and to embrace and remember our history. And to honor those who served our country at such a critical time when life as we knew it was in serious jeopardy."

Bouchard noted that during World War II, "multiple families answered the call and each of those individuals have their own story and life changing experiences."

One was Hough's Neck resident, Charles E. Dalton, who was serving on the USS Houston when it was torpedoed by the Japanese on March 1, 1942. Of the 1,061 on board, 358 survived, only to be captured and imprisoned by the Japanese. Bouchard noted that the Charles E. Dalton Square on Great Hill in Hough's Neck pays tribute to Dalton who died in that attack.

In addition to serving in military, Bouchard said many residents worked at the Fore River Shipyard that produced more warships than any other shipyard in the country.

He said that the memorial serves as a tribute to the Hough's Neck community's

World War II veterans.

"This monument represents Hough's Neck's Greatest Generation of 550 individuals of which 13 are women," he said. "Six individuals paid the ultimate sacrifice who were killed in action. This is a lasting memorial to those Neckers who answered the call. The Quincy granite will endure just like the people in Hough's Neck. We will never forget."

Bouchard expressed appreciation to the Hough's Neck Garden Club's efforts to rehabilitate the memorial, that they "took on the challenge and did a fantastic job."

Koch said when an issue arises, Hough's Neck comes together, pointing to the community effort of refurbishing the memorial site as an example. He said it should be remembered that those who served and came back "literally built this community and every community across our country."

The mayor thanked Williams and the garden club for "their remarkable job" restoring the site and for bringing the city together in the effort

"We are one big city family," he said.

McCarthy said his father, a World War II veteran, constantly reminded him to "never forget the veterans and what they sacrificed." He presented Williams a city council citation recognizing "the garden club as the driving force behind the rededication and re-beautification of this sacred ground in Hough's Neck."



GEORGE BOUCHARD of Quincy Veterans Services tells the gathering that "This monument represents Hough's Neck's Greatest Generation of 550 individuals of which 13 are women"

2021